



10 de junho de 2019

**Comunicado de Resultados 1912037****100m-cadeiras Rodas****(Masc)****Final 1****Vento:** Fav: + 3,9

1 <sup>o</sup>	19 <b>Rafael Neto</b>	ASS JORGE PINA	2003-05-08	Juv	<b>1 5,42</b>
2 <sup>o</sup>	17 <b>Mamudo Baldé</b>	ASS JORGE PINA	1985-01-01	Sen	<b>1 5,63</b>

**100 Metros planos****(Fem)****Serie 3****Vento:** Fav: + 4,3 v

1 <sup>a</sup>	211 <b>Sandra Gomes</b>	SPORTING C P	2003-04-29	Juv	<b>1 2,71</b>	821,0	
2 <sup>a</sup>	40 <b>Mariana Pereira</b>	C D R RIBEIRINHO	2002-08-26	Juv	<b>1 2,93</b>	782,0	
3 <sup>a</sup>	97 <b>Andreia Carvalho</b>	J O MONTE ABRAÃO	2002-04-25	Juv	<b>1 3,17</b>	740,0	
4 <sup>a</sup>	117 <b>Sarta Sani</b>	JUV VIDIGALENSE	GBS 2002-11-15	Juv	<b>1 3,18</b>	738,0	
5 <sup>a</sup>	118 <b>Mariana Videira</b>	JUV VIDIGALENSE	2003-10-16	Juv	<b>1 3,20</b>	735,0	
6 <sup>a</sup>	273 <b>Raquel Anjos</b>	SPORTING C P	2003-01-01	Juv	<b>1 3,57</b>	673,0	
	374 <b>Mariana Pedro</b>	J O MONTE ABRAÃO	2003-01-01	Juv			DNS
	158 <b>Maria Ndlate</b>	PPEA	2003-01-01	Juv			DNS

**Serie 4****Vento:** Fav: + 3,7 v

1 <sup>a</sup>	2 <b>Íris Silva</b>	ASS AMIGOS ATL MAFRA	2002-07-01	Juv	<b>1 2,12</b>	929,0	
2 <sup>a</sup>	299 <b>Beatriz Farinha</b>	S L BENFICA	2003-08-12	Juv	<b>1 2,42</b>	873,0	
3 <sup>a</sup>	303 <b>Ana Oliveira</b>	S L BENFICA	2005-06-09	Ini	<b>1 2,45</b>	868,0	
4 <sup>a</sup>	39 <b>Leonor Tiago</b>	C D R RIBEIRINHO	2002-07-22	Juv	<b>1 2,49</b>	860,0	
5 <sup>a</sup>	296 <b>Mariana Araújo</b>	S L BENFICA	2002-10-26	Juv	<b>1 2,75</b>	813,0	
6 <sup>a</sup>	69 <b>Mariana Gorgo</b>	G ATLETISMO FÁTIMA	2002-01-01	Juv	<b>1 2,88</b>	790,0	
	371 <b>Marta Lameira</b>	VITÓRIA F C	2003-04-30	Juv			DNS
	406 <b>Joana Dias</b>	S L BENFICA	2003-03-09	Juv			DNS

**100 Metros planos****(Masc)****Serie 6****Vento:** Fav: + 2,5 v

1 <sup>o</sup>	360 <b>Sisínio Ambriz</b>	S L BENFICA	2004-07-12	Ini	<b>1 1,00</b>	861,0	
2 <sup>o</sup>	355 <b>Gonçalo Moreno</b>	S L BENFICA	2002-01-02	Juv	<b>1 1,12</b>	834,0	
3 <sup>o</sup>	365 <b>João Magalhães</b>	U A POVOENSE	2003-05-31	Juv	<b>1 1,35</b>	784,0	
4 <sup>o</sup>	405 <b>Duarte Mendes</b>	SPORTING C P	2003-01-01	Juv	<b>1 1,57</b>	738,0	
5 <sup>o</sup>	261 <b>Bruno Bandeira</b>	SPORTING C P	2002-06-24	Juv	<b>1 1,63</b>	725,0	
	147 <b>Tomás Freire</b>	NÚCLEO DESP ANSIÃO	2002-01-01	Juv			DNS
	357 <b>Tomás Filipe</b>	S L BENFICA	2003-01-25	Juv			DNS
	356 <b>Rodrigo Fragoso</b>	S L BENFICA	2003-09-11	Juv			DNS

**100 Metros planos****(Fem)**



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**Comunicado de Resultados 1912037****100 Metros planos****(Fem)****Serie 2****Vento:** Fav: + 1,6

1 <sup>a</sup>	407 <b>Luísa Juíz</b>	MARATONA C P	2003-01-01	<b>Juv</b>	<b>1 2,48</b>	862,0	
2 <sup>a</sup>	44 <b>Lídia Brum</b>	C F OS BELENENSES	1973-09-02	<b>V45</b>	<b>1 3,99</b>	606,0	
3 <sup>a</sup>	161 <b>Ana Serrão</b>	ASSOCIAÇÃO RUN TEJO	1983-06-10	<b>V35</b>	<b>1 5,13</b>	439,0	
	43 <b>Sandra Carvalho</b>	C F OS BELENENSES	1971-07-13	<b>V45</b>			DNS

**Salto em Comprimento****(Fem)****Final 2**

1 <sup>a</sup>	213 <b>Luana Soares</b>	SPORTING C P	2004-11-10	<b>Ini</b>	<b>5,20</b>	614,0	0,0
2 <sup>a</sup>	14 <b>Tatiana Pereira</b>	FUNDAÇÃO SALESIANOS	2005-01-01	<b>Ini</b>	<b>5,14</b>	598,0	0,0
3 <sup>a</sup>	212 <b>Leonor Barata</b>	SPORTING C P	2004-01-15	<b>Ini</b>	<b>4,97</b>	551,0	0,0
4 <sup>a</sup>	215 <b>Constança Faustino</b>	SPORTING C P	2005-06-24	<b>Ini</b>	<b>4,78</b>	500,0	0,0
5 <sup>a</sup>	70 <b>Madalena Velez</b>	G ATLETISMO FÁTIMA	2004-01-19	<b>Ini</b>	<b>4,77</b>	498,0	0,0
6 <sup>a</sup>	304 <b>Helena Pato</b>	S L BENFICA	2005-05-02	<b>Ini</b>	<b>4,53</b>	436,0	0,0
7 <sup>a</sup>	409 <b>Mariana Araújo</b>	SPORTING C P	2005-01-01	<b>Ini</b>	<b>4,39</b>	401,0	0,0
	303 <b>Ana Oliveira</b>	S L BENFICA	2005-06-09	<b>Ini</b>			0,0 DNS
	214 <b>Maria Chambel</b>	SPORTING C P	2004-07-20	<b>Ini</b>			0,0 DNS

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 213 Luana Soares		X	X	5,04	4,99	4,71	5,20
				+5,1	+3,3	+2,1	+1,5
2 14 Tatiana Pereira		4,95	4,86	4,93	4,70	5,14	X
		+5,6	+3,3	+5,1	+2,5	+3,1	
3 212 Leonor Barata		4,97	4,68	4,63	4,81	4,58	4,65
		+3,5	+3,9	+5,3	+3,1	0,0	+1,0
4 215 Constança Faustino		X	4,36	4,48	4,48	4,30	4,78
			+3,1	+3,4	+2,6	+4,2	+1,8
5 70 Madalena Velez		4,77	4,71	4,72	4,68	4,60	4,62
		0,0	0,0	0,0	0,0	0,0	0,0
6 304 Helena Pato		X	4,19	4,48	3,93	4,46	4,53
			+2,5	+0,2	+3,9	+4,2	+1,8
7 409 Mariana Araújo		4,15	4,39	4,24	3,94	4,28	4,35
		+5,6	+4,0	+2,1	+5,9	+1,5	+2,9
303 Ana Oliveira		-	-	-	-	-	-

**Salto em Comprimento****(Masc)**



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**Comunicado de Resultados 1912037****Salto em Comprimento****(Masc)****Final 2**

1 °	375 Afonso Almeida	SPORTING C P	2004-01-01	<i>Ini</i>	<b>6,47</b>	691,0	0,0
2 °	376 João Raro	SPORTING C P	2004-01-01	<i>Ini</i>	<b>6,37</b>	668,0	0,0
3 °	269 Rodrigo Garcia Ramos	SPORTING C P	2005-04-18	<i>Ini</i>	<b>5,90</b>	565,0	0,0
4 °	266 Daniel Martins	SPORTING C P	2004-07-05	<i>Ini</i>	<b>5,46</b>	473,0	0,0
5 °	268 João Fernandes	SPORTING C P	2005-04-30	<i>Ini</i>	<b>5,38</b>	457,0	0,0
6 °	267 Manuel Falcão	SPORTING C P	2004-03-20	<i>Ini</i>	<b>5,34</b>	449,0	0,0
	361 Alexandre Escórcio	S L BENFICA	2005-11-04	<i>Ini</i>			0,0 DNS
	362 Rodrigo Alcobia	S L BENFICA	2005-01-28	<i>Ini</i>			0,0 DNS
	359 Fábio Prior	S L BENFICA	2004-05-08	<i>Ini</i>			0,0 DNS

Classif / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
375 Afonso Almeida		5,87	5,81	5,89	5,87	6,22	6,47
		+4,1	-1,1	+2,6	+2,8	+3,1	+2,2
2 376 João Raro		5,71	6,23	6,37	6,34	X	6,13
		+1,0	+1,9	+5,5	+2,1		+4,8
3 269 Rodrigo Garcia Ramos		5,68	5,77	X	5,78	5,70	5,90
		+3,6	+5,1		+1,7	+1,0	+3,5
4 266 Daniel Martins		5,26	X	X	-	5,00	5,46
		+3,3				+2,2	+3,1
5 268 João Fernandes		X	5,38	5,18	3,89	5,29	4,34
			+4,8	+2,8	+1,8	+2,2	+0,6
6 267 Manuel Falcão		4,80	5,34	X	4,95	5,06	5,10
		+2,8	+5,8		+3,3	+1,4	+2,5
362 Rodrigo Alcobia		0,00					
		0,0					
361 Alexandre Escórcio		0,00					
		0,0					
359 Fábio Prior		0,00					
		0,0					

**100 Metros planos****(Masc)****Serie 5****Vento:** Fav: + 1,9

1 °	46 Marco Veloso	C F OS BELENENSES	1979-03-07	<b>V40</b>	<b>1 1,47</b>	759,0
2 °	276 Abubacar Turé	S F R A AMADORA	1998-11-02	<b>S23</b>	<b>1 1,68</b>	715,0
3 °	100 Ricardo Carvalho	C F OS BELENENSES	1982-01-01	<b>V35</b>	<b>1 1,80</b>	691,0
4 °	99 Ricardo Duarte	J O MONTE ABRAÃO	1982-01-01	<b>V35</b>	<b>1 2,32</b>	589,0
5 °	92 João Santos	Individual-Leiria	1971-01-29	<b>V45</b>	<b>1 2,79</b>	504,0
	48 Pedro Ferraz	ASS CORRER LISBOA	1976-07-20	<b>V40</b>		DNS
	49 Hugo Brás	ASS CORRER LISBOA	1980-06-15	<b>V35</b>		DNS

**100 Metros planos****(Fem)**



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**Comunicado de Resultados 1912037****100 Metros planos****(Fem)****Final 1****Vento:** Fav: + 0,8

1 <sup>a</sup>	390 <b>Arialis Martinez</b>	S L BENFICA	1990-01-01	<b>Sen</b>	<b>1 1,81</b>	989,0	
2 <sup>a</sup>	391 <b>Annati Suarez</b>	S L BENFICA	2000-01-01	<b>Jun</b>	<b>1 1,91</b>	970,0	
3 <sup>a</sup>	283 <b>Patrícia Rodrigues</b>	S L BENFICA	1999-02-24	<b>S23</b>	<b>1 2,21</b>	912,0	
4 <sup>a</sup>	387 <b>Sofia Duarte</b>	SPORTING C P	1990-01-01	<b>Sen</b>	<b>1 2,27</b>	901,0	
5 <sup>a</sup>	202 <b>Carina Silva</b>	SPORTING C P	2001-01-24	<b>Jun</b>	<b>1 2,54</b>	851,0	
	287 <b>Catarina Lourenço</b>	S L BENFICA	2000-02-12	<b>Jun</b>			DNS
	392 <b>Adriana Alves</b>	G ATLETISMO FÁTIMA	1990-01-01	<b>Sen</b>			DNS
	292 <b>Delphine Nkansa</b>	S L BENFICA	BEL 2001-09-21	<b>Jun</b>			DNS

**100 Metros planos****(Masc)****Final 1****Vento:** Fav: + 2,4 v

1 <sup>o</sup>	404 <b>Ronaldinho Oliveira</b>	C S S JOÃO MADEIRA	1999-01-01	<b>S23</b>	<b>1 0,88</b>	888,0	
2 <sup>o</sup>	403 <b>Rodrigo Rosa</b>	S L BENFICA	2000-01-01	<b>Jun</b>	<b>1 1,23</b>	810,0	
3 <sup>o</sup>	351 <b>João Manero</b>	S L BENFICA	2001-02-20	<b>Jun</b>	<b>1 1,29</b>	797,0	
4 <sup>o</sup>	257 <b>Tiago Rocha</b>	SPORTING C P	2001-04-28	<b>Jun</b>	<b>1 1,33</b>	789,0	
5 <sup>o</sup>	386 <b>Ericsson Tavares</b>	A ATLETISMO SEIXAL	2000-01-01	<b>Jun</b>	<b>1 1,42</b>	769,0	
	72 <b>André Leal</b>	G DESP CAVADAS	1995-11-28	<b>Sen</b>			DNS
	316 <b>Samuel Remédios</b>	S L BENFICA	1992-02-24	<b>Sen</b>			DNS
	384 <b>Fábio Cunha</b>	VITÓRIA S C	1990-01-01	<b>Sen</b>			DNS

**Final 2****Vento:** Fav: + 2,2 v

1 <sup>o</sup>	89 <b>Xavier Rato</b>	GIRA SOL	1999-10-25	<b>S23</b>	<b>1 0,74</b>	919,0	
2 <sup>o</sup>	256 <b>Gonçalo Gonçalves</b>	SPORTING C P	2001-08-02	<b>Jun</b>	<b>1 0,81</b>	903,0	
3 <sup>o</sup>	260 <b>Rui Corvelo</b>	SPORTING C P	2001-03-03	<b>Jun</b>	<b>1 0,82</b>	901,0	
4 <sup>o</sup>	142 <b>Gil Manuel</b>	N A DE CUCUJÃES	1994-09-28	<b>Sen</b>	<b>1 0,88</b>	888,0	
5 <sup>o</sup>	345 <b>João Geadas</b>	S L BENFICA	2000-06-14	<b>Jun</b>	<b>1 0,90</b>	883,0	
6 <sup>o</sup>	24 <b>David Martinho</b>	A C D JARDIM SERRA	2001-03-16	<b>Jun</b>	<b>1 0,95</b>	872,0	
	102 <b>Gui Boissy</b>	J O MONTE ABRAÃO	SEN 1989-02-22	<b>Sen</b>			DNS
	334 <b>João Esteves</b>	S L BENFICA	1998-09-18	<b>S23</b>			DNS

**Final 3****Vento:** Fav: + 2,7 v

1 <sup>o</sup>	27 <b>Jonathan Rodrigues</b>	BRASIL	BRA 1985-01-01	<b>Sen</b>	<b>1 0,49</b>	977,0	
2 <sup>o</sup>	108 <b>André Prazeres</b>	J O MONTE ABRAÃO	1999-05-23	<b>S23</b>	<b>1 0,62</b>	947,0	
3 <sup>o</sup>	36 <b>João Barros</b>	CASA BENFICA FARO	1993-05-25	<b>Sen</b>	<b>1 1,12</b>	834,0	
	164 <b>Edi Sousa</b>	S CLUBE DE BRAGA	1989-07-11	<b>Sen</b>			DNS
	342 <b>Eberson Silva</b>	S L BENFICA	BRA 1999-07-25	<b>S23</b>			DNS
	47 <b>Guilherme Mota</b>	C F OS BELENENSES	1997-08-22	<b>S23</b>			DNS
	326 <b>Frederico Curvelo</b>	S L BENFICA	1997-07-11	<b>S23</b>			DNS
	320 <b>Ricardo Souza</b>	S L BENFICA	BRA 1994-09-21	<b>Sen</b>			DNS

**600 Metros****(Fem)**



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**600 Metros****(Fem)****Final 1**

1 <sup>a</sup>	88 Stela Fernandes	GIRA SOL	2006-09-19	Inf	1 4 2,41	
2 <sup>a</sup>	408 Inês Meninas	S L BENFICA	2006-01-01	Inf	1 4 6,86	
3 <sup>a</sup>	55 Lúcia Martinha	CASA POVO ALCANENA	2006-08-29	Inf	1 4 7,05	
4 <sup>a</sup>	274 Inês Lopes	S C UNIÃO TORREENSE	2006-04-18	Inf	1 4 8,51	
5 <sup>a</sup>	56 Clara Martinha	CASA POVO ALCANENA	2006-08-29	Inf	1 5 5,61	
6 <sup>a</sup>	13 Leonor Carvalho	A ESC ATLET CARTAXO	2009-03-20	Ben-B	2 1 0,22	
7 <sup>a</sup>	309 Luana Monteiro	S L BENFICA	2010-03-15	Ben-A	2 1 5,44	
8 <sup>a</sup>	308 Mariana Isidro	S L BENFICA	2009-08-08	Ben-B	2 2 1,32	
9 <sup>a</sup>	306 Leonor Braga	S L BENFICA	2008-10-05	Ben-B	2 2 7,35	
10 <sup>a</sup>	307 Margarida Vieira	S L BENFICA	2009-08-11	Ben-B	2 3 0,23	
	305 Mariana Silva	S L BENFICA	2007-11-04	Inf		DNS

**600 Metros****(Masc)****Final 1**

1 <sup>o</sup>	270 Alexandre Carvalho	SPORTING C P	2008-11-12	Ben-B	1 4 3,52	
2 <sup>o</sup>	275 Rafael Estêvão	S C UNIÃO TORREENSE	2006-02-23	Inf	1 4 5,85	
3 <sup>o</sup>	90 Santiago Fernandes	GIRA SOL	2009-12-30	Ben-B	2 0 5,02	
4 <sup>o</sup>	364 Vicente Alves	S L BENFICA	2010-01-01	Ben-A	2 1 0,58	
	363 Rodrigo Pissarra	S L BENFICA	2006-05-03	Inf		DNS

**400m-cadeira rodas****(Masc)****Final 1**

1 <sup>o</sup>	17 Mamudo Baldé	ASS JORGE PINA	1985-01-01	Sen	5 4,47	
2 <sup>o</sup>	19 Rafael Neto	ASS JORGE PINA	2003-05-08	Juv	5 5,36	
	18 António Monteiro	ASS JORGE PINA	1985-01-29	Sen		DNS

**400 M Barreiras-0.76****(Fem)****Final 1**

1 <sup>a</sup>	180 Andreia Crespo	SPORTING C P	1993-10-16	Sen	6 0,20	894,0
2 <sup>a</sup>	293 Joana Moreira	S L BENFICA	2001-03-14	Jun	6 7,06	651,0
	126 Rafaela Hora	C DESP C+S LAVRA	1998-09-11	S23		DNF
	11 Elisabete Silva	A D R ÁGUA DE PENA	1998-12-10	S23		DNF
	200 Luísa Ferrugento	SPORTING C P	2001-07-31	Jun		DNS
	168 Patrícia Lopes	SPORTING C P	1982-07-11	V35		DNS
	206 Catarina Neiva	SPORTING C P	2001-11-01	Jun		DNS

**400 M Barreiras-0.91****(Masc)**



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## 400 M Barreiras-0.91

(Masc)

## Final 1

1 <sup>o</sup>	328 Mikael Jesus	S L BENFICA	BRA 1997-08-19	S23	5 0,12	989,0	
2 <sup>o</sup>	163 Ricardo Lima	S CLUBE DE BRAGA	1985-01-02	Sen	5 2,17	903,0	
3 <sup>o</sup>	346 Paulo Soares	S L BENFICA	2000-07-13	Jun	5 2,46	891,0	
4 <sup>o</sup>	1 Marco Ribeiro	CASA BENFICA FARO	1999-08-23	S23	5 3,14	863,0	
5 <sup>o</sup>	37 André Sá	CASA BENFICA FARO	1995-06-01	Sen	5 3,72	840,0	
6 <sup>o</sup>	76 Edgar Remédios	G DESP ESTREITO	1994-05-05	Sen	5 3,88	834,0	
7 <sup>o</sup>	121 Mateus Liberato	SPORTING C P	1994-02-02	Sen	5 5,03	789,0	
	101 Rodrigo Carrera	J O MONTE ABRAÃO	1986-07-31	Sen			DNS



## 400 Metros Planos

(Fem)

## Final 1

1 <sup>a</sup>	196 Beatriz Gameiro	SPORTING C P	2000-11-01	Jun	5 8,17	774,0	
2 <sup>a</sup>	285 Carolina Ribeiro	S L BENFICA	2000-01-13	Jun	5 9,52	719,0	
3 <sup>a</sup>	54 Telma Mendes	C ORIENTAL PECHÃO	2002-09-29	Juv	5 9,69	712,0	
4 <sup>a</sup>	53 Inês Farias	C ORIENTAL PECHÃO	2001-09-05	Jun	6 0,89	664,0	
5 <sup>a</sup>	59 Inês Santos	CLUBE PEDRO PESSOA	2002-01-21	Juv	6 0,99	660,0	
6 <sup>a</sup>	297 Margarida Veiga	S L BENFICA	2002-09-11	Juv	6 1,29	649,0	
7 <sup>a</sup>	290 Luana Crisóstomo	S L BENFICA	2000-10-09	Jun	6 1,52	640,0	
8 <sup>a</sup>	128 Angelica Pereira	MAIA A C	2000-08-21	Jun	6 2,04	620,0	

## Final 2

1 <sup>a</sup>	170 Assia Naziki	SPORTING C P	1985-01-01	Sen	5 3,49	981,0	
2 <sup>a</sup>	277 Rivinilda Mentai	S L BENFICA	1994-04-01	Sen	5 4,64	928,0	
3 <sup>a</sup>	201 Juliana Guerreiro	SPORTING C P	2001-04-21	Jun	5 5,68	881,0	
4 <sup>a</sup>	191 Carina Vanessa	SPORTING C P	1998-06-01	S23	5 5,87	873,0	
5 <sup>a</sup>	173 Carolina Duarte	SPORTING C P	1990-01-08	Sen	5 5,88	872,0	
6 <sup>a</sup>	183 Nicolle Santos	SPORTING C P	1994-04-19	Sen	5 9,08	736,0	
	178 Dorothe Évora	SPORTING C P	1991-05-28	Sen			DNS
	52 Fatoumata Diallo	C ORIENTAL PECHÃO	2000-04-06	Jun			DNS



## 400 Metros Planos

(Masc)

## Final 1

1 <sup>o</sup>	318 José Tavares	S L BENFICA	1994-02-11	Sen	4 9,41	842,0	
2 <sup>o</sup>	35 José Mestre	C D AREIAS S. JOÃO	1999-09-18	S23	4 9,76	826,0	
3 <sup>o</sup>	396 Felisberto Alves	A DESP NOVAS LUZES	1999-01-01	S23	5 0,27	802,0	
4 <sup>o</sup>	373 Adam Ferreira	CASA BENFICA FARO	1990-01-01	Sen	5 0,61	787,0	
5 <sup>o</sup>	395 Tiago Freire	JUV VIDIGALENSE	1990-01-01	Sen	5 0,81	778,0	
6 <sup>o</sup>	31 David Sénica	C ATLETISMO DE SEIA	1997-01-27	S23	5 1,03	768,0	
7 <sup>o</sup>	104 Ailton Silva	J O MONTE ABRAÃO	ANG 1994-06-14	Sen	5 1,16	762,0	
	119 Milton Hassany	JUV VIDIGALENSE	ANG 1990-04-01	Sen			DNS



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**Comunicado de Resultados 1912037****400 Metros Planos****(Masc)****Final 2**

1 <sup>o</sup>	226 André Marques	SPORTING C P	1992-11-20	Sen	4 8,26	897,0	
2 <sup>o</sup>	255 Leandro Fevereiro	SPORTING C P	2001-05-04	Jun	4 8,48	886,0	
3 <sup>o</sup>	310 Lucirio F Garrido	S L BENFICA	VEN 1988-10-04	Sen	4 9,25	849,0	
4 <sup>o</sup>	229 Tiago Horta	SPORTING C P	1994-06-10	Sen	4 9,46	840,0	
5 <sup>o</sup>	322 Marcos Afonso	S L BENFICA	1996-12-29	Sen	4 9,98	816,0	
	259 Omar Elkhatib	SPORTING C P	STP 2001-10-19	Jun			DNS
	394 Fábio Weber	JUV VIDIGALENSE	1990-01-01	Sen			DNS
	223 Soufiane Bouhadda	SPORTING C P	ALG 1990-06-08	Sen			DNS

**Lançamento Peso-4Kg****(Fem)****Final 1**

1 <sup>a</sup>	188 Jessica Include	SPORTING C P	1996-03-25	Sen	17,27	1014,0	
2 <sup>a</sup>	182 Francislaine Serra	SPORTING C P	1994-01-10	Sen	16,30	948,0	
3 <sup>a</sup>	278 Eliana Bandeira	S L BENFICA	1996-07-01	Sen	16,22	943,0	
4 <sup>a</sup>	115 Inês Carreira	JUV VIDIGALENSE	2000-04-03	Jun	12,81	715,0	
5 <sup>a</sup>	284 Margarida Ferreira	S L BENFICA	2000-06-07	Jun	12,42	689,0	
6 <sup>a</sup>	197 Enya O Driscoll	SPORTING C P	IRL 2000-04-25	Jun	11,20	608,0	
7 <sup>a</sup>	96 Tania Silva	J O MONTE ABRAÃO	CPV 2001-11-28	Jun	7,95	396,0	
	174 Auriol Dongmo	SPORTING C P	CMR 1990-08-03	Sen			DNS

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
188 Jessica Include		16,53	X	16,57	16,48	17,27	17,03
2 182 Francislaine Serra		16,30	X	X	X	16,16	15,98
3 278 Eliana Bandeira		X	X	X	16,22	X	X
4 115 Inês Carreira		11,70	12,51	12,21	12,61	12,64	12,81
5 284 Margarida Ferreira		12,42	12,14	11,61	12,40	12,31	12,05
6 197 Enya O Driscoll		9,36	10,29	11,02	11,20	X	10,28
7 96 Tania Silva		7,10	7,79	7,65	7,47	7,70	7,95

**Salto em Comprimento****(Masc)**





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**Comunicado de Resultados 1912037****Salto em Comprimento****(Masc)****Final 1**

1 <sup>o</sup>	311 Marcos Chuva	S L BENFICA	1989-08-08	Sen	<b>7,66</b>	975,0	0,0
2 <sup>o</sup>	342 Ebersson Silva	S L BENFICA	BRA 1999-07-25	<b>S23</b>	<b>7,51</b>	937,0	0,0
3 <sup>o</sup>	125 André Pimenta	JUV VIDIGALENSE	2001-08-10	Jun	<b>7,10</b>	838,0	0,0
4 <sup>o</sup>	73 Francisco Serra	G DESP CAVADAS	1995-02-21	Sen	<b>7,03</b>	821,0	0,0
5 <sup>o</sup>	29 Rodrigo Agostinho	C A MARINHA GRANDE	2001-04-25	Jun	<b>6,95</b>	802,0	0,0
6 <sup>o</sup>	352 Mamadú Jaló	S L BENFICA	2001-08-07	Jun	<b>6,90</b>	790,0	0,0
	316 Samuel Remédios	S L BENFICA	1992-02-24	Sen			0,0 DNS
	102 Gui Boissy	J O MONTE ABRAÃO	SEN 1989-02-22	Sen			0,0 DNS
	142 Gil Manuel	N A DE CUCUJÃES	1994-09-28	Sen			0,0 DNS
	231 Miguel Marques	SPORTING C P	1995-01-10	Sen			0,0 DNS
	222 Carlos Veiga	SPORTING C P	1989-02-22	Sen			0,0 DNS
	324 Ivo Tavares	S L BENFICA	1996-01-31	Sen			0,0 DNS

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 311 Marcos Chuva		7,27	7,49	7,43	7,42	X	7,66
		+1,5	+4,0	+1,6	+2,6		+2,8
2 342 Ebersson Silva		7,37	6,80	X	X	7,51	X
		+2,1	+1,2			+1,4	
3 125 André Pimenta		6,96	6,77	6,66	6,65	6,64	7,10
		+1,0	+1,0	+0,7	+2,6	+3,7	+3,4
4 73 Francisco Serra		6,69	6,69	X	6,57	7,03	X
		+2,8	+1,9		+6,8	+4,4	
5 29 Rodrigo Agostinho		6,34	6,53	6,89	6,80	6,56	6,95
		+0,1	+0,6	+2,2	+1,2	+1,2	+2,6
6 352 Mamadú Jaló		6,86	6,00	6,90	5,35	6,51	6,82
		+0,7	+1,3	+1,5	+2,2	+4,2	+3,0
324 Ivo Tavares		0,00					
		0,0					
316 Samuel Remédios		0,00					
		0,0					
231 Miguel Marques		0,00					
		0,0					
222 Carlos Veiga		0,00					
		0,0					
142 Gil Manuel		0,00					
		0,0					

**200 Metros****(Fem)****Final 1****Vento:** Fav: + 0,3

1 <sup>a</sup>	138 Carmo Juiz	MARATONA C P	2002-09-11	Juv	<b>2 5,46</b>	845,0
2 <sup>a</sup>	112 Inês Cruz	JUV VIDIGALENSE	1997-08-25	<b>S23</b>	<b>2 6,09</b>	789,0
3 <sup>a</sup>	389 Maria Neto	SPORTING C P	2003-01-01	Juv	<b>2 6,37</b>	765,0
4 <sup>a</sup>	198 Matilde Sousa	SPORTING C P	2000-04-14	Jun	<b>2 7,15</b>	699,0
5 <sup>a</sup>	372 Mariana Marques	VITÓRIA S C	2003-04-03	Juv	<b>2 7,79</b>	647,0
6 <sup>a</sup>	45 Corinne Damas	C F OS BELENENSES	1980-04-24	<b>V35</b>	<b>2 8,34</b>	604,0





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## 200 Metros

(Fem)

## Final 2

Vento: Fav: + 2,7 v

1 <sup>a</sup>	388 Lorene Bazolo	SPORTING C P	1990-01-01	Sen	2 3,81	999,0
2 <sup>a</sup>	287 Catarina Lourenço	S L BENFICA	2000-02-12	Jun	2 4,20	962,0
3 <sup>a</sup>	292 Delphine Nkansa	S L BENFICA	BEL 2001-09-21	Jun	2 4,59	925,0
4 <sup>a</sup>	114 Joana Carlos	JUV VIDIGALENSE	1999-03-25	S23	2 5,18	870,0
5 <sup>a</sup>	387 Sofia Duarte	SPORTING C P	1990-01-01	Sen	2 5,31	859,0
6 <sup>a</sup>	202 Carina Silva	SPORTING C P	2001-01-24	Jun	2 5,45	846,0
7 <sup>a</sup>	81 Catarina Silva	GRECAS - VAGOS	1990-04-03	Sen	2 6,36	766,0
8 <sup>a</sup>	299 Beatriz Farinha	S L BENFICA	2003-08-12	Juv	2 6,69	738,0



## Disco 2 KgS

(Masc)

## Final 1

1 <sup>o</sup>	51 Maurício Ortega	C ORIENTAL DE LISBOA	COL 1985-01-01	Sen	60,56	1093,0
2 <sup>o</sup>	233 Edujose Lima	SPORTING C P	1996-03-02	Sen	54,95	974,0
3 <sup>o</sup>	344 Emanuel Sousa	S L BENFICA	1999-04-04	S23	52,30	918,0
4 <sup>o</sup>	120 Marco Pons	JUV VIDIGALENSE	IRL 1993-07-31	Sen	51,05	892,0
5 <sup>o</sup>	241 Mykyta Sudashov	SPORTING C P	1998-09-28	S23	50,89	889,0
6 <sup>o</sup>	333 Otoniel Badjana	S L BENFICA	1998-12-18	S23	43,85	743,0
7 <sup>o</sup>	123 João Domingues	JUV VIDIGALENSE	1998-12-28	S23	40,96	684,0
8 <sup>o</sup>	251 Cleide Lopes	SPORTING C P	2000-08-20	Jun	35,46	573,0
9 <sup>o</sup>	218 Nelson Silva	SPORTING C P	1985-01-01	Sen	30,94	483,0
	314 Francisco Belo	S L BENFICA	1991-03-27	Sen		DNS
	157 Stefano Paz Portillo	PERÚ	PER 1985-01-01	Sen		DNS
	22 Jorge Grave	A C D JARDIM SERRA	1982-09-01	V35		DNS

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -
51 Maurício Ortega		60,02	60,56	59,85
2 233 Edujose Lima		53,59	54,95	54,95
3 344 Emanuel Sousa		X	X	52,30
4 120 Marco Pons		51,05	X	X
5 241 Mykyta Sudashov		49,26	50,89	48,45
6 333 Otoniel Badjana		X	43,85	X
7 123 João Domingues		36,47	39,38	40,96
8 251 Cleide Lopes		X	X	35,46
9 218 Nelson Silva		X	X	30,94



## 200 Metros

(Masc)



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**Comunicado de Resultados 1912037****200 Metros****(Masc)****Final 1****Vento:** Fav: + 0,5

1 °	150 <b>Ernane Silva</b>	A DESP NOVAS LUZES	1992-09-19	Sen	<b>2 2,55</b>	829,0
2 °	262 <b>Guilherme Mendo</b>	SPORTING C P	2002-02-24	Juv	<b>2 3,05</b>	781,0
3 °	16 <b>Igor Oliveira</b>	FUNDAÇÃO SALESIANOS	2001-02-09	Jun	<b>2 3,22</b>	765,0
4 °	165 <b>Válter Pinto</b>	S CLUBE DE BRAGA	1993-01-19	Sen	<b>2 3,57</b>	732,0
5 °	258 <b>Vicente Moura</b>	SPORTING C P	2001-08-17	Jun	<b>2 3,70</b>	720,0
6 °	156 <b>Marco Ferreira</b>	N SPORTING LOURINHÃ	2003-01-16	Juv	<b>2 4,48</b>	651,0
7 °	99 <b>Ricardo Duarte</b>	J O MONTE ABRAÃO	1982-01-01	V35	<b>2 5,30</b>	581,0
8 °	109 <b>Ricardo Fernandes</b>	J O MONTE ABRAÃO	2000-09-12	Jun	<b>2 7,42</b>	417,0

**Final 2****Vento:** Fav: + 2,1 v

1 °	34 <b>João Guerreiro</b>	C D AREIAS S. JOÃO	1998-03-01	S23	<b>2 2,62</b>	822,0
2 °	252 <b>Eugénio Júnior</b>	SPORTING C P	2000-08-05	Jun	<b>2 2,67</b>	817,0
3 °	355 <b>Gonçalo Moreno</b>	S L BENFICA	2002-01-02	Juv	<b>2 2,84</b>	801,0
4 °	3 <b>Rui Ferreira</b>	ASS AMIGOS ATL MAFRA	2001-08-12	Jun	<b>2 2,86</b>	799,0
5 °	386 <b>Ericsson Tavares</b>	A ATLETISMO SEIXAL	2000-01-01	Jun	<b>2 2,88</b>	797,0
6 °	385 <b>Miguel Silva</b>	VITÓRIA S C	1990-01-01	Sen	<b>2 3,04</b>	782,0
7 °	46 <b>Marco Veloso</b>	C F OS BELENENSES	1979-03-07	V40	<b>2 3,41</b>	747,0
	104 <b>Ailton Silva</b>	J O MONTE ABRAÃO	ANG 1994-06-14	Sen		DNS

**Final 3****Vento:** Fav: + 0,7

1 °	259 <b>Omar Elkhatib</b>	SPORTING C P	STP 2001-10-19	Jun	<b>2 1,94</b>	889,0
2 °	89 <b>Xavier Rato</b>	GIRA SOL	1999-10-25	S23	<b>2 2,35</b>	848,0
3 °	384 <b>Fábio Cunha</b>	VITÓRIA S C	1990-01-01	Sen	<b>2 2,60</b>	824,0
4 °	351 <b>João Manero</b>	S L BENFICA	2001-02-20	Jun	<b>2 2,84</b>	801,0
5 °	257 <b>Tiago Rocha</b>	SPORTING C P	2001-04-28	Jun	<b>2 2,97</b>	788,0
	108 <b>André Prazeres</b>	J O MONTE ABRAÃO	1999-05-23	S23		DNS
	35 <b>José Mestre</b>	C D AREIAS S. JOÃO	1999-09-18	S23		DNS
	72 <b>André Leal</b>	G DESP CAVADAS	1995-11-28	Sen		DNS

**Final 4****Vento:** 0,00

1 °	27 <b>Jonathan Rodrigues</b>	BRASIL	BRA 1985-01-01	Sen	<b>2 1,10</b>	975,0
2 °	223 <b>Soufiane Bouhadda</b>	SPORTING C P	ALG 1990-06-08	Sen	<b>2 1,22</b>	962,0
3 °	230 <b>Carlos Nascimento</b>	SPORTING C P	1994-10-12	Sen	<b>2 1,23</b>	961,0
4 °	327 <b>Rafael Jorge</b>	S L BENFICA	1997-03-01	S23	<b>2 1,62</b>	921,0
5 °	340 <b>João Coelho</b>	S L BENFICA	1999-04-04	S23	<b>2 1,70</b>	913,0
6 °	237 <b>João Pinto</b>	SPORTING C P	1997-06-12	S23	<b>2 2,32</b>	851,0
	320 <b>Ricardo Souza</b>	S L BENFICA	BRA 1994-09-21	Sen		DNS
	338 <b>Delvis Santos</b>	S L BENFICA	1999-06-27	S23		DNS

**Salto Com Vara****(Fem)**



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**Salto Com Vara****(Fem)****Final 1**

1 <sup>a</sup>	175 <b>Marta Onofre</b>	SPORTING C P	1991-01-28	Sen	4,12	1027,0	
2 <sup>a</sup>	91 <b>Chloe Henry</b>	Individual-Lisboa	1987-12-21	Sen	3,97	961,0	
3 <sup>a</sup>	281 <b>Raquel Marques</b>	S L BENFICA	1999-06-09	S23	3,17	629,0	
	280 <b>Beatriz Baptista</b>	S L BENFICA	1997-09-30	S23			DNS
	209 <b>Sofia Rodrigues</b>	SPORTING C P	2002-01-19	Juv			DNS

Classif / Dorsal / Atleta	SERIES	2,97	3,17	3,37	3,57	3,77	3,97	4,12	4,27	4,42	4,52
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1	175 Marta Onofre	-	-	-	-	-	-	O	XXX		
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2	91 Chloe Henry	-	-	-	-	-	XXO	XXX			
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3	281 Raquel Marques	XO	O	OOO							
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**800 Metros****(Fem)****Final 1**

1 <sup>a</sup>	300 <b>Isabella Coleman</b>	S L BENFICA	USA	2003-06-24	Juv	2 1 4,01	907,0	
2 <sup>a</sup>	210 <b>Camila Gomes</b>	SPORTING C P		2002-08-17	Juv	2 1 5,55	885,0	
3 <sup>a</sup>	203 <b>Beatriz Cruz</b>	SPORTING C P		2001-10-05	Jun	2 1 6,20	876,0	
4 <sup>a</sup>	116 <b>Sofia Duarte</b>	JUV VIDIGALENSE		2001-05-16	Jun	2 1 9,11	836,0	
5 <sup>a</sup>	301 <b>Marta Castro</b>	S L BENFICA		2003-02-07	Juv	2 2 1,34	805,0	
6 <sup>a</sup>	57 <b>Cátia Pereira</b>	CASA POVO CORROIOS		2001-08-15	Jun	2 2 2,69	787,0	
7 <sup>a</sup>	68 <b>Marta Pereira</b>	G ATLETISMO FÁTIMA		1998-05-04	S23	2 2 3,09	782,0	
8 <sup>a</sup>	295 <b>Beatriz Mendes</b>	S L BENFICA		2002-02-05	Juv	2 2 3,15	781,0	
9 <sup>a</sup>	205 <b>Joycelene Barros</b>	SPORTING C P		2001-12-17	Jun	2 2 3,83	772,0	
10 <sup>a</sup>	41 <b>Inês Dias</b>	C D R RIBEIRINHO		2003-06-17	Juv	2 3 5,14	630,0	
	65 <b>Olga Serbyn</b>	G ATLETISMO FÁTIMA		1992-12-09	Sen			DNS
	130 <b>Mariana Regalo</b>	MAIA A C		2001-09-13	Jun			DNS
	291 <b>Mafalda Marques</b>	S L BENFICA		2001-04-18	Jun			DNS

**Final 2**

1 <sup>a</sup>	110 <b>Carla Mendes</b>	JUV VIDIGALENSE		1994-11-09	Sen	2 0 8,12	992,0	
2 <sup>a</sup>	282 <b>Patrícia Silva</b>	S L BENFICA		1999-12-09	S23	2 0 8,77	983,0	
3 <sup>a</sup>	113 <b>Andreia Pingueiro</b>	JUV VIDIGALENSE		1998-09-22	S23	2 1 0,94	951,0	
4 <sup>a</sup>	379 <b>Neide Dias</b>	S L BENFICA		1989-01-01	Sen	2 1 0,95	951,0	
5 <sup>a</sup>	369 <b>Margarida Silva</b>	VITÓRIA F C		2000-04-02	Jun	2 1 2,63	926,0	
6 <sup>a</sup>	10 <b>Sara Inácio</b>	A D R ÁGUA DE PENA		1995-09-27	Sen	2 1 4,25	903,0	
7 <sup>a</sup>	370 <b>Inês Borba</b>	VITÓRIA F C		2002-04-28	Juv	2 1 4,90	894,0	
8 <sup>a</sup>	193 <b>Beatriz Rodrigues</b>	SPORTING C P		1999-04-22	S23	2 1 5,25	889,0	
9 <sup>a</sup>	181 <b>Amélia Vitorino</b>	SPORTING C P		1994-04-30	Sen	2 1 5,39	887,0	
10 <sup>a</sup>	368 <b>Francisca Cantante</b>	UNIÃO CLUBE EIRENSE		1999-12-18	S23	2 1 6,03	878,0	
11 <sup>a</sup>	208 <b>Matilde Reis</b>	SPORTING C P		2002-02-23	Juv	2 1 9,13	835,0	
12 <sup>a</sup>	79 <b>Edna Bernardino</b>	G D S DOMINGOS		2001-10-01	Jun	2 2 0,87	812,0	
	52 <b>Fatoumata Diallo</b>	C ORIENTAL PECHÃO		2000-04-06	Jun			DNS
	209 <b>Sofia Rodrigues</b>	SPORTING C P		2002-01-19	Juv			DNS



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**Comunicado de Resultados 1912037****800 Metros****(Masc)****Final 1**

1 °	353 <b>Etson Barros</b>	S L BENFICA	2001-03-16	<b>Jun</b>	<b>1 5 1,60</b>	981,0	
2 °	232 <b>Rodrigo Serra</b>	SPORTING C P	1996-04-08	<b>Sen</b>	<b>1 5 3,65</b>	952,0	
2 °	248 <b>Miguel Moreira</b>	SPORTING C P	2000-11-24	<b>Jun</b>	<b>1 5 3,65</b>	952,0	
4 °	153 <b>Hugo Gil</b>	A DESP NOVAS LUZES	1997-06-25	<b>S23</b>	<b>1 5 4,15</b>	944,0	
5 °	12 <b>Pedro Martins</b>	A D R ÁGUA DE PENA	1996-06-28	<b>Sen</b>	<b>1 5 4,41</b>	941,0	
6 °	247 <b>Martim Monteiro</b>	SPORTING C P	2000-09-03	<b>Jun</b>	<b>1 5 4,55</b>	938,0	
7 °	33 <b>Roberto Reigado</b>	C D AREIAS S. JOÃO	1995-08-13	<b>Sen</b>	<b>1 5 5,52</b>	925,0	
8 °	166 <b>Pedro Vilas Boas</b>	S CLUBE DE BRAGA	2001-04-02	<b>Jun</b>	<b>1 5 6,22</b>	915,0	
9 °	124 <b>Miguel Silva</b>	JUV VIDIGALENSE	2000-05-20	<b>Jun</b>	<b>1 5 6,39</b>	912,0	
10 °	9 <b>Gabriel Ludwick</b>	ROYAL AXN LAGOS	2002-06-11	<b>Juv</b>	<b>1 5 6,47</b>	911,0	
11 °	26 <b>Pedro Correia</b>	ROYAL AXN LAGOS	1985-01-01	<b>Sen</b>	<b>1 5 7,26</b>	900,0	
12 °	75 <b>Davide Teixeira</b>	G DESP ESTREITO	1992-11-22	<b>Sen</b>	<b>1 5 7,35</b>	899,0	
13 °	8 <b>Diogo Batista</b>	A D NUCLEOEIRAS	1998-09-14	<b>S23</b>	<b>1 5 9,76</b>	865,0	
	145 <b>Duarte Vidais</b>	N A DE CUCUJÃES	1998-08-17	<b>S23</b>			DNF

**Final 2**

1 °	343 <b>Isaac Nader</b>	S L BENFICA	1999-08-17	<b>S23</b>	<b>1 4 9,26</b>	1016,0	
2 °	246 <b>Nuno Pereira</b>	SPORTING C P	2000-11-27	<b>Jun</b>	<b>1 4 9,71</b>	1009,0	
3 °	331 <b>José Carlos Pinto</b>	S L BENFICA	1997-05-03	<b>S23</b>	<b>1 5 0,13</b>	1003,0	
4 °	244 <b>António Moura</b>	SPORTING C P	1999-04-15	<b>S23</b>	<b>1 5 0,29</b>	1001,0	
5 °	239 <b>Luís Monteiro</b>	SPORTING C P	1998-05-13	<b>S23</b>	<b>1 5 0,69</b>	995,0	
6 °	380 <b>David Tavares</b>	A DESP NOVAS LUZES	1999-01-01	<b>S23</b>	<b>1 5 3,55</b>	953,0	
7 °	336 <b>Diogo Pinhão</b>	S L BENFICA	1998-04-04	<b>S23</b>	<b>1 5 3,64</b>	952,0	
8 °	235 <b>Hugo Ganchas</b>	SPORTING C P	1996-07-05	<b>Sen</b>	<b>1 5 7,13</b>	902,0	
9 °	122 <b>Gonçalo Casimiro</b>	JUV VIDIGALENSE	1995-03-24	<b>Sen</b>	<b>1 5 9,08</b>	874,0	
	60 <b>António Cunha</b>	C P T SOBRAL CEIRA	1998-04-07	<b>S23</b>			DNS
	358 <b>David Garcia</b>	S L BENFICA	2003-03-15	<b>Juv</b>			DNF
	146 <b>Marcelo Pereira</b>	N ATLETISMO TAIPAS	2000-05-27	<b>Jun</b>			DNS
	167 <b>João Peixoto</b>	S CLUBE DE BRAGA	2001-09-15	<b>Jun</b>			DNS

**Salto em Altura****(Masc)**



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Comunicado de Resultados 1912037



## Salto em Altura

(Masc)

## Final 1

1 <sup>o</sup>	317 Paulo Conceição	S L BENFICA	1993-12-29	Sen	2,16	953,0
2 <sup>o</sup>	354 Gonçalo Veloso	S L BENFICA	2001-11-05	Jun	2,06	859,0
3 <sup>o</sup>	361 Francisco Barreto	S L BENFICA	1990-11-04	Sen	2,00	803,0
4 <sup>o</sup>	350 Gerson Balde	SPORTING C P	1900	Sen	1,95	758,0
5 <sup>o</sup>	323 Victor Korst	S L BENFICA	1996-10-21	Sen	1,90	714,0
6 <sup>o</sup>	87 Diogo Oliveira	GRECAS - VAGOS	2001-05-09	Jun	1,90	714,0
7 <sup>o</sup>	86 Tiago Santos	GRECAS - VAGOS	2000-01-01	Jun	1,85	670,0
8 <sup>o</sup>	236 Simão Pereira	SPORTING C P	1997-01-01	S23	1,80	627,0
9 <sup>o</sup>	263 Diogo Ravara	SPORTING C P	2002-02-24	Juv	1,65	504,0
10 <sup>o</sup>	264 Martim Henriques	SPORTING C P	2003-01-09	Juv	1,65	504,0
	227 Tiago Luís Pereira	SPORTING C P	1993-09-19	Sen		DNS
	107 Paulo Varela	J O MONTE ABRAÃO	1998-12-02	S23		DNS

Class / Dorsal / Atleta	SERIES	1,55	1,60	1,65	1,70	1,75	1,80	1,85	1,90	1,95	2,00	2,06	2,12	2,16
		2,20	2,25	2,30	2,35	2,40	2,45	2,50	2,55	2,60	2,65	2,70	2,75	2,80
		2,85	2,90	2,95	3,00									

1	317 Paulo Conceição	---	---	---	---	---	---	---	---	---	o	o	xxo	o
		xxx												
2	354 Gonçalo Veloso	---	---	---	---	---	---	---	o	o	o	xo	xxx	
3	361 Francisco Barreto	---	---	---	---	---	---	---	o	xo	o	xxx		
4	350 Gerson Balde	---	---	---	---	---	---	---	o	o	xxx			
5	323 Victor Korst	---	---	---	---	---	---	---	o	xxx				
6	87 Diogo Oliveira	---	---	---	---	---	---	o	xxo	xxx				
7	86 Tiago Santos	---	---	---	---	---	xxo	o	xxx					
8	236 Simão Pereira	---	---	---	o	o	xo	xxx						
9	263 Diogo Ravara	o	o	xxo	xxx									
10	264 Martim Henriques	---	xxo	xxo	xxx									



## 3.000 Mt. Obstáculos

(Fem)

## Final 1

1 <sup>a</sup>	159 Emília Piscoeiro	RECREIO DESP ÁGUEDA	1986-01-09	Sen	1 0 2 5,93	
2 <sup>a</sup>	194 Laura Taborda	SPORTING C P	1999-01-01	S23	1 0 2 9,63	
3 <sup>a</sup>	279 Carla Reis	S L BENFICA	1997-01-20	S23	1 0 3 0,61	
4 <sup>a</sup>	129 Mara Resende	MAIA A C	2000-12-18	Jun	1 0 4 2,12	
5 <sup>a</sup>	58 Catarina Carmo	CLUBE PEDRO PESSOA	1999-11-19	S23	1 1 2 7,22	
6 <sup>a</sup>	366 Raquel Cantante	UNIÃO CLUBE EIRENSE	1996-08-05	Sen	1 1 2 7,93	
7 <sup>a</sup>	199 Daria Melnyk	SPORTING C P	UKR 2000-09-27	Jun	1 1 4 5,53	
8 <sup>a</sup>	271 Leila Semedo	SPORTING C P	2001-09-01	Jun	1 2 4 0,32	
9 <sup>a</sup>	272 Inês Pinto	S C REBOLEIRA DAMAIA	2001-01-31	Jun	1 3 2 3,81	
	32 Eva Bento	C D AREIAS S. JOÃO	2000-03-12	Jun		DNS
	171 Solange Jesus	SPORTING C P	1987-01-07	Sen		DNS



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**Comunicado de Resultados 1912037****3.000 Mt. Obstáculos****(Fem)****3.000 Mt. Obstáculos****(Masc)****Final 1**

1 °	154 Ricardo Ferreira	A DESP NOVAS LUZES	1998-10-16	S23	9 0 1,99	1010,0	
2 °	85 Tomás Silva	GRECAS - VAGOS	1998-09-20	S23	9 0 2,77	1008,0	
3 °	4 Simão Bastos	A C PÓVOA DE VARZIM	1999-10-26	S23	9 0 9,41	987,0	
4 °	74 Manuel Fernandes	G DESP ESTREITO	1992-03-16	Sen	9 1 4,30	972,0	
5 °	337 Miguel Mascarenhas	S L BENFICA	1998-07-25	S23	9 1 6,14	966,0	
6 °	28 Afonso Simão	C A BAIXA BANHEIRA	1998-10-02	S23	9 1 9,03	957,0	
7 °	383 Diogo Rosário	SPORTING C P	2000-01-01	Jun	9 2 3,60	944,0	
8 °	61 Gelson Furtado	C P T SOBRAL CEIRA	1999-05-07	S23	9 4 1,29	891,0	
9 °	71 João Melgo	G C BRAGANÇA	1999-06-21	S23	9 4 3,94	883,0	
10 °	133 Alfredo Alves	MAIA A C	1999-06-26	S23	9 5 0,50	864,0	
11 °	105 Leonardo Coelho	J O MONTE ABRAÃO	1995-06-08	Sen	9 5 3,07	856,0	
12 °	93 João Vieira	Individual-Lisboa	1998-09-05	S23	1 0 0 0,38	835,0	
13 °	382 Duarte Rodrigues	MAIA A C	1990-01-01	Sen	1 0 1 0,49	806,0	
14 °	134 Bruno Pereira	ESCOLA DO MOVIMENTO	1999-01-01	S23	1 0 3 5,18	738,0	
	106 Tiago Silva	J O MONTE ABRAÃO	1996-09-13	Sen			DNS
	228 Fernando Serrão	SPORTING C P	1993-04-03	Sen			DNS
	151 Luís Silva	A DESP NOVAS LUZES	1994-10-17	Sen			DNS
	136 Bernardo Borges	MAIA A C	2000-03-05	Jun			DNF

**Lançamento Peso-7.26****(Masc)**



10 de junho de 2019

**Comunicado de Resultados 1912037****Lançamento Peso-7.26****(Masc)****Final 1**

1 °	80 Nicholas Scarvelis	GRECIA	GRE	1985-01-01	Sen	20,04	1102,0	
2 °	314 Francisco Belo	S L BENFICA		1991-03-27	Sen	19,99	1099,0	
3 °	315 Tsanko Arnaudov	S L BENFICA		1992-03-14	Sen	18,41	1000,0	
4 °	378 Rodolfo Garcia	SPORTING C P		1999-01-01	S23	16,20	864,0	
5 °	333 Otoniel Badjana	S L BENFICA		1998-12-18	S23	16,17	862,0	
6 °	234 Daniel Santiago	SPORTING C P		1996-01-03	Sen	15,82	840,0	
7 °	15 Natã lé	FUNDAÇÃO SALESIANOS		1996-02-29	Sen	15,31	809,0	
8 °	143 José Pinho	N A DE CUCUJÃES		1995-03-20	Sen	15,18	801,0	
9 °	253 Tiago Silva	SPORTING C P		2000-02-09	Jun	13,50	698,0	
10 °	339 Catalin Bivol	S L BENFICA		1999-02-23	S23	11,48	575,0	
	64 Pedro Veloso	ESCOLA DO MOVIMENTO		1977-10-03	V40			DNS
	316 Samuel Remédios	S L BENFICA		1992-02-24	Sen			DNS
	241 Mykyta Sudashov	SPORTING C P		1998-09-28	S23			SM

Classif / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 80 Nicholas Scarvelis		19,37	20,04	X	X	19,67	X
2 314 Francisco Belo		X	19,41	X	19,99	X	X
3 315 Tsanko Arnaudov		X	18,41	X	X	X	18,06
4 378 Rodolfo Garcia		15,72	16,20	X	15,99	X	X
5 333 Otoniel Badjana		14,25	X	X	X	16,17	X
6 234 Daniel Santiago		14,82	15,03	15,82	X	15,73	X
7 15 Natã lé		14,70	15,22	15,31	X	X	14,84
8 143 José Pinho		14,74	14,83	14,37	15,18	X	X
9 253 Tiago Silva		13,24	13,50	X			
10 339 Catalin Bivol		X	11,48	X			
241 Mykyta Sudashov		X	X	X			

**Disco 1 Kg****(Fem)**





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**Comunicado de Resultados 1912037****Disco 1 Kg****(Fem)****Final 1**

1 <sup>a</sup>	176 Irina Rodrigues	SPORTING C P	1991-02-05	Sen	59,25	1037,0
2 <sup>a</sup>	149 Liliana Cá	A DESP NOVAS LUZES	1986-11-05	Sen	58,28	1018,0
3 <sup>a</sup>	188 Jessica Include	SPORTING C P	1996-03-25	Sen	48,81	828,0
4 <sup>a</sup>	286 Ivanilda Lopes	S L BENFICA	2000-11-18	Jun	47,73	806,0
5 <sup>a</sup>	182 Francislaine Serra	SPORTING C P	1994-01-10	Sen	43,41	721,0
6 <sup>a</sup>	63 Ana Beatriz Gomes	C S MARÍTIMO	2000-11-26	Jun	40,48	664,0
7 <sup>a</sup>	197 Enya O Driscoll	SPORTING C P	IRL 2000-04-25	Jun	39,29	640,0
8 <sup>a</sup>	148 Inês Diogo	N D JUV LARANJEIRO	2002-11-09	Juv	36,73	591,0

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
176 Irina Rodrigues		57,55	59,25	56,74	58,31	55,96	X
2 149 Liliana Cá		X	X	X	54,87	56,98	58,28
3 188 Jessica Include		48,81	X	X	X	X	44,19
4 286 Ivanilda Lopes		X	41,63	X	47,73	40,69	45,65
5 182 Francislaine Serra		43,41	X	42,87	X	40,71	X
6 63 Ana Beatriz Gomes		X	39,50	38,36	39,18	40,48	40,45
7 197 Enya O Driscoll		X	38,27	39,17	X	X	39,29
8 148 Inês Diogo		32,40	35,48	31,49	35,08	36,73	35,86

**Salto em Comprimento****(Fem)**



10 de junho de 2019

**Comunicado de Resultados 1912037****Salto em Comprimento****(Fem)****Final 1**

1 <sup>a</sup>	186 Lucinda Gomes	SPORTING C P	1995-04-16	Sen	<b>6,05</b>	865,0	0,0	
2 <sup>a</sup>	289 Fatumata Balde	S L BENFICA	2000-07-29	Jun	<b>5,93</b>	828,0	0,0	
3 <sup>a</sup>	162 Shaina Mags	S CLUBE DE BRAGA	1992-04-11	Sen	<b>5,86</b>	807,0	0,0	
4 <sup>a</sup>	66 Ana Oliveira	G ATLETISMO FÁTIMA	1995-07-18	Sen	<b>5,81</b>	792,0	0,0	
5 <sup>a</sup>	190 Andreia Gomes	SPORTING C P	1998-06-27	S23	<b>5,63</b>	738,0	0,0	
6 <sup>a</sup>	21 Sara Moreira	A C D JARDIM SERRA	2001-01-22	Jun	<b>5,62</b>	735,0	0,0	
7 <sup>a</sup>	39 Leonor Tiago	C D R RIBEIRINHO	2002-07-22	Juv	<b>5,33</b>	651,0	0,0	
8 <sup>a</sup>	184 Erica Gomes	SPORTING C P	1994-05-09	Sen	<b>5,19</b>	612,0	0,0	
	169 Yariadmis Arguelles	SPORTING C P	1984-04-18	V35				DNS
	367 Susana Cruz	UNIÃO CLUBE EIRENSE	1997-01-01	S23				DNS
	302 Teresa Vaz Carvalho	S L BENFICA	1993-01-01	Sen				DNS
	20 Bárbara Silva	A C D JARDIM SERRA	1995-08-19	Sen				DNS

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 186 Lucinda Gomes		X	6,05	X	6,04	6,00	X
			+1,4		+1,8	+2,7	
1 186 Lucinda Gomes		X	6,05	X	6,04	6,00	X
			+1,4		+1,8	+2,7	
2 289 Fatumata Balde		X	5,72	X	5,88	5,93	5,78
			+0,9		+2,9	+3,0	+0,7
3 162 Shaina Mags		5,51	X	5,72	5,75	X	5,86
		+3,9		+1,2	+2,4		+1,7
4 66 Ana Oliveira		5,71	5,81	5,40	5,74	X	5,74
		+2,5	+2,2	+1,1	+2,3		+2,3
5 190 Andreia Gomes		X	5,63	X	X	5,63	X
			+1,2			+1,3	
6 21 Sara Moreira		5,40	X	5,37	5,62	5,49	X
		+1,3		+0,1	+1,0	+0,2	
7 39 Leonor Tiago		5,27	5,26	X	4,27	5,33	5,20
		+2,1	+1,2		+1,9	+1,7	+0,8
8 184 Erica Gomes		5,19	X	5,09	3,95	5,11	5,08
		+0,8		+0,6	+0,3	+3,9	+1,6

**5.000 Metros****(Fem)**



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**Comunicado de Resultados 1912037****5.000 Metros****(Fem)****Final 1**

1 <sup>a</sup>	177 <b>Susana Francisco</b>	SPORTING C P	1991-05-10	Sen	1 6 3 9,16	1016,0	
2 <sup>a</sup>	111 <b>Lília Martins</b>	JUV VIDIGALENSE	1997-03-31	S23	1 6 5 1,69	990,0	
3 <sup>a</sup>	137 <b>Manuela Martins</b>	MARATONA C P	1998-09-10	S23	1 6 5 9,05	975,0	
4 <sup>a</sup>	381 <b>Susana Cunha</b>	Desportivo de Águeda	1990-01-01	Sen	1 7 0 4,05	965,0	
5 <sup>a</sup>	192 <b>Sara Duarte</b>	SPORTING C P	1999-05-25	S23	1 7 1 0,63	952,0	
6 <sup>a</sup>	83 <b>Laura Regalado</b>	GRECAS - VAGOS	1998-01-03	S23	1 7 3 9,02	896,0	
7 <sup>a</sup>	294 <b>Rita Miranda</b>	S L BENFICA	2001-02-28	Jun	1 7 4 8,92	876,0	
8 <sup>a</sup>	82 <b>Miriam Martins</b>	GRECAS - VAGOS	1992-07-07	Sen	1 8 0 7,38	841,0	
9 <sup>a</sup>	195 <b>Fabiana Sousa</b>	SPORTING C P	2000-10-12	Jun	1 8 1 7,63	822,0	
10 <sup>a</sup>	127 <b>Diana Pereira</b>	MAIA A C	1998-10-18	S23	1 8 2 9,81	799,0	
	366 <b>Raquel Cantante</b>	UNIÃO CLUBE EIRENSE	1996-08-05	Sen			DNS
	288 <b>Margarida Raimundo</b>	S L BENFICA	2000-03-24	Jun			DNS
	172 <b>Ana Mafalda Ferreira</b>	SPORTING C P	1988-04-22	Sen			DNS
	50 <b>Inês Cunha</b>	C N DE RIO MAIOR	1999-12-05	S23			DNS
	179 <b>Susana Godinho</b>	SPORTING C P	1992-07-05	Sen			DNS
	95 <b>Sandra Protásio</b>	J O MONTE ABRAÃO	1989-07-05	Sen			DNS
	38 <b>Maria Branco</b>	C D R RIBEIRINHO	2000-01-01	Jun			DNS
	94 <b>Alexandra Sousa</b>	J O MONTE ABRAÃO	1983-01-04	V35			DNS
	189 <b>Rita Ribeiro</b>	SPORTING C P	1998-02-13	S23			DNS
	5 <b>Margarida Dionísio</b>	A C R SRA DESTERRO	1987-03-09	Sen			DNS

**Triplo Salto****(Masc)**



10 de junho de 2019

**Comunicado de Resultados 1912037****Triplo Salto****(Masc)****Final 1**

1 °	227	Tiago Luís Pereira	SPORTING C P	1993-09-19	Sen	16,41	1036,0	0,0
2 °	222	Carlos Veiga	SPORTING C P	1989-02-22	Sen	15,68	932,0	0,0
3 °	335	Pedro Pinheiro	S L BENFICA	1998-03-29	S23	15,44	898,0	0,0
4 °	238	Oleks Lyashchenko	SPORTING C P	1997-01-18	S23	15,33	883,0	0,0
5 °	240	Denil Baía	SPORTING C P	1998-09-22	S23	15,15	858,0	0,0
6 °	219	Marcos Caldeira	SPORTING C P	1988-02-27	Sen	14,71	799,0	0,0
7 °	152	Mário Pamente	A DESP NOVAS LUZES	1994-11-11	Sen	14,53	774,0	0,0
8 °	350	Rinelmo Sami	S L BENFICA	1900	Sen	13,80	679,0	0,0
9 °	243	Xavier Magalhães	SPORTING C P	1999-12-02	S23	13,33	619,0	0,0
	160	Maurice Mathabela	RSAFRICA	RSA 1985-01-01	Sen			DNS
	347	Henrique Fortes	S L BENFICA	2000-12-19	Jun			DNS
	377	Gonçalo Santos	SPORTING C P	2001-01-01	Jun			DNS
	378	Rodolfo Garcia	SPORTING C P	1999-01-01	S23			DNS

Classif / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 227 Tiago Luís Pereira		16,41	X	15,89	X	15,73	16,36
		+2,4		+1,0		+2,5	+2,4
2 222 Carlos Veiga		15,68	X	-	-	-	-
		+2,1					
3 335 Pedro Pinheiro		14,40	15,44	X	X	15,00	-
		+0,8	+2,3			+1,8	
3 335 Pedro Pinheiro		14,40	15,44	X	X	15,00	-
		+0,8	+2,3			+1,8	
4 238 Oleks Lyashchenko		15,08	15,23	15,33	14,63	X	14,98
		0,0	+1,2	+3,1	+1,3		+1,9
5 240 Denil Baía		14,90	15,03	15,15	14,71	14,09	13,53
		+1,2	+2,6	+0,4	+0,6	+2,0	-0,3
6 219 Marcos Caldeira		X	X	13,94	X	14,47	14,71
				+1,3		+2,7	+2,2
7 152 Mário Pamente		14,53	14,23	14,31	14,11	14,22	14,14
		+1,4	+1,3	+2,9	+0,4	+1,8	+1,4
8 350 Rinelmo Sami		13,80	X	13,75	X	-	-
		+1,4		+2,6			
9 243 Xavier Magalhães		13,08	13,15	13,33	X	X	X
		+1,8	+3,1	+3,0			

**5.000 Metros****(Masc)**



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**Comunicado de Resultados 1912037****5.000 Metros****(Masc)****Final 1**

1 °	313 Samuel Freire	S L BENFICA	CPV 1990-08-28	Sen	1 4 1 1,04	1050,0	
2 °	224 Hugo Correia	SPORTING C P	1991-11-17	Sen	1 4 1 2,42	1047,0	
3 °	225 Andralino Furtado	SPORTING C P	1992-10-02	Sen	1 4 1 2,80	1046,0	
4 °	411 Alexandre Figueiredo	S L BENFICA	1900	Sen	1 4 2 0,29	1029,0	
5 °	349 Duarte Gomes	S L BENFICA	2000-11-24	Jun	1 4 2 3,68	1021,0	
6 °	217 Luís Saraiva	S CLUBE DE BRAGA	1985-01-01	Sen	1 4 2 5,13	1017,0	
7 °	329 Filipe Fialho	S L BENFICA	1997-08-22	S23	1 4 2 6,35	1015,0	
8 °	141 Nuno Carraça	N A DE CUCUJÃES	1989-08-17	Sen	1 4 4 8,41	964,0	
9 °	23 Ricardo Pereira	A C D JARDIM SERRA	1990-08-12	Sen	1 4 5 4,21	951,0	
10 °	330 Gonçalo Varela	S L BENFICA	1997-10-27	S23	1 5 0 2,74	932,0	
11 °	135 Amado Martins	MAIA A C	1999-06-01	S23	1 5 0 5,42	926,0	
12 °	132 João Casal	MAIA A C	1998-01-01	S23	1 5 1 5,68	904,0	
13 °	84 Adelino Oliveira	GRECAS - VAGOS	1991-05-03	Sen	1 5 2 6,12	881,0	
14 °	62 André Ferreira	C P T SOBRAL CEIRA	2001-08-27	Jun	1 5 5 2,22	825,0	
15 °	155 João Pinto	A DESP NOVAS LUZES	2000-01-01	Jun	1 5 5 4,00	822,0	
	42 António Pedro Rocha	C D S SALVADOR CAMPO	1992-08-04	Sen			DNF
	245 Cristiano Borges	SPORTING C P	1999-07-13	S23			DNF
	254 Ivan Brito	SPORTING C P	2001-07-08	Jun			DNF
	7 Filipe Ferreira	A C R VALE DE CAMBRA	1989-04-02	Sen			DNF
	25 Hermano Ferreira	A R CASAENSE - EAC	1982-11-16	V35			DNF
	139 João Pereira	MARATONA C P	1985-01-01	Sen			DNF
	348 Miguel Ribeiro	S L BENFICA	2000-06-25	S23			DNF
	319 Miguel Borges	S L BENFICA	1994-10-04	Sen			DNF
	221 Paulo Pinheiro	SPORTING C P	1989-07-09	Sen			DNF
	131 Ricardo Barbosa	MAIA A C	1995-12-09	Sen			DNF

**Salto Com Vara****(Masc)**



**Salto Com Vara**

**(Masc)**

**Final 1**

Classif	Dorsal	Atleta	SERIES	Qualificação	Data	Grupos	Nota	Tempo	Outros
1º	78	Pedro Buaró	G DESP ESTREITO	2001-06-14	Jun	4,90	880,0		
2º	242	Gonçalo Uva	SPORTING C P	1998-04-30	S23	4,45	746,0		
3º	6	Gilberto Carvalho	A C R SRA DESTERRO	1993-01-14	Sen	4,15	659,0		
4º	30	Gonçalo Lopes	C ATLETISMO DE SEIA	1988-03-14	Sen	4,15	659,0		
5º	265	Ronaldo Pitra	SPORTING C P	2003-11-26	Juv	3,55	496,0		
	249	Carlos Pitra	SPORTING C P	2000-12-23	Jun				SM
	325	Bruno Spinelli	S L BENFICA	BRA 1997-04-06	S23				SM
	312	Diogo Ferreira	S L BENFICA	1990-07-30	S23				DNS

**Classf / Dorsal / Atleta SERIES** 3,05 3,25 3,40 3,55 3,70 3,85 4,00 4,15 4,30 4,45 4,60 4,70 4,80  
4,90 5,00 5,10 5,20 5,30 5,40

1 78 Pedro Buaró --- --- --- --- --- --- --- --- --- --- --- --- xxo ---  
xo --- --- xxx

2 242 Gonçalo Uva --- --- --- --- --- --- --- --- xo o xxx

3 6 Gilberto Carvalho --- --- --- --- --- o o xo xxx

4 30 Gonçalo Lopes --- --- --- --- xo o o xo xxx

5 265 Ronaldo Pitra o o xo xo xxx

325 Bruno Spinelli --- --- --- --- --- --- --- --- --- --- --- --- ---

--- --- --- xxx

249 Carlos Pitra --- --- --- --- --- --- --- --- --- --- --- --- ---



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Clube Participantes		Participações			Nr.Atletas		
		F	M	T	F	M	T
PPEA	PPEA	1		1	1	1	
RSA	RSAFRICA		1	1	1	1	
=	=						
<u>ASSOCIACAO ATLETISMO LEIRIA</u>					Federado		
IND-L	Individual-Leiria	1	1		1	1	
<u>BRAZIL</u>		<u>BRAZIL</u>					
<u>00</u>							
BRA	BRASIL	2	2		1	1	
<u>GREECE</u>		<u>GREECE</u>					
GRE	GRECIA	1	1		1	1	
<u>PERU</u>		<u>PERU</u>					
PER	PERÚ	1	1		1	1	
<u>PORTUGAL</u>		<u>PORTUGAL</u>					
<u>ASSOCIACAO ATLETISMO LISBOA</u>					Federado		
AAM	ASS AMIGOS ATL MAFRA	1	1	2	1	1	2
ADNO	A D NUCLEOEIRAS		1	1		1	1
AFS	FUNDAÇÃO SALESIANOS	1	2	3	1	2	3
AJPINA	ASS JORGE PINA		5	5		3	3
CFB	C F OS BELENENSES	3	4	7	3	3	6
CLX	ASS CORRER LISBOA		2	2		2	2
COL	C ORIENTAL DE LISBOA		1	1		1	1
GDSD	G D S DOMINGOS	1		1	1		1
IND-LX	Individual-Lisboa	1	1	2	1	1	2
JOMA	J O MONTE ABRAÃO	5	13	18	5	9	14
MCP	MARATONA C P	3	1	4	3	1	4
NLUZ	A DESP NOVAS LUZES	1	8	9	1	8	9
NSL	N SPORTING LOURINHÃ		1	1		1	1
RUNTEJO	ASSOCIAÇÃO RUN TEJO	1		1	1		1
SCP	SPORTING C P	56	66	122	50	59	109
SCRD	S C REBOLEIRA DAMAIA	1		1	1		1
SCUT	S C UNIÃO TORREENSE	1	1	2	1	1	2
SFRAA	S F R A AMADORA		1	1		1	1
SLB	S L BENFICA	41	63	104	37	55	92
UAP	U A POVOENSE		1	1		1	1
<u>ASSOCIACAO ATLETISMO SANTAREM</u>					Federado		
AEAC	A ESC ATLET CARTAXO	1		1	1		1
CNRM	C N DE RIO MAIOR	1		1	1		1
CPA-S	CASA POVO ALCANENA	2		2	2		2
GAF	G ATLETISMO FÁTIMA	6		6	6		6
<u>ASSOCIACAO ATLETISMO LEIRIA</u>					Federado		
CAMG	C A MARINHA GRANDE		1	1		1	1
JV	JUV VIDIGALENSE	9	8	17	9	8	17
NDA	NÚCLEO DESP ANSIÃO		1	1		1	1
<u>ASSOCIACAO ATLETISMO SETUBAL</u>					Federado		
AASX	A ATLETISMO SEIXAL		2	2		1	1
CABB	C A BAIXA BANHEIRA		1	1		1	1
CDRR	C D R RIBEIRINHO	5		5	4		4
CPC	CASA POVO CORROIOS	1		1	1		1
CPPEA	CLUBE PEDRO PESSOA	2		2	2		2





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GDC	G DESP CAVADAS		3	3		2	2
NDJL-ST	N D JUV LARANJEIRO	1		1	1	1	1
VFC	VITÓRIA F C	3		3	3	3	3
<b><u>ASSOCIACAO ATLETISMO COIMBRA</u></b>							Federado
ARC-EAC	A R CASAENSE - EAC		1	1		1	1
CPTSC	C P T SOBRAL CEIRA		3	3		3	3
GS	GIRA SOL	1	3	4	1	2	3
UCE	UNIÃO CLUBE EIRENSE	4		4	3		3
<b><u>ASSOCIACAO ATLETISMO AVEIRO</u></b>							Federado
ACRVC	A C R VALE DE CAMBRA		1	1		1	1
CCSJM	C S S JOÃO MADEIRA		1	1		1	1
GRDA	Desportivo de Águeda	1		1	1		1
GRECAS	GRECAS - VAGOS	3	4	7	3	4	7
NAC	N A DE CUCUJÃES		5	5		4	4
RDA	RECREIO DESP ÁGUEDA	1		1	1		1
<b><u>ASSOCIACAO ATLETISMO PORTO</u></b>							Federado
ACPV	A C PÓVOA DE VARZIM		1	1		1	1
CDSSC	C D S SALVADOR CAMPO		1	1		1	1
ESCMOV	ESCOLA DO MOVIMENTO		2	2		2	2
LAVRA	C DESP C+S LAVRA	1		1	1		1
MAC	MAIA A C	4	6	10	4	6	10
<b><u>ASSOCIACAO ATLETISMO BRAGA</u></b>							Federado
NATAIPASN	ATLETISMO TAIPAS		1	1		1	1
SCB	S CLUBE DE BRAGA	1	6	7	1	6	7
VTSC	VITÓRIA S C	1	3	4	1	2	3
<b><u>ASSOCIACAO ATLETISMO BRAGANÇA</u></b>							Federado
GCB	G C BRAGANÇA		1	1		1	1
<b><u>ASSOCIACAO ATLETISMO GUARDA</u></b>							Federado
ACRS	A C R SRA DESTERRO	1	1	2	1	1	2
CAS	C ATLETISMO DE SEIA		2	2		2	2
<b><u>ASSOCIACAO ATLETISMO ALGARVE</u></b>							Federado
ADRAL	ROYAL AXN LAGOS		2	2		2	2
CASJ	C D AREIAS S. JOÃO	1	4	5	1	3	4
CBF	CASA BENFICA FARO		4	4		4	4
COP	C ORIENTAL PECHÃO	4		4	3		3
<b><u>ASSOCIACAO DESPORTOS MADEIRA</u></b>							Federado
ADRAP	A D R ÁGUA DE PENA	2	1	3	2	1	3
AJS	A C D JARDIM SERRA	2	3	5	2	3	5
CSM	C S MARÍTIMO	1		1	1		1
GDE	G DESP ESTREITO		4	4		4	4

<b>Totais de participações</b>	<b>176</b>	<b>163</b>				
<b>individuais + estafetas</b>	<b>254</b>	<b>225</b>	<b>430</b>	<b>388</b>		

Participação por Escalão	Participações			Nr.Atletas		
	F	M	T	F	M	T
Benjamins - A	1	1	2	1	1	2
Benjamins - B	4	2	6	4	2	6
Infantis	6	2	8	6	2	8
Iniciados	10	10	20	9	10	19
Juvenis	34	17	51	31	15	46
Juniores	45	46	91	40	42	82
Sub23	25	66	91	25	59	84
Seniores	44	99	143	40	85	125
Veteranos M35	5	6	11	5	5	10



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Participação por Escalão	Participações			Nr.Atletas		
	F	M	T	F	M	T
Veteranos M40		4	4	3	3	
Veteranos M45	2	1	3	2	1	3
<b>Totais de participações individuais + estafetas</b>	<b>176</b>	<b>254</b>	<b>430</b>	<b>163</b>	<b>225</b>	<b>388</b>

**Legendagem de Observações Codificadas**

DNF Desistiu  
DNS Faltou  
SM Sem Marca