



sábado, 16 de fevereiro de 2019

**Comunicado de Resultados 1912015****60 Metros Planos****(Masc)****Serie 1**

				Vento:	
1 <sup>o</sup>	70 <b>Tiago Francisco</b>	C DESP UNIV LISBOA	2009-04-10	<b>Ben-B</b>	<b>9,48</b> 207,0
2 <sup>o</sup>	1432 <b>Nuno Paitio</b>	G D S DOMINGOS	2007-08-08	<b>Inf</b>	<b>9,78</b> 154,0
3 <sup>o</sup>	2384 <b>António Aleixo</b>	SPORTING C P	2007-06-28	<b>Inf</b>	<b>9,79</b> 153,0
4 <sup>o</sup>	1434 <b>Pedro Sousa</b>	G D S DOMINGOS	2006-11-11	<b>Inf</b>	<b>1 2,21</b>
	657 <b>Guilherme Fernandes</b>	SPORTING C P	2007-09-20	<b>Inf</b>	DNS

**Serie 2**

				Vento:	
1 <sup>o</sup>	1900 <b>Nélson Morgado</b>	G D S DOMINGOS	2006-05-20	<b>Inf</b>	<b>9,73</b> 163,0
2 <sup>o</sup>	609 <b>Diogo Lontro</b>	SPORTING C P	2007-05-07	<b>Inf</b>	<b>9,89</b> 137,0
3 <sup>o</sup>	862 <b>Vasco Gregório</b>	SPORTING C P	2007-03-01	<b>Inf</b>	<b>1 0,35</b> 74,0
4 <sup>o</sup>	557 <b>Bruno Lima</b>	SPORTING C P	2007-08-29	<b>Inf</b>	<b>1 0,51</b> 56,0
5 <sup>o</sup>	1435 <b>Rúben Fernandes</b>	G D S DOMINGOS	2006-08-25	<b>Inf</b>	<b>1 1,34</b> 2,0

**Serie 3**

				Vento:	
1 <sup>o</sup>	2242 <b>Rodrigo Viegas</b>	SPORTING C P	2006-01-08	<b>Inf</b>	<b>9,39</b> 224,0
2 <sup>o</sup>	2376 <b>Lourenço Pires</b>	SPORTING C P	2006-10-31	<b>Inf</b>	<b>9,80</b> 151,0
3 <sup>o</sup>	1657 <b>Guilherme Pombinho</b>	SPORTING C P	2007-05-08	<b>Inf</b>	<b>1 1,04</b> 14,0
	1995 <b>Filipe Marques</b>	SPORTING C P	2006-03-20	<b>Inf</b>	DNS
	689 <b>John Reis</b>	SPORTING C P	2006-09-21	<b>Inf</b>	DNS

**Serie 4**

				Vento:	
1 <sup>o</sup>	607 <b>Dinis Morgado</b>	SPORTING C P	2006-07-31	<b>Inf</b>	<b>8,19</b> 506,0
2 <sup>o</sup>	2382 <b>Salvador Soares</b>	SPORTING C P	2006-04-30	<b>Inf</b>	<b>9,44</b> 214,0
3 <sup>o</sup>	520 <b>Afonso Henriques</b>	SPORTING C P	2006-04-08	<b>Inf</b>	<b>9,50</b> 203,0
4 <sup>o</sup>	2372 <b>Duarte Pereira</b>	SPORTING C P	2006-06-07	<b>Inf</b>	<b>1 0,17</b> 97,0
5 <sup>o</sup>	521 <b>Afonso Barão</b>	SPORTING C P	2006-03-31	<b>Inf</b>	<b>1 0,65</b> 43,0

**Serie 5**

				Vento:	
1 <sup>o</sup>	977 <b>Francisco Lopes</b>	SPORTING C P	2006-01-03	<b>Inf</b>	<b>9,16</b> 270,0
2 <sup>o</sup>	799 <b>Pedro Horta</b>	SPORTING C P	2007-03-04	<b>Inf</b>	<b>9,41</b> 220,0
3 <sup>o</sup>	629 <b>Enzo Loureiro</b>	SPORTING C P	2007-02-24	<b>Inf</b>	<b>9,46</b> 210,0
	800 <b>Pedro Moreira</b>	SPORTING C P	2005-09-08	<b>Ini</b>	DNS
	2221 <b>Tomás Mouquinho</b>	SPORTING C P	2007-11-20	<b>Inf</b>	DNS
	2002 <b>Vicente Loureiro</b>	SPORTING C P	2007-11-09	<b>Inf</b>	DNS

**60 Metros Planos****(Fem)****Serie 1**

				Vento:	
1 <sup>a</sup>	780 <b>Miriam Pinho</b>	SPORTING C P	2007-08-02	<b>Inf</b>	<b>9,14</b> 531,0
2 <sup>a</sup>	139 <b>Bruna Carvalho</b>	S L BENFICA	ANG 2006-01-01	<b>Inf</b>	<b>9,28</b> 496,0
3 <sup>a</sup>	384 <b>Laura Correia</b>	C BENFICA T VEDRAS	2006-06-12	<b>Inf</b>	<b>9,77</b> 384,0
4 <sup>a</sup>	74 <b>Erica Dias</b>	C DESP UNIV LISBOA	2007-06-18	<b>Inf</b>	<b>9,86</b> 365,0
5 <sup>a</sup>	51 <b>Cristina Ramalho</b>	C DESP UNIV LISBOA	2008-08-14	<b>Ben-B</b>	<b>1 0,73</b> 203,0



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**Comunicado de Resultados 1912015****60 Metros Planos****(Fem)****Serie 2**

				Vento:	
1 <sup>a</sup>	376 Margarida Parreira	C BENFICA T VEDRAS	2006-08-08	Inf	8,81 616,0
2 <sup>a</sup>	1010 Catarina Gonçalves	S L BENFICA	2006-08-13	Inf	8,84 608,0
3 <sup>a</sup>	924 Eduarda Amojó	J O MONTE ABRAÃO	2006-11-11	Inf	8,95 579,0
4 <sup>a</sup>	57 Inês Francisco	C DESP UNIV LISBOA	2007-03-27	Inf	9,40 468,0
5 <sup>a</sup>	685 Joana Pires	SPORTING C P	2007-05-17	Inf	1 0,92 173,0

**Serie 3**

				Vento:	
1 <sup>a</sup>	413 Margarida Carmo	C BENFICA T VEDRAS	2007-07-01	Inf	9,44 458,0
2 <sup>a</sup>	61 Mariana Sousa	C DESP UNIV LISBOA	2006-07-31	Inf	9,84 369,0
3 <sup>a</sup>	676 Inês Brito	SPORTING C P	2007-04-15	Inf	9,93 350,0
4 <sup>a</sup>	867 Vitória Falcão	SPORTING C P	2006-02-23	Inf	1 0,05 326,0
5 <sup>a</sup>	1966 Beatriz Fernandes	G D S DOMINGOS	2008-01-22	Ben-B	1 1,15 140,0
	741 Margarida Santos	SPORTING C P	2006-04-10	Inf	

DNS

**Serie 4**

				Vento:	
1 <sup>a</sup>	1964 Adimizia Andrade	G D S DOMINGOS	2007-04-04	Inf	8,80 618,0
2 <sup>a</sup>	2377 Lúcia Alves	SPORTING C P	2006-08-11	Inf	9,05 553,0
3 <sup>a</sup>	67 Sara Costa	C DESP UNIV LISBOA	2007-07-07	Inf	9,47 451,0
4 <sup>a</sup>	1429 Mariana Costa	G D S DOMINGOS	2007-07-03	Inf	9,51 442,0
5 <sup>a</sup>	55 Francisca Pereira	C DESP UNIV LISBOA	2007-03-26	Inf	9,84 369,0
6 <sup>a</sup>	2193 Matilde Sousa	SPORTING C P	2006-05-20	Inf	9,88 361,0

**Serie 5**

				Vento:	
1 <sup>a</sup>	762 Marta Ribeiro Alves	SPORTING C P	2006-01-04	Inf	8,31 755,0
2 <sup>a</sup>	747 Carmo Sousa	SPORTING C P	2007-05-11	Inf	9,61 419,0
3 <sup>a</sup>	814 Rita Vagos	SPORTING C P	2006-11-24	Inf	9,65 411,0
4 <sup>a</sup>	850 Teresa Delfino	SPORTING C P	2007-07-16	Inf	9,73 393,0
5 <sup>a</sup>	1410 Carolina Braga	G D S DOMINGOS	2008-01-14	Ben-B	9,91 355,0
6 <sup>a</sup>	83 Leonor Messias	C DESP UNIV LISBOA	2007-12-28	Inf	1 1,85 59,0

**Serie 6**

				Vento:	
1 <sup>a</sup>	1925 Maria Poppe	SPORTING C P	2006-03-21	Inf	9,47 451,0
2 <sup>a</sup>	733 Madalena Marques	SPORTING C P	2006-04-06	Inf	9,87 363,0
3 <sup>a</sup>	1426 Leandra José	G D S DOMINGOS	2008-07-07	Ben-B	1 0,13 310,0
4 <sup>a</sup>	1416 Flávia Rocha	G D S DOMINGOS	2009-03-22	Ben-B	1 0,78 195,0
	2374 Leonor Ferreira	SPORTING C P	2006-01-23	Inf	
	1839 Clara Morais	SPORTING C P	2006-02-02	Inf	

DNS

DNS

**Salto em Comprimento****(Masc)**



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1 <sup>o</sup>	607 <b>Dinis Morgado</b>	SPORTING C P	2006-07-31	<b>Inf</b>	<b>4,62</b>	312,0
2 <sup>o</sup>	977 <b>Francisco Lopes</b>	SPORTING C P	2006-01-03	<b>Inf</b>	<b>3,99</b>	204,0
3 <sup>o</sup>	520 <b>Afonso Henriques</b>	SPORTING C P	2006-04-08	<b>Inf</b>	<b>3,93</b>	195,0
4 <sup>o</sup>	799 <b>Pedro Horta</b>	SPORTING C P	2007-03-04	<b>Inf</b>	<b>3,88</b>	187,0
5 <sup>o</sup>	70 <b>Tiago Francisco</b>	C DESP UNIV LISBOA	2009-04-10	<b>Ben-B</b>	<b>3,66</b>	153,0
6 <sup>o</sup>	2382 <b>Salvador Soares</b>	SPORTING C P	2006-04-30	<b>Inf</b>	<b>3,62</b>	147,0
7 <sup>o</sup>	2376 <b>Lourenço Pires</b>	SPORTING C P	2006-10-31	<b>Inf</b>	<b>3,59</b>	143,0
8 <sup>o</sup>	1432 <b>Nuno Paitio</b>	G D S DOMINGOS	2007-08-08	<b>Inf</b>	<b>3,58</b>	142,0
9 <sup>o</sup>	1900 <b>Nélson Morgado</b>	G D S DOMINGOS	2006-05-20	<b>Inf</b>	<b>3,53</b>	135,0
10 <sup>o</sup>	2242 <b>Rodrigo Viegas</b>	SPORTING C P	2006-01-08	<b>Inf</b>	<b>3,52</b>	133,0
11 <sup>o</sup>	609 <b>Diogo Lontro</b>	SPORTING C P	2007-05-07	<b>Inf</b>	<b>3,41</b>	118,0
12 <sup>o</sup>	2384 <b>António Aleixo</b>	SPORTING C P	2007-06-28	<b>Inf</b>	<b>3,28</b>	100,0
13 <sup>o</sup>	629 <b>Enzo Loureiro</b>	SPORTING C P	2007-02-24	<b>Inf</b>	<b>3,28</b>	100,0
14 <sup>o</sup>	862 <b>Vasco Gregório</b>	SPORTING C P	2007-03-01	<b>Inf</b>	<b>3,07</b>	74,0
15 <sup>o</sup>	2372 <b>Duarte Pereira</b>	SPORTING C P	2006-06-07	<b>Inf</b>	<b>3,05</b>	72,0
16 <sup>o</sup>	557 <b>Bruno Lima</b>	SPORTING C P	2007-08-29	<b>Inf</b>	<b>2,99</b>	65,0
17 <sup>o</sup>	521 <b>Afonso Barão</b>	SPORTING C P	2006-03-31	<b>Inf</b>	<b>2,97</b>	62,0
18 <sup>o</sup>	1435 <b>Rúben Fernandes</b>	G D S DOMINGOS	2006-08-25	<b>Inf</b>	<b>2,71</b>	35,0
19 <sup>o</sup>	1434 <b>Pedro Sousa</b>	G D S DOMINGOS	2006-11-11	<b>Inf</b>	<b>2,68</b>	32,0
20 <sup>o</sup>	1657 <b>Guilherme Pombinho</b>	SPORTING C P	2007-05-08	<b>Inf</b>	<b>2,68</b>	32,0



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**Comunicado de Resultados 1912015****Salto em Comprimento****(Masc)****Final 1**

<b>Classf / Dorsal / Atleta</b>	<b>Series</b>	<b>- 1 -</b>	<b>- 2 -</b>	<b>- 3 -</b>
607 Dinis Morgado		4,62	x	4,51
2 977 Francisco Lopes		3,99	3,77	3,74
3 520 Afonso Henriques		3,93	3,56	x
4 799 Pedro Horta		3,78	3,88	3,70
5 70 Tiago Francisco		3,66	3,37	3,62
6 2382 Salvador Soares		3,42	3,62	3,59
7 2376 Lourenço Pires		3,45	3,45	3,59
8 1432 Nuno Paitio		3,06	3,55	3,58
9 1900 Néelson Morgado		3,22	3,11	3,53
10 2242 Rodrigo Viegas		3,08	2,97	3,52
11 609 Diogo Lontro		3,27	3,41	3,36
12 2384 António Aleixo		2,98	3,28	2,99
13 629 Enzo Loureiro		3,28	3,18	3,06
14 862 Vasco Gregório		3,04	3,07	2,99
15 2372 Duarte Pereira		2,90	3,05	2,98
16 557 Bruno Lima		2,84	2,65	2,99
17 521 Afonso Barão		2,97	2,58	x
18 1435 Rúben Fernandes		2,39	2,71	2,47
19 1434 Pedro Sousa		2,48	2,68	2,56
20 1657 Guilherme Pombinho		2,48	2,68	x

**Lançamento Peso-2Kg****(Fem)**



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**Comunicado de Resultados 1912015****Lançamento Peso-2Kg****(Fem)****Final 1**

1 <sup>a</sup>	762 <b>Marta Ribeiro Alves</b>	SPORTING C P	2006-01-04	<b>Inf</b>	<b>9,34</b>	486,0
2 <sup>a</sup>	924 <b>Eduarda Amojó</b>	J O MONTE ABRAÃO	2006-11-11	<b>Inf</b>	<b>8,24</b>	415,0
3 <sup>a</sup>	1010 <b>Catarina Gonçalves</b>	S L BENFICA	2006-08-13	<b>Inf</b>	<b>8,20</b>	412,0
4 <sup>a</sup>	1429 <b>Mariana Costa</b>	G D S DOMINGOS	2007-07-03	<b>Inf</b>	<b>7,52</b>	368,0
5 <sup>a</sup>	139 <b>Bruna Carvalho</b>	S L BENFICA ANG	2006-01-01	<b>Inf</b>	<b>7,18</b>	347,0
6 <sup>a</sup>	1964 <b>Adimizia Andrade</b>	G D S DOMINGOS	2007-04-04	<b>Inf</b>	<b>6,94</b>	331,0
7 <sup>a</sup>	676 <b>Inês Brito</b>	SPORTING C P	2007-04-15	<b>Inf</b>	<b>6,82</b>	324,0
8 <sup>a</sup>	376 <b>Margarida Parreira</b>	C BENFICA T VEDRAS	2006-08-08	<b>Inf</b>	<b>6,81</b>	323,0
9 <sup>a</sup>	2377 <b>Lúcia Alves</b>	SPORTING C P	2006-08-11	<b>Inf</b>	<b>6,72</b>	317,0
10 <sup>a</sup>	814 <b>Rita Vagos</b>	SPORTING C P	2006-11-24	<b>Inf</b>	<b>6,47</b>	301,0
11 <sup>a</sup>	780 <b>Miriam Pinho</b>	SPORTING C P	2007-08-02	<b>Inf</b>	<b>6,36</b>	294,0
12 <sup>a</sup>	413 <b>Margarida Carmo</b>	C BENFICA T VEDRAS	2007-07-01	<b>Inf</b>	<b>6,30</b>	290,0
13 <sup>a</sup>	867 <b>Vitória Falcão</b>	SPORTING C P	2006-02-23	<b>Inf</b>	<b>6,19</b>	283,0
14 <sup>a</sup>	61 <b>Mariana Sousa</b>	C DESP UNIV LISBOA	2006-07-31	<b>Inf</b>	<b>6,17</b>	282,0
15 <sup>a</sup>	67 <b>Sara Costa</b>	C DESP UNIV LISBOA	2007-07-07	<b>Inf</b>	<b>5,91</b>	266,0
16 <sup>a</sup>	57 <b>Inês Francisco</b>	C DESP UNIV LISBOA	2007-03-27	<b>Inf</b>	<b>5,66</b>	250,0
17 <sup>a</sup>	55 <b>Francisca Pereira</b>	C DESP UNIV LISBOA	2007-03-26	<b>Inf</b>	<b>5,48</b>	238,0
18 <sup>a</sup>	1925 <b>Maria Poppe</b>	SPORTING C P	2006-03-21	<b>Inf</b>	<b>5,46</b>	237,0
19 <sup>a</sup>	1966 <b>Beatriz Fernandes</b>	G D S DOMINGOS	2008-01-22	<b>Ben-B</b>	<b>5,39</b>	233,0
20 <sup>a</sup>	384 <b>Laura Correia</b>	C BENFICA T VEDRAS	2006-06-12	<b>Inf</b>	<b>5,14</b>	217,0
21 <sup>a</sup>	1410 <b>Carolina Braga</b>	G D S DOMINGOS	2008-01-14	<b>Ben-B</b>	<b>5,13</b>	216,0
22 <sup>a</sup>	2193 <b>Matilde Sousa</b>	SPORTING C P	2006-05-20	<b>Inf</b>	<b>5,05</b>	211,0
23 <sup>a</sup>	850 <b>Teresa Delfino</b>	SPORTING C P	2007-07-16	<b>Inf</b>	<b>5,04</b>	211,0
24 <sup>a</sup>	747 <b>Carmo Sousa</b>	SPORTING C P	2007-05-11	<b>Inf</b>	<b>4,88</b>	201,0
25 <sup>a</sup>	685 <b>Joana Pires</b>	SPORTING C P	2007-05-17	<b>Inf</b>	<b>4,76</b>	193,0
26 <sup>a</sup>	1426 <b>Leandra José</b>	G D S DOMINGOS	2008-07-07	<b>Ben-B</b>	<b>4,74</b>	192,0
27 <sup>a</sup>	733 <b>Madalena Marques</b>	SPORTING C P	2006-04-06	<b>Inf</b>	<b>4,53</b>	179,0
28 <sup>a</sup>	74 <b>Erica Dias</b>	C DESP UNIV LISBOA	2007-06-18	<b>Inf</b>	<b>4,47</b>	175,0
29 <sup>a</sup>	83 <b>Leonor Messias</b>	C DESP UNIV LISBOA	2007-12-28	<b>Inf</b>	<b>4,25</b>	162,0
30 <sup>a</sup>	1416 <b>Flávia Rocha</b>	G D S DOMINGOS	2009-03-22	<b>Ben-B</b>	<b>3,74</b>	130,0
31 <sup>a</sup>	51 <b>Cristina Ramalho</b>	C DESP UNIV LISBOA	2008-08-14	<b>Ben-B</b>	<b>3,20</b>	97,0



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**Comunicado de Resultados 1912015****Lançamento Peso-2Kg****(Fem)****Final 1**

<b>Classf / Dorsal / Atleta</b>	<b>Series</b>	<b>- 1 -</b>	<b>- 2 -</b>	<b>- 3 -</b>
1 762 Marta Ribeiro Alves		9,21	8,34	9,34
2 924 Eduarda Amojo		7,82	8,24	6,77
3 1010 Catarina Gonçalves		8,20	x	5,97
4 1429 Mariana Costa		6,25	6,71	7,52
5 139 Bruna Carvalho		6,92	7,18	5,95
6 1964 Adimizia Andrade		5,43	6,13	6,94
7 676 Inês Brito		6,13	5,84	6,82
8 376 Margarida Parreira		6,64	6,81	6,70
9 2377 Lúcia Alves		6,72	6,47	6,47
10 814 Rita Vagos		6,19	6,47	5,90
11 780 Miriam Pinho		5,05	5,92	6,36
12 413 Margarida Carmo		6,30	5,79	6,07
13 867 Vitória Falcão		6,19	5,62	6,04
14 61 Mariana Sousa		5,99	6,08	6,17
15 67 Sara Costa		5,91	5,27	4,93
16 57 Inês Francisco		5,03	5,35	5,66
17 55 Francisca Pereira		5,28	5,48	5,33
18 1925 Maria Poppe		4,13	5,46	4,34
19 1966 Beatriz Fernandes		5,39	4,82	4,98
20 384 Laura Correia		x	5,14	5,10
21 1410 Carolina Braga		5,13	5,06	4,99
22 2193 Matilde Sousa		2,95	5,01	5,05
23 850 Teresa Delfino		4,92	4,69	5,04
24 747 Carmo Sousa		4,65	4,88	4,63
25 685 Joana Pires		x	4,63	4,76
26 1426 Leandra José		4,18	4,27	4,74
27 733 Madalena Marques		3,58	4,53	3,93
28 74 Erica Dias		3,73	x	4,47
29 83 Leonor Messias		4,25	4,13	x
30 1416 Flávia Rocha		2,82	3,28	3,74
31 51 Cristina Ramalho		3,03	2,82	3,20

**Salto em Comprimento****(Fem)**



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**Comunicado de Resultados 1912015****Salto em Comprimento****(Fem)****Final 4**

1 <sup>a</sup>	762 <b>Marta Ribeiro Alves</b>	SPORTING C P	2006-01-04	<b>Inf</b>	<b>4,49</b>	426,0
2 <sup>a</sup>	139 <b>Bruna Carvalho</b>	S L BENFICA	ANG 2006-01-01	<b>Inf</b>	<b>4,19</b>	352,0
3 <sup>a</sup>	924 <b>Eduarda Amojó</b>	J O MONTE ABRAÃO	2006-11-11	<b>Inf</b>	<b>4,18</b>	350,0
4 <sup>a</sup>	1964 <b>Adimizia Andrade</b>	G D S DOMINGOS	2007-04-04	<b>Inf</b>	<b>4,09</b>	329,0
5 <sup>a</sup>	814 <b>Rita Vagos</b>	SPORTING C P	2006-11-24	<b>Inf</b>	<b>4,07</b>	324,0
6 <sup>a</sup>	1010 <b>Catarina Gonçalves</b>	S L BENFICA	2006-08-13	<b>Inf</b>	<b>4,07</b>	324,0
7 <sup>a</sup>	780 <b>Miriam Pinho</b>	SPORTING C P	2007-08-02	<b>Inf</b>	<b>3,93</b>	292,0
8 <sup>a</sup>	57 <b>Inês Francisco</b>	C DESP UNIV LISBOA	2007-03-27	<b>Inf</b>	<b>3,84</b>	272,0
9 <sup>a</sup>	413 <b>Margarida Carmo</b>	C BENFICA T VEDRAS	2007-07-01	<b>Inf</b>	<b>3,80</b>	263,0
10 <sup>a</sup>	747 <b>Carmo Sousa</b>	SPORTING C P	2007-05-11	<b>Inf</b>	<b>3,70</b>	242,0
11 <sup>a</sup>	1429 <b>Mariana Costa</b>	G D S DOMINGOS	2007-07-03	<b>Inf</b>	<b>3,66</b>	233,0
12 <sup>a</sup>	850 <b>Teresa Delfino</b>	SPORTING C P	2007-07-16	<b>Inf</b>	<b>3,60</b>	220,0
13 <sup>a</sup>	2377 <b>Lúcia Alves</b>	SPORTING C P	2006-08-11	<b>Inf</b>	<b>3,58</b>	216,0
14 <sup>a</sup>	1925 <b>Maria Poppe</b>	SPORTING C P	2006-03-21	<b>Inf</b>	<b>3,55</b>	210,0
15 <sup>a</sup>	61 <b>Mariana Sousa</b>	C DESP UNIV LISBOA	2006-07-31	<b>Inf</b>	<b>3,51</b>	202,0
16 <sup>a</sup>	55 <b>Francisca Pereira</b>	C DESP UNIV LISBOA	2007-03-26	<b>Inf</b>	<b>3,51</b>	202,0
17 <sup>a</sup>	67 <b>Sara Costa</b>	C DESP UNIV LISBOA	2007-07-07	<b>Inf</b>	<b>3,42</b>	184,0
18 <sup>a</sup>	676 <b>Inês Brito</b>	SPORTING C P	2007-04-15	<b>Inf</b>	<b>3,36</b>	172,0
19 <sup>a</sup>	733 <b>Madalena Marques</b>	SPORTING C P	2006-04-06	<b>Inf</b>	<b>3,25</b>	151,0
20 <sup>a</sup>	51 <b>Cristina Ramalho</b>	C DESP UNIV LISBOA	2008-08-14	<b>Ben-B</b>	<b>3,23</b>	148,0
21 <sup>a</sup>	376 <b>Margarida Parreira</b>	C BENFICA T VEDRAS	2006-08-08	<b>Inf</b>	<b>3,21</b>	144,0
22 <sup>a</sup>	1426 <b>Leandra José</b>	G D S DOMINGOS	2008-07-07	<b>Ben-B</b>	<b>3,14</b>	131,0
23 <sup>a</sup>	384 <b>Laura Correia</b>	C BENFICA T VEDRAS	2006-06-12	<b>Inf</b>	<b>3,13</b>	130,0
24 <sup>a</sup>	2193 <b>Matilde Sousa</b>	SPORTING C P	2006-05-20	<b>Inf</b>	<b>3,13</b>	130,0
25 <sup>a</sup>	1416 <b>Flávia Rocha</b>	G D S DOMINGOS	2009-03-22	<b>Ben-B</b>	<b>3,06</b>	117,0
26 <sup>a</sup>	74 <b>Érica Dias</b>	C DESP UNIV LISBOA	2007-06-18	<b>Inf</b>	<b>3,06</b>	117,0
27 <sup>a</sup>	1966 <b>Beatriz Fernandes</b>	G D S DOMINGOS	2008-01-22	<b>Ben-B</b>	<b>3,04</b>	114,0
28 <sup>a</sup>	867 <b>Vitória Falcão</b>	SPORTING C P	2006-02-23	<b>Inf</b>	<b>2,91</b>	92,0
29 <sup>a</sup>	685 <b>Joana Pires</b>	SPORTING C P	2007-05-17	<b>Inf</b>	<b>2,80</b>	75,0
30 <sup>a</sup>	1410 <b>Carolina Braga</b>	G D S DOMINGOS	2008-01-14	<b>Ben-B</b>	<b>2,70</b>	60,0
31 <sup>a</sup>	83 <b>Leonor Messias</b>	C DESP UNIV LISBOA	2007-12-28	<b>Inf</b>	<b>2,31</b>	13,0



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**Comunicado de Resultados 1912015****Salto em Comprimento****(Fem)****Final 4**

<b>Classf / Dorsal / Atleta</b>	<b>Series</b>	<b>- 1 -</b>	<b>- 2 -</b>	<b>- 3 -</b>
1 762 Marta Ribeiro Alves		4,16	4,12	4,49
2 139 Bruna Carvalho		3,91	4,19	4,10
3 924 Eduarda Amojó		4,10	x	4,18
4 1964 Adimizia Andrade		4,08	4,09	3,68
5 814 Rita Vagos		4,07	x	3,85
6 1010 Catarina Gonçalves		4,02	3,93	4,07
7 780 Miriam Pinho		3,93	3,82	3,80
8 57 Inês Francisco		3,55	3,84	3,78
9 413 Margarida Carmo		3,66	3,80	3,78
10 747 Carmo Sousa		3,70	3,54	3,61
11 1429 Mariana Costa		3,47	3,66	3,64
12 850 Teresa Delfino		3,60	3,42	3,37
13 2377 Lúcia Alves		x	3,58	3,55
14 1925 Maria Poppe		3,51	3,55	3,51
15 61 Mariana Sousa		3,18	3,51	3,43
16 55 Francisca Pereira		3,39	3,51	3,13
17 67 Sara Costa		3,16	3,26	3,42
18 676 Inês Brito		3,32	3,13	3,36
19 733 Madalena Marques		3,25	2,96	3,15
20 51 Cristina Ramalho		3,22	3,23	3,16
21 376 Margarida Parreira		3,21	3,03	3,04
22 1426 Leandra José		3,14	3,00	x
23 384 Laura Correia		3,13	3,06	2,81
24 2193 Matilde Sousa		2,97	3,13	3,03
25 1416 Flávia Rocha		3,06	2,38	2,95
26 74 Erica Dias		2,24	3,06	2,97
27 1966 Beatriz Fernandes		x	2,26	3,04
28 867 Vitória Falcão		2,87	2,91	2,91
29 685 Joana Pires		2,80	2,78	2,52
30 1410 Carolina Braga		2,70	2,60	1,70
31 83 Leonor Messias		2,31	2,28	1,98

**Lançamento Peso-3Kg****(Masc)**





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**Comunicado de Resultados 1912015****Lançamento Peso-3Kg****(Masc)****Final 1**

1 <sup>o</sup>	607 <b>Dinis Morgado</b>	SPORTING C P	2006-07-31	<b>Inf</b>	<b>7,93</b>	362,0
2 <sup>o</sup>	2382 <b>Salvador Soares</b>	SPORTING C P	2006-04-30	<b>Inf</b>	<b>7,21</b>	320,0
3 <sup>o</sup>	629 <b>Enzo Loureiro</b>	SPORTING C P	2007-02-24	<b>Inf</b>	<b>6,47</b>	276,0
4 <sup>o</sup>	520 <b>Afonso Henriques</b>	SPORTING C P	2006-04-08	<b>Inf</b>	<b>5,94</b>	245,0
5 <sup>o</sup>	977 <b>Francisco Lopes</b>	SPORTING C P	2006-01-03	<b>Inf</b>	<b>5,80</b>	237,0
6 <sup>o</sup>	1435 <b>Rúben Fernandes</b>	G D S DOMINGOS	2006-08-25	<b>Inf</b>	<b>5,77</b>	235,0
7 <sup>o</sup>	2242 <b>Rodrigo Viegas</b>	SPORTING C P	2006-01-08	<b>Inf</b>	<b>5,70</b>	231,0
8 <sup>o</sup>	799 <b>Pedro Horta</b>	SPORTING C P	2007-03-04	<b>Inf</b>	<b>5,60</b>	226,0
9 <sup>o</sup>	521 <b>Afonso Barão</b>	SPORTING C P	2006-03-31	<b>Inf</b>	<b>5,51</b>	220,0
10 <sup>o</sup>	2376 <b>Lourenço Pires</b>	SPORTING C P	2006-10-31	<b>Inf</b>	<b>5,24</b>	205,0
11 <sup>o</sup>	609 <b>Diogo Lontro</b>	SPORTING C P	2007-05-07	<b>Inf</b>	<b>4,86</b>	183,0
12 <sup>o</sup>	2384 <b>António Aleixo</b>	SPORTING C P	2007-06-28	<b>Inf</b>	<b>4,76</b>	177,0
13 <sup>o</sup>	70 <b>Tiago Francisco</b>	C DESP UNIV LISBOA	2009-04-10	<b>Ben-B</b>	<b>4,53</b>	164,0
14 <sup>o</sup>	557 <b>Bruno Lima</b>	SPORTING C P	2007-08-29	<b>Inf</b>	<b>4,22</b>	146,0
15 <sup>o</sup>	2372 <b>Duarte Pereira</b>	SPORTING C P	2006-06-07	<b>Inf</b>	<b>4,22</b>	146,0
16 <sup>o</sup>	862 <b>Vasco Gregório</b>	SPORTING C P	2007-03-01	<b>Inf</b>	<b>4,19</b>	145,0
17 <sup>o</sup>	1900 <b>Nélson Morgado</b>	G D S DOMINGOS	2006-05-20	<b>Inf</b>	<b>4,19</b>	145,0
18 <sup>o</sup>	1434 <b>Pedro Sousa</b>	G D S DOMINGOS	2006-11-11	<b>Inf</b>	<b>4,06</b>	137,0
19 <sup>o</sup>	1432 <b>Nuno Paitio</b>	G D S DOMINGOS	2007-08-08	<b>Inf</b>	<b>3,92</b>	129,0
20 <sup>o</sup>	1657 <b>Guilherme Pombinho</b>	SPORTING C P	2007-05-08	<b>Inf</b>	<b>3,91</b>	129,0



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**Comunicado de Resultados 1912015****Lançamento Peso-3Kg****(Masc)****Final 1**

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -
1 607 Dinis Morgado		7,93	7,91	7,57
2 2382 Salvador Soares		6,80	6,76	7,21
3 629 Enzo Loureiro		6,16	6,47	6,08
4 520 Afonso Henriques		5,77	5,92	5,94
5 977 Francisco Lopes		5,80	4,78	5,68
6 1435 Rúben Fernandes		5,62	5,77	5,71
7 2242 Rodrigo Viegas		5,40	5,25	5,70
8 799 Pedro Horta		5,60	5,52	5,48
9 521 Afonso Barão		4,55	4,89	5,51
10 2376 Lourenço Pires		4,99	4,92	5,24
11 609 Diogo Lontro		4,69	x	4,86
12 2384 António Aleixo		4,36	4,76	4,12
13 70 Tiago Francisco		4,08	4,05	4,53
14 557 Bruno Lima		3,93	4,00	4,22
15 2372 Duarte Pereira		3,30	3,12	4,22
16 862 Vasco Gregório		3,95	4,15	4,19
17 1900 Néelson Morgado		2,81	4,19	4,10
18 1434 Pedro Sousa		3,53	4,06	3,75
19 1432 Nuno Paitio		3,92	x	3,89
20 1657 Guilherme Pombinho		3,91	x	3,66

**Salto em Altura****(Fem)****Final 1**

1 <sup>a</sup> 533 Teresa Branco	SPORTING C P	2003-05-01	Juv	1,45	566,0
2 <sup>a</sup> 569 Carla Rodrigues	SPORTING C P	2002-04-12	Juv	1,45	566,0
3 <sup>a</sup> 757 Mariana Ribeiro	SPORTING C P	2003-06-22	Juv	1,40	512,0
4 <sup>a</sup> 538 Andreia Amaro	SPORTING C P	2002-05-18	Juv	1,35	460,0
5 <sup>a</sup> 2035 Francisca Sousa	SPORTING C P	2003-07-13	Juv	1,30	409,0

Classf / Dorsal / Atleta	SERIES	1,20	1,25	1,30	1,35	1,40	1,45	1,50
1 533 Teresa Branco		---	---	0	0	0	XXX	
2 569 Carla Rodrigues		---	---	---	0	0	X0	XXX
3 757 Mariana Ribeiro		---	0	0	0	X0	XXX	
4 538 Andreia Amaro		---	0	0	X0	XXX		
5 2035 Francisca Sousa		0	0	0	XXX			



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**Comunicado de Resultados 1912015****Salto em Comprimento****(Fem)****Final 1**

1 <sup>a</sup>	149 Ana Oliveira	S L BENFICA	2005-06-09	<i>Ini</i>	<b>4,79</b>	503,0	
2 <sup>a</sup>	717 Leonor Filipe Rocha	SPORTING C P	2005-02-09	<i>Ini</i>	<b>4,69</b>	477,0	
3 <sup>a</sup>	138 Rita Quintans	S L BENFICA	2005-01-19	<i>Ini</i>	<b>4,61</b>	456,0	
4 <sup>a</sup>	723 Luana Soares	SPORTING C P	2004-11-10	<i>Ini</i>	<b>4,60</b>	454,0	
5 <sup>a</sup>	1055 Inês Vicente	S L BENFICA	2004-09-23	<i>Ini</i>	<b>4,58</b>	448,0	
6 <sup>a</sup>	718 Leonor Barata	SPORTING C P	2004-01-15	<i>Ini</i>	<b>4,49</b>	426,0	
7 <sup>a</sup>	574 Carolina Almeida	SPORTING C P	2004-09-07	<i>Ini</i>	<b>4,42</b>	408,0	
8 <sup>a</sup>	158 Helena Pato	S L BENFICA	2005-05-02	<i>Ini</i>	<b>4,40</b>	403,0	
9 <sup>a</sup>	605 Diana Sousa	SPORTING C P	2005-07-04	<i>Ini</i>	<b>4,36</b>	393,0	
10 <sup>a</sup>	753 Mariana Araújo	SPORTING C P	2005-12-21	<i>Ini</i>	<b>4,33</b>	386,0	
11 <sup>a</sup>	163 Mafalda Vieira	S L BENFICA	2005-10-14	<i>Ini</i>	<b>4,30</b>	379,0	
12 <sup>a</sup>	756 Mariana Vieira	SPORTING C P	2004-05-21	<i>Ini</i>	<b>4,27</b>	371,0	
13 <sup>a</sup>	750 Maria Chambel	SPORTING C P	2004-07-20	<i>Ini</i>	<b>4,25</b>	367,0	
14 <sup>a</sup>	675 Inês Ferrinho	SPORTING C P	2004-07-25	<i>Ini</i>	<b>4,22</b>	359,0	
15 <sup>a</sup>	585 Clara Rodrigues	SPORTING C P	2004-08-02	<i>Ini</i>	<b>4,11</b>	333,0	
16 <sup>a</sup>	591 Constança Faustino	SPORTING C P	2005-06-24	<i>Ini</i>	<b>4,10</b>	331,0	
17 <sup>a</sup>	2312 Sofia Fernandes	SPORTING C P	2004-09-07	<i>Ini</i>	<b>4,08</b>	326,0	
18 <sup>a</sup>	535 Anastácia Gula	SPORTING C P	2005-12-15	<i>Ini</i>	<b>3,87</b>	279,0	
19 <sup>a</sup>	651 Gabriela Gorengo	SPORTING C P	2005-07-23	<i>Ini</i>	<b>3,85</b>	274,0	
20 <sup>a</sup>	2190 Inês Costa	SPORTING C P	2004-08-04	<i>Ini</i>	<b>3,79</b>	261,0	
21 <sup>a</sup>	527 Alice Baptista	SPORTING C P	2005-01-25	<i>Ini</i>	<b>3,75</b>	252,0	
22 <sup>a</sup>	1965 Adnaima Ramos	G D S DOMINGOS	STP 2004-08-24	<i>Ini</i>	<b>3,59</b>	218,0	
23 <sup>a</sup>	739 Margarida Diniz	SPORTING C P	2004-05-12	<i>Ini</i>	<b>3,57</b>	214,0	
24 <sup>a</sup>	688 Joana Sousa	SPORTING C P	2004-02-01	<i>Ini</i>	<b>3,56</b>	212,0	
25 <sup>a</sup>	2375 Leonor Piteira	SPORTING C P	2005-10-24	<i>Ini</i>	<b>3,37</b>	174,0	
	1992 Amy Reed	SPORTING C P	GBR 2005-02-10	<i>Ini</i>			DNS
	2311 Mariana Domingos	SPORTING C P	2004-04-13	<i>Ini</i>			DNS
	711 Lara Silva	SPORTING C P	2004-05-21	<i>Ini</i>			SM
	598 Daniela Carvalho	SPORTING C P	2004-11-24	<i>Ini</i>			DNS



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**Comunicado de Resultados 1912015****Salto em Comprimento****(Fem)****Final 1**

<b>Classf / Dorsal / Atleta</b>	<b>Series</b>	<b>- 1 -</b>	<b>- 2 -</b>	<b>- 3 -</b>
1 149 Ana Oliveira		4,70	4,55	4,79
2 717 Leonor Filipe Rocha		4,49	4,69	x
3 138 Rita Quintans		4,61	x	4,48
4 723 Luana Soares		4,60	x	4,60
5 1055 Inês Vicente		4,54	4,58	4,56
6 718 Leonor Barata		x	x	4,49
7 574 Carolina Almeida		4,42	4,20	4,08
8 158 Helena Pato		4,22	4,40	4,38
9 605 Diana Sousa		4,12	4,22	4,36
10 753 Mariana Araújo		4,30	4,24	4,33
11 163 Mafalda Vieira		4,23	4,18	4,30
12 756 Mariana Vieira		4,27	4,02	3,83
13 750 Maria Chambel		4,25	4,05	4,20
14 675 Inês Ferrinho		4,22	4,11	4,15
15 585 Clara Rodrigues		4,11	3,97	4,07
16 591 Constança Faustino		x	4,10	4,09
17 2312 Sofia Fernandes		3,77	3,28	4,08
18 535 Anastácia Gula		3,70	3,87	3,67
19 651 Gabriela Gorencó		3,73	3,72	3,85
20 2190 Inês Costa		3,79	3,74	3,72
21 527 Alice Baptista		3,62	3,58	3,75
22 1965 Adnaima Ramos		3,15	3,59	3,23
23 739 Margarida Diniz		3,30	3,42	3,57
24 688 Joana Sousa		3,30	3,13	3,56
25 2375 Leonor Piteira		3,37	3,24	3,36

**Lançamento Peso-5Kg****(Masc)**



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**Comunicado de Resultados 1912015****Lançamento Peso-5Kg****(Masc)****Final 1**

1 <sup>o</sup>	541 André Carvalho	SPORTING C P	2002-10-07	Juv	14,01	729,0	
2 <sup>o</sup>	648 Gabriel Heitmann	SPORTING C P	2003-03-21	Juv	10,78	533,0	
3 <sup>o</sup>	726 Lucas Reis	SPORTING C P	BRA 2002-02-21	Juv	10,43	512,0	
4 <sup>o</sup>	645 Francisco Botelho	SPORTING C P	2002-06-24	Juv	10,34	506,0	
5 <sup>o</sup>	2842 Márcio Horta	N D JUV LARANJEIRO	2002-06-03	Juv	10,13	493,0	X
6 <sup>o</sup>	1166 Alexandre Moreira	S L BENFICA	2002-12-01	Juv	9,47	454,0	
7 <sup>o</sup>	137 José Ferreira	S L BENFICA	2003-01-15	Juv	9,43	451,0	
8 <sup>o</sup>	1843 Manuel Ramos	SPORTING C P	2002-07-16	Juv	9,42	451,0	
9 <sup>o</sup>	614 Diogo Pontes	SPORTING C P	2003-08-07	Juv	9,32	445,0	
10 <sup>o</sup>	829 Rúben Bari	SPORTING C P	2003-04-25	Juv	9,10	432,0	
11 <sup>o</sup>	2328 Ricardo Rodrigues	Individual-Lisboa	2003	Juv	8,99	425,0	
12 <sup>o</sup>	1926 Salomão Alexandre	SPORTING C P	2003-05-25	Juv	8,97	424,0	
13 <sup>o</sup>	995 José Tavares	S L BENFICA	2003-08-14	Juv	8,79	413,0	
14 <sup>o</sup>	817 Rodrigo Duarte	SPORTING C P	2003-05-21	Juv	8,61	403,0	
15 <sup>o</sup>	2851 Diogo Pereira	N D JUV LARANJEIRO	2003-05-26	Juv	7,78	353,0	X
16 <sup>o</sup>	1150 Élvio C Silva	S L BENFICA	2003-03-09	Juv	7,75	352,0	
17 <sup>o</sup>	225 João Batista	FUNDAÇÃO SALESIANOS	2002-05-15	Juv	7,51	337,0	
18 <sup>o</sup>	317 Diogo Moreira	FUNDAÇÃO SALESIANOS	2002-06-12	Juv	7,09	313,0	
19 <sup>o</sup>	1840 Diogo Paulico	SPORTING C P	2003-01-27	Juv	6,93	303,0	
20 <sup>o</sup>	767 Martim Gonçalves	SPORTING C P	2003-09-23	Juv	6,48	277,0	



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**Comunicado de Resultados 1912015****Lançamento Peso-5Kg****(Masc)****Final 1**

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -
1 541 André Carvalho		13,12	x	14,01
2 648 Gabriel Heitmann		9,44	9,86	10,78
3 726 Lucas Reis		10,43	9,12	9,93
4 645 Francisco Botelho		10,34	9,80	10,00
5 2842 Márcio Horta		9,88	9,16	10,13
6 1166 Alexandre Moreira		9,13	9,47	9,22
7 137 José Ferreira		x	9,22	9,43
8 1843 Manuel Ramos		x	9,42	x
9 614 Diogo Pontes		9,11	9,24	9,32
10 829 Rúben Bari		8,45	8,98	9,10
11 2328 Ricardo Rodrigues		7,82	8,91	8,99
12 1926 Salomão Alexandre		8,97	8,36	8,16
13 995 José Tavares		x	8,79	8,62
14 817 Rodrigo Duarte		8,61	7,84	8,29
15 2851 Diogo Pereira		7,32	7,67	7,78
16 1150 Élvio C Silva		7,75	7,35	7,17
17 225 João Batista		x	7,51	7,27
18 317 Diogo Moreira		x	7,09	6,84
19 1840 Diogo Paulico		6,93	6,85	x
20 767 Martim Gonçalves		6,32	5,92	6,48

**60 Metros Planos****(Fem)****Final 1**

Classf	Atleta	Series	Data	Classif	Vento:	Tempo
1 <sup>a</sup>	166 Joana Dias	S L BENFICA	2003-03-09	Juv	8,01	845,0
2 <sup>a</sup>	580 Catarina Figueiredo	SPORTING C P	2002-08-31	Juv	8,04	836,0
3 <sup>a</sup>	751 Maria Neto	SPORTING C P	2003-05-26	Juv	8,19	791,0
4 <sup>a</sup>	833 Sandra Gomes	SPORTING C P	2003-04-29	Juv	8,34	747,0
5 <sup>a</sup>	843 Sofia Marques	SPORTING C P	2003-08-30	Juv	8,64	662,0
6 <sup>a</sup>	839 Sara Costa	SPORTING C P	2003-07-31	Juv	8,82	613,0

**Final 2**

Classf	Atleta	Series	Data	Classif	Vento:	Tempo
1 <sup>a</sup>	1681 Maria Junqueiro	SPORTING C P	2003-10-10	Juv	8,49	704,0
2 <sup>a</sup>	2370 Paula Melo	G D S DOMINGOS	2002-10-07	Juv	8,68	651,0
3 <sup>a</sup>	555 Beatriz Nogueira	SPORTING C P	2003-08-17	Juv	9,34	482,0
4 <sup>a</sup>	677 Inês Sousa	SPORTING C P	2003-03-05	Juv	9,34	482,0
5 <sup>a</sup>	68 Sara Santos	C DESP UNIV LISBOA	2002-10-27	Juv	9,56	431,0
	2035 Francisca Sousa	SPORTING C P	2002-07-13	Juv		

DNS



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**Comunicado de Resultados 1912015****60 Metros Planos****(Fem)****60 Metros Planos****(Masc)****Serie 1****Vento:**

1º	726 Lucas Reis	SPORTING C P	BRA	2002-02-21	Juv	7,29	782,0	
2º	1843 Manuel Ramos	SPORTING C P		2002-07-16	Juv	7,49	716,0	
3º	817 Rodrigo Duarte	SPORTING C P		2003-05-21	Juv	7,97	568,0	
4º	767 Martim Gonçalves	SPORTING C P		2003-09-23	Juv	7,99	563,0	
5º	317 Diogo Moreira	FUNDAÇÃO SALESIANOS		2002-06-12	Juv	8,38	454,0	

**Serie 2****Vento:**

1º	137 José Ferreira	S L BENFICA		2003-01-15	Juv	7,47	723,0	
2º	1926 Salomão Alexandre	SPORTING C P		2003-05-25	Juv	7,69	653,0	
3º	614 Diogo Pontes	SPORTING C P		2003-08-07	Juv	7,90	589,0	
4º	1840 Diogo Paulico	SPORTING C P		2003-01-27	Juv	8,30	476,0	
5º	541 André Carvalho	SPORTING C P		2002-10-07	Juv	8,99	306,0	

**Serie 3****Vento:**

1º	1150 Élvio C Silva	S L BENFICA		2003-03-09	Juv	7,63	671,0	
2º	2328 Ricardo Rodrigues	Individual-Lisboa		2002	Juv	7,78	625,0	
3º	1166 Alexandre Moreira	S L BENFICA		2002-12-01	Juv	7,83	610,0	
4º	2842 Márcio Horta	N D JUV LARANJEIRO		2002-06-03	Juv	7,90	589,0	X
5º	2851 Diogo Pereira	N D JUV LARANJEIRO		2003-05-26	Juv	8,01	557,0	X

**Serie 4****Vento:**

1º	829 Rúben Bari	SPORTING C P		2003-04-25	Juv	7,28	785,0	
2º	645 Francisco Botelho	SPORTING C P		2002-06-24	Juv	7,43	736,0	
3º	648 Gabriel Heitmann	SPORTING C P		2003-03-21	Juv	7,68	656,0	
4º	995 José Tavares	S L BENFICA		2003-08-14	Juv	7,71	646,0	
5º	225 João Batista	FUNDAÇÃO SALESIANOS		2002-05-15	Juv	8,03	551,0	

**60 M Barr.Juv.Mas-91****(Masc)****Serie 1****Vento:**

1º	663 Haivan Almeida	SPORTING C P	ANG	2003-05-23	Juv	8,91	766,0	
2º	1123 Ricardo Mataloto	S L BENFICA		2002-07-29	Juv	9,16	711,0	
3º	370 André Drozdovskiy	S L BENFICA		2003-09-28	Juv	9,27	687,0	
4º	165 Diogo Prudêncio	S L BENFICA		2003-11-17	Juv	9,40	660,0	
5º	613 Diogo Ravara	SPORTING C P		2002-02-24	Juv	9,90	560,0	
	817 Rodrigo Duarte	SPORTING C P		2003-05-21	Juv			DNS



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**Comunicado de Resultados 1912015****60 M Barr.Juv.Mas-91****(Masc)****Serie 2****Vento:**

1 <sup>o</sup>	601 David Graça	SPORTING C P	STP 2003-07-17	Juv	9,52	635,0	
2 <sup>o</sup>	642 Francisco Miguel	SPORTING C P	2003-06-01	Juv	9,66	607,0	
3 <sup>o</sup>	2201 Tiago Rita	SPORTING C P	2003-11-11	Juv	9,97	547,0	
4 <sup>o</sup>	659 Guilherme Correia	SPORTING C P	2002-11-11	Juv	1 0,35	477,0	
5 <sup>o</sup>	2854 Simão José	N D JUV LARANJEIRO	2003-09-20	Juv	1 1,89	241,0	X
	669 Hugo Delgado	SPORTING C P	2002-02-05	Juv			DNF

**60 M Barr.Ini.Mas-84****(Masc)****Serie 1****Vento:**

1 <sup>o</sup>	1453 João Maria Santos	FUNDAÇÃO SALESIANOS	2005-07-22	Ini	9,65	609,0	
2 <sup>o</sup>	159 Miguel Costa	S L BENFICA	2005-02-17	Ini	1 0,44	461,0	
3 <sup>o</sup>	858 Tomás Gonçalves	SPORTING C P	2005-08-02	Ini	1 1,98	229,0	
	631 Evandro Pires	SPORTING C P	2005-12-28	Ini			DNF

**Serie 2****Vento:**

1 <sup>o</sup>	706 João Penacho	SPORTING C P	2005-05-03	Ini	9,68	603,0	
2 <sup>o</sup>	135 Rodrigo Alcobia	S L BENFICA	2005-01-28	Ini	9,98	545,0	
3 <sup>o</sup>	818 Rodrigo Rocha	SPORTING C P	2005-02-09	Ini	1 1,36	313,0	
4 <sup>o</sup>	226 Christian Brum	FUNDAÇÃO SALESIANOS	2005-07-15	Ini	1 2,43	176,0	
5 <sup>o</sup>	661 Guilherme Coelho	SPORTING C P	2005-04-24	Ini	1 2,76	142,0	
	656 Gonçalo Alegria	SPORTING C P	2005-11-25	Ini			DNF

**Serie 3****Vento:**

1 <sup>o</sup>	2588 André Vilelas	Cortiçadas Clube Alentejo	2005-10-14	Ini	9,71	597,0	X
2 <sup>o</sup>	798 Pedro Correia	SPORTING C P	2004-06-24	Ini	9,84	572,0	
3 <sup>o</sup>	1088 Marcos Té	S L BENFICA	2004-07-27	Ini	1 0,44	461,0	
4 <sup>o</sup>	699 João Fernandes	SPORTING C P	2005-04-30	Ini	1 1,42	305,0	
5 <sup>o</sup>	725 Lucas Cristo	SPORTING C P	2005-12-15	Ini	1 2,53	165,0	
	800 Pedro Moreira	SPORTING C P	2005-09-08	Ini			DNF

**Serie 4****Vento:**

1 <sup>o</sup>	1136 Sisínio Ambriz	S L BENFICA	2004-07-12	Ini	8,53	853,0	
2 <sup>o</sup>	1041 Fábio Prior	S L BENFICA	2004-05-08	Ini	9,28	685,0	
3 <sup>o</sup>	1047 Guilherme Ribeiro	S L BENFICA	2004-02-03	Ini	9,29	683,0	
4 <sup>o</sup>	861 Vasco Bernardes	SPORTING C P	2004-03-02	Ini	9,84	572,0	
5 <sup>o</sup>	853 Tiago Oliveira	SPORTING C P	2004-09-01	Ini	1 0,57	438,0	
6 <sup>o</sup>	2070 Gonçalo Valsassina	SPORTING C P	2004-11-27	Ini	1 1,59	281,0	

**Serie 5****Vento:**

1 <sup>o</sup>	522 Afonso Almeida	SPORTING C P	2004-03-25	Ini	9,22	698,0	
2 <sup>o</sup>	596 Daniel Martins	SPORTING C P	2004-07-05	Ini	9,30	681,0	
3 <sup>o</sup>	736 Manuel Falcão	SPORTING C P	2004-03-20	Ini	9,37	666,0	
4 <sup>o</sup>	670 Hélder Barbosa	SPORTING C P	2004-02-08	Ini	9,75	589,0	
5 <sup>o</sup>	784 Nichita Gaiman	SPORTING C P	2004-06-27	Ini	9,85	570,0	
6 <sup>o</sup>	819 Rodrigo Garcia Ramos	SPORTING C P	2005-04-18	Ini	9,93	554,0	





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**Comunicado de Resultados 1912015****60 M Barr.Ini.Mas-84****(Masc)****60 M Barr.Juv.Fem-76****(Fem)****Final 1****Vento:**

1 <sup>a</sup>	569 <b>Carla Rodrigues</b>	SPORTING C P	2002-04-12	Juv	<b>9,93</b>	725,0
2 <sup>a</sup>	538 <b>Andreia Amaro</b>	SPORTING C P	2002-05-18	Juv	<b>1 0,16</b>	682,0
3 <sup>a</sup>	757 <b>Mariana Ribeiro</b>	SPORTING C P	2003-06-22	Juv	<b>1 1,50</b>	457,0
4 <sup>a</sup>	533 <b>Teresa Branco</b>	SPORTING C P	2003-05-01	Juv	<b>1 1,70</b>	427,0
5 <sup>a</sup>	2035 <b>Francisca Sousa</b>	SPORTING C P	2003-07-13	Juv	<b>1 2,63</b>	300,0

**60 M Barr.Ini.Fem-76****(Fem)****Final 1****Vento:**

1 <sup>a</sup>	723 <b>Luana Soares</b>	SPORTING C P	2004-11-10	Ini	<b>1 0,26</b>	664,0
2 <sup>a</sup>	717 <b>Leonor Filipe Rocha</b>	SPORTING C P	2005-02-09	Ini	<b>1 0,60</b>	604,0
3 <sup>a</sup>	1055 <b>Inês Vicente</b>	S L BENFICA	2004-09-23	Ini	<b>1 1,44</b>	466,0
4 <sup>a</sup>	138 <b>Rita Quintans</b>	S L BENFICA	2005-01-19	Ini	<b>1 1,49</b>	459,0
	149 <b>Ana Oliveira</b>	S L BENFICA	2005-06-09	Ini		

**Final 2****Vento:**

1 <sup>a</sup>	605 <b>Diana Sousa</b>	SPORTING C P	2005-07-04	Ini	<b>1 0,35</b>	648,0
2 <sup>a</sup>	753 <b>Mariana Araújo</b>	SPORTING C P	2005-12-21	Ini	<b>1 0,71</b>	585,0
3 <sup>a</sup>	574 <b>Carolina Almeida</b>	SPORTING C P	2004-09-07	Ini	<b>1 1,72</b>	424,0
4 <sup>a</sup>	158 <b>Helena Pato</b>	S L BENFICA	2005-05-02	Ini	<b>1 1,72</b>	424,0
5 <sup>a</sup>	718 <b>Leonor Barata</b>	SPORTING C P	2004-01-15	Ini	<b>1 2,44</b>	324,0

**Final 3****Vento:**

1 <sup>a</sup>	163 <b>Mafalda Vieira</b>	S L BENFICA	2005-10-14	Ini	<b>1 1,10</b>	520,0
2 <sup>a</sup>	675 <b>Inês Ferrinho</b>	SPORTING C P	2004-07-25	Ini	<b>1 1,53</b>	453,0
3 <sup>a</sup>	585 <b>Clara Rodrigues</b>	SPORTING C P	2004-08-02	Ini	<b>1 1,71</b>	426,0
4 <sup>a</sup>	750 <b>Maria Chambel</b>	SPORTING C P	2004-07-20	Ini	<b>1 2,83</b>	275,0
5 <sup>a</sup>	756 <b>Mariana Vieira</b>	SPORTING C P	2004-05-21	Ini	<b>1 3,26</b>	225,0

**Final 4****Vento:**

1 <sup>a</sup>	591 <b>Constança Faustino</b>	SPORTING C P	2005-06-24	Ini	<b>1 0,72</b>	583,0
2 <sup>a</sup>	2312 <b>Sofia Fernandes</b>	SPORTING C P	2004-09-07	Ini	<b>1 1,38</b>	476,0
3 <sup>a</sup>	2190 <b>Inês Costa</b>	SPORTING C P	2004-08-04	Ini	<b>1 2,34</b>	337,0
4 <sup>a</sup>	651 <b>Gabriela Gorengo</b>	SPORTING C P	2005-07-23	Ini	<b>1 2,44</b>	324,0
5 <sup>a</sup>	535 <b>Anastácia Gula</b>	SPORTING C P	2005-12-15	Ini	<b>1 2,58</b>	306,0

**Final 5****Vento:**

1 <sup>a</sup>	527 <b>Alice Baptista</b>	SPORTING C P	2005-01-25	Ini	<b>1 2,08</b>	373,0
2 <sup>a</sup>	739 <b>Margarida Diniz</b>	SPORTING C P	2004-05-12	Ini	<b>1 2,30</b>	343,0
3 <sup>a</sup>	688 <b>Joana Sousa</b>	SPORTING C P	2004-02-01	Ini	<b>1 2,76</b>	283,0
4 <sup>a</sup>	2375 <b>Leonor Piteira</b>	SPORTING C P	2005-10-24	Ini	<b>1 3,64</b>	185,0
5 <sup>a</sup>	1965 <b>Adnaima Ramos</b>	G D S DOMINGOS	STP 2004-08-24	Ini	<b>1 3,87</b>	162,0
	711 <b>Lara Silva</b>	SPORTING C P	2004-05-21	Ini		

DNF



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**Comunicado de Resultados 1912015**



**60 M Barr.Ini.Fem-76**

**(Fem)**



**Salto em Comprimento**

**(Masc)**



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**Comunicado de Resultados 1912015****Salto em Comprimento****(Masc)****Final 1**

1 <sup>o</sup>	645 <b>Francisco Botelho</b>	SPORTING C P	2002-06-24	<b>Juv</b>	<b>6,37</b>	668,0	
2 <sup>o</sup>	1843 <b>Manuel Ramos</b>	SPORTING C P	2002-07-16	<b>Juv</b>	<b>6,32</b>	657,0	
3 <sup>o</sup>	137 <b>José Ferreira</b>	S L BENFICA	2003-01-15	<b>Juv</b>	<b>6,28</b>	648,0	
4 <sup>o</sup>	829 <b>Rúben Bari</b>	SPORTING C P	2003-04-25	<b>Juv</b>	<b>6,10</b>	608,0	
5 <sup>o</sup>	1150 <b>Élvio C Silva</b>	S L BENFICA	2003-03-09	<b>Juv</b>	<b>6,03</b>	593,0	
6 <sup>o</sup>	2328 <b>Ricardo Rodrigues</b>	Individual-Lisboa	2002	<b>Juv</b>	<b>5,88</b>	561,0	
7 <sup>o</sup>	1166 <b>Alexandre Moreira</b>	S L BENFICA	2002-12-01	<b>Juv</b>	<b>5,63</b>	508,0	
8 <sup>o</sup>	648 <b>Gabriel Heitmann</b>	SPORTING C P	2003-03-21	<b>Juv</b>	<b>5,49</b>	479,0	
9 <sup>o</sup>	995 <b>José Tavares</b>	S L BENFICA	2003-08-14	<b>Juv</b>	<b>5,49</b>	479,0	
10 <sup>o</sup>	767 <b>Martim Gonçalves</b>	SPORTING C P	2003-09-23	<b>Juv</b>	<b>5,41</b>	463,0	
11 <sup>o</sup>	726 <b>Lucas Reis</b>	SPORTING C P	BRA 2002-02-21	<b>Juv</b>	<b>5,34</b>	449,0	
12 <sup>o</sup>	817 <b>Rodrigo Duarte</b>	SPORTING C P	2003-05-21	<b>Juv</b>	<b>5,30</b>	441,0	
13 <sup>o</sup>	614 <b>Diogo Pontes</b>	SPORTING C P	2003-08-07	<b>Juv</b>	<b>5,19</b>	419,0	
14 <sup>o</sup>	2851 <b>Diogo Pereira</b>	N D JUV LARANJEIRO	2003-05-26	<b>Juv</b>	<b>5,12</b>	405,0	X
15 <sup>o</sup>	1840 <b>Diogo Paulico</b>	SPORTING C P	2003-01-27	<b>Juv</b>	<b>5,06</b>	394,0	
16 <sup>o</sup>	1926 <b>Salomão Alexandre</b>	SPORTING C P	2003-05-25	<b>Juv</b>	<b>4,97</b>	377,0	
17 <sup>o</sup>	317 <b>Diogo Moreira</b>	FUNDAÇÃO SALESIANOS	2002-06-12	<b>Juv</b>	<b>4,68</b>	323,0	
18 <sup>o</sup>	225 <b>João Batista</b>	FUNDAÇÃO SALESIANOS	2002-05-15	<b>Juv</b>	<b>4,32</b>	259,0	
19 <sup>o</sup>	541 <b>André Carvalho</b>	SPORTING C P	2002-10-07	<b>Juv</b>	<b>4,19</b>	237,0	
	2842 <b>Márcio Horta</b>	N D JUV LARANJEIRO	2002-06-03	<b>Juv</b>			SM-X



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**Comunicado de Resultados 1912015****Salto em Comprimento****(Masc)****Final 1**

<b>Classf / Dorsal / Atleta</b>	<b>Series</b>	<b>- 1 -</b>	<b>- 2 -</b>	<b>- 3 -</b>
1 645 Francisco Botelho		5,82	5,97	6,37
2 1843 Manuel Ramos		4,72	6,05	6,32
3 137 José Ferreira		6,28	x	6,22
4 829 Rúben Bari		5,94	5,96	6,10
5 1150 Élvio C Silva		5,74	6,03	5,90
6 2328 Ricardo Rodrigues		4,05	4,21	5,88
7 1166 Alexandre Moreira		x	4,86	5,63
8 648 Gabriel Heitmann		5,49	5,30	5,47
9 995 José Tavares		5,49	4,95	5,32
10 767 Martim Gonçalves		5,41	x	5,36
11 726 Lucas Reis		5,22	4,87	5,34
12 817 Rodrigo Duarte		4,73	5,08	5,30
13 614 Diogo Pontes		5,19	5,12	x
14 2851 Diogo Pereira		5,12	4,52	5,00
15 1840 Diogo Paulico		4,80	4,98	5,06
16 1926 Salomão Alexandre		3,05	4,97	3,78
17 317 Diogo Moreira		4,68	x	4,47
18 225 João Batista		x	4,32	x
19 541 André Carvalho		3,35	3,95	4,19

**Lançamento Peso-4Kg****(Masc)**



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**Comunicado de Resultados 1912015****Lançamento Peso-4Kg****(Masc)****Final 1**

1 <sup>o</sup>	1136 <b>Sisínio Ambriz</b>	S L BENFICA	2004-07-12	<b>Ini</b>	<b>13,25</b>	682,0	
2 <sup>o</sup>	670 <b>Hélder Barbosa</b>	SPORTING C P	2004-02-08	<b>Ini</b>	<b>10,54</b>	518,0	
3 <sup>o</sup>	699 <b>João Fernandes</b>	SPORTING C P	2005-04-30	<b>Ini</b>	<b>10,31</b>	504,0	
4 <sup>o</sup>	1041 <b>Fábio Prior</b>	S L BENFICA	2004-05-08	<b>Ini</b>	<b>10,25</b>	501,0	
5 <sup>o</sup>	522 <b>Afonso Almeida</b>	SPORTING C P	2004-03-25	<b>Ini</b>	<b>9,95</b>	483,0	
6 <sup>o</sup>	2588 <b>André Vilelas</b>	Cortiçadas Clube Alentejo	2005-10-14	<b>Ini</b>	<b>9,71</b>	468,0	X
7 <sup>o</sup>	861 <b>Vasco Bernardes</b>	SPORTING C P	2004-03-02	<b>Ini</b>	<b>9,20</b>	438,0	
8 <sup>o</sup>	853 <b>Tiago Oliveira</b>	SPORTING C P	2004-09-01	<b>Ini</b>	<b>8,85</b>	417,0	
9 <sup>o</sup>	818 <b>Rodrigo Rocha</b>	SPORTING C P	2005-02-09	<b>Ini</b>	<b>8,84</b>	416,0	
10 <sup>o</sup>	819 <b>Rodrigo Garcia Ramos</b>	SPORTING C P	2005-04-18	<b>Ini</b>	<b>8,60</b>	402,0	
11 <sup>o</sup>	784 <b>Nichita Gaiman</b>	SPORTING C P	2004-06-27	<b>Ini</b>	<b>8,60</b>	402,0	
12 <sup>o</sup>	798 <b>Pedro Correia</b>	SPORTING C P	2004-06-24	<b>Ini</b>	<b>8,57</b>	400,0	
13 <sup>o</sup>	736 <b>Manuel Falcão</b>	SPORTING C P	2004-03-20	<b>Ini</b>	<b>8,48</b>	395,0	
14 <sup>o</sup>	706 <b>João Penacho</b>	SPORTING C P	2005-05-03	<b>Ini</b>	<b>8,48</b>	395,0	
15 <sup>o</sup>	1088 <b>Marcos Té</b>	S L BENFICA	2004-07-27	<b>Ini</b>	<b>8,39</b>	389,0	
16 <sup>o</sup>	135 <b>Rodrigo Alcobia</b>	S L BENFICA	2005-01-28	<b>Ini</b>	<b>8,39</b>	389,0	
17 <sup>o</sup>	159 <b>Miguel Costa</b>	S L BENFICA	2005-02-17	<b>Ini</b>	<b>8,30</b>	384,0	
18 <sup>o</sup>	1453 <b>João Maria Santos</b>	FUNDAÇÃO SALESIANOS	2005-07-22	<b>Ini</b>	<b>8,10</b>	372,0	
19 <sup>o</sup>	596 <b>Daniel Martins</b>	SPORTING C P	2004-07-05	<b>Ini</b>	<b>7,69</b>	348,0	
20 <sup>o</sup>	1047 <b>Guilherme Ribeiro</b>	S L BENFICA	2004-02-03	<b>Ini</b>	<b>7,38</b>	330,0	
21 <sup>o</sup>	661 <b>Guilherme Coelho</b>	SPORTING C P	2005-04-24	<b>Ini</b>	<b>5,91</b>	244,0	
22 <sup>o</sup>	858 <b>Tomás Gonçalves</b>	SPORTING C P	2005-08-02	<b>Ini</b>	<b>5,79</b>	237,0	
23 <sup>o</sup>	725 <b>Lucas Cristo</b>	SPORTING C P	2005-12-15	<b>Ini</b>	<b>5,23</b>	204,0	
24 <sup>o</sup>	2070 <b>Gonçalo Valsassina</b>	SPORTING C P	2004-11-27	<b>Ini</b>	<b>5,15</b>	200,0	
25 <sup>o</sup>	226 <b>Christian Brum</b>	FUNDAÇÃO SALESIANOS	2005-07-15	<b>Ini</b>	<b>4,74</b>	176,0	



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**Comunicado de Resultados 1912015****Lançamento Peso-4Kg****(Masc)****Final 1**

<b>Classf / Dorsal / Atleta</b>	<b>Series</b>	<b>- 1 -</b>	<b>- 2 -</b>	<b>- 3 -</b>
1 1136 Sisínio Ambriz		12,79	13,25	11,38
2 670 Hélder Barbosa		10,10	10,54	10,30
3 699 João Fernandes		9,78	10,31	x
4 1041 Fábio Prior		10,25	x	9,49
5 522 Afonso Almeida		9,95	9,79	8,94
6 2588 André Vilelas		9,16	9,71	9,64
7 861 Vasco Bernardes		8,21	9,20	8,41
8 853 Tiago Oliveira		x	8,85	7,64
9 818 Rodrigo Rocha		8,70	8,55	8,84
10 819 Rodrigo Garcia Ramos		8,60	6,10	4,86
11 784 Nichita Gaiman		7,99	8,60	8,00
12 798 Pedro Correia		x	5,94	8,57
13 736 Manuel Falcão		8,35	x	8,48
14 706 João Penacho		7,74	8,48	8,43
15 1088 Marcos Té		7,07	8,39	7,57
16 135 Rodrigo Alcobia		6,87	8,39	6,49
17 159 Miguel Costa		8,30	7,47	7,94
18 1453 João Maria Santos		7,80	8,10	6,71
19 596 Daniel Martins		x	7,69	x
20 1047 Guilherme Ribeiro		7,08	7,12	7,38
21 661 Guilherme Coelho		5,91	5,61	5,33
22 858 Tomás Gonçalves		4,50	4,74	5,79
23 725 Lucas Cristo		5,08	5,23	4,94
24 2070 Gonçalo Valsassina		5,15	5,10	4,65
25 226 Christian Brum		4,18	4,71	4,74

**Lançamento Peso-5Kg****(Masc)**



sábado, 16 de fevereiro de 2019

**Comunicado de Resultados 1912015****Lançamento Peso-5Kg****(Masc)****Final 1**

1 <sup>o</sup>	663 Haivan Almeida	SPORTING C P	ANG	2003-05-23	Juv	<b>10,92</b>	541,0	
2 <sup>o</sup>	601 David Graça	SPORTING C P	STP	2003-07-17	Juv	<b>10,78</b>	533,0	
3 <sup>o</sup>	370 André Drozdovskiy	S L BENFICA		2003-09-28	Juv	<b>9,63</b>	463,0	
4 <sup>o</sup>	642 Francisco Miguel	SPORTING C P		2003-06-01	Juv	<b>9,46</b>	453,0	
5 <sup>o</sup>	669 Hugo Delgado	SPORTING C P		2002-02-05	Juv	<b>8,88</b>	419,0	
6 <sup>o</sup>	165 Diogo Prudêncio	S L BENFICA		2003-11-17	Juv	<b>8,58</b>	401,0	
7 <sup>o</sup>	659 Guilherme Correia	SPORTING C P		2002-11-11	Juv	<b>8,46</b>	394,0	
8 <sup>o</sup>	2201 Tiago Rita	SPORTING C P		2003-11-11	Juv	<b>8,11</b>	373,0	
9 <sup>o</sup>	1123 Ricardo Mataloto	S L BENFICA		2002-07-29	Juv	<b>7,82</b>	356,0	
10 <sup>o</sup>	613 Diogo Ravara	SPORTING C P		2002-02-24	Juv	<b>7,74</b>	351,0	
11 <sup>o</sup>	2854 Simão José	N D JUV LARANJEIRO		2003-09-20	Juv	<b>7,24</b>	321,0	X

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -
1 663 Haivan Almeida		10,33	10,92	x
2 601 David Graça		x	x	10,78
3 370 André Drozdovskiy		8,79	7,97	9,63
4 642 Francisco Miguel		8,70	8,51	9,46
5 669 Hugo Delgado		8,88	x	x
6 165 Diogo Prudêncio		x	7,48	8,58
7 659 Guilherme Correia		8,25	8,10	8,46
8 2201 Tiago Rita		7,69	8,11	7,81
9 1123 Ricardo Mataloto		7,75	7,82	7,77
10 613 Diogo Ravara		5,58	7,74	7,65
11 2854 Simão José		x	7,24	6,79

**Lançamento Peso-3Kg****(Fem)**



sábado, 16 de fevereiro de 2019

**Comunicado de Resultados 1912015****Lançamento Peso-3Kg****(Fem)****Final 1**

1 <sup>a</sup>	569 <b>Carla Rodrigues</b>	SPORTING C P	2002-04-12	Juv	<b>11,24</b>	611,0
1 <sup>a</sup>	166 <b>Joana Dias</b>	S L BENFICA	2003-03-09	Juv	<b>7,85</b>	390,0
2 <sup>a</sup>	538 <b>Andreia Amaro</b>	SPORTING C P	2002-05-18	Juv	<b>8,64</b>	441,0
2 <sup>a</sup>	751 <b>Maria Neto</b>	SPORTING C P	2003-05-26	Juv	<b>7,18</b>	347,0
3 <sup>a</sup>	2035 <b>Francisca Sousa</b>	SPORTING C P	2003-07-13	Juv	<b>7,58</b>	372,0
3 <sup>a</sup>	833 <b>Sandra Gomes</b>	SPORTING C P	2003-04-29	Juv	<b>6,85</b>	325,0
4 <sup>a</sup>	757 <b>Mariana Ribeiro</b>	SPORTING C P	2003-06-22	Juv	<b>7,54</b>	370,0
4 <sup>a</sup>	555 <b>Beatriz Nogueira</b>	SPORTING C P	2003-08-17	Juv	<b>6,71</b>	316,0
5 <sup>a</sup>	533 <b>Teresa Branco</b>	SPORTING C P	2003-05-01	Juv	<b>7,49</b>	366,0
5 <sup>a</sup>	2370 <b>Paula Melo</b>	G D S DOMINGOS	2002-10-07	Juv	<b>6,49</b>	302,0
6 <sup>a</sup>	1681 <b>Maria Junqueiro</b>	SPORTING C P	2003-10-10	Juv	<b>6,25</b>	287,0
7 <sup>a</sup>	839 <b>Sara Costa</b>	SPORTING C P	2003-07-31	Juv	<b>6,09</b>	277,0
8 <sup>a</sup>	677 <b>Inês Sousa</b>	SPORTING C P	2003-03-05	Juv	<b>5,93</b>	267,0
9 <sup>a</sup>	580 <b>Catarina Figueiredo</b>	SPORTING C P	2002-08-31	Juv	<b>5,91</b>	266,0
10 <sup>a</sup>	843 <b>Sofia Marques</b>	SPORTING C P	2003-08-30	Juv	<b>5,87</b>	263,0
11 <sup>a</sup>	68 <b>Sara Santos</b>	C DESP UNIV LISBOA	2002-10-27	Juv	<b>5,77</b>	257,0

**Lançamento Peso-3Kg****(Fem)**





sábado, 16 de fevereiro de 2019

**Comunicado de Resultados 1912015****Lançamento Peso-3Kg****(Fem)****Final 1**

1 <sup>a</sup>	711 Lara Silva	SPORTING C P	2004-05-21	<i>Ini</i>	<b>10,54</b>	565,0
2 <sup>a</sup>	1055 Inês Vicente	S L BENFICA	2004-09-23	<i>Ini</i>	<b>9,15</b>	474,0
3 <sup>a</sup>	2190 Inês Costa	SPORTING C P	2004-08-04	<i>Ini</i>	<b>8,18</b>	411,0
4 <sup>a</sup>	163 Mafalda Vieira	S L BENFICA	2005-10-14	<i>Ini</i>	<b>8,14</b>	408,0
5 <sup>a</sup>	675 Inês Ferrinho	SPORTING C P	2004-07-25	<i>Ini</i>	<b>7,83</b>	388,0
6 <sup>a</sup>	585 Clara Rodrigues	SPORTING C P	2004-08-02	<i>Ini</i>	<b>7,82</b>	388,0
7 <sup>a</sup>	723 Luana Soares	SPORTING C P	2004-11-10	<i>Ini</i>	<b>7,61</b>	374,0
8 <sup>a</sup>	739 Margarida Diniz	SPORTING C P	2004-05-12	<i>Ini</i>	<b>7,30</b>	354,0
9 <sup>a</sup>	718 Leonor Barata	SPORTING C P	2004-01-15	<i>Ini</i>	<b>7,26</b>	352,0
10 <sup>a</sup>	591 Constança Faustino	SPORTING C P	2005-06-24	<i>Ini</i>	<b>7,20</b>	348,0
11 <sup>a</sup>	2312 Sofia Fernandes	SPORTING C P	2004-09-07	<i>Ini</i>	<b>7,14</b>	344,0
12 <sup>a</sup>	138 Rita Quintans	S L BENFICA	2005-01-19	<i>Ini</i>	<b>7,04</b>	338,0
13 <sup>a</sup>	535 Anastácia Gula	SPORTING C P	2005-12-15	<i>Ini</i>	<b>6,96</b>	332,0
14 <sup>a</sup>	717 Leonor Filipe Rocha	SPORTING C P	2005-02-09	<i>Ini</i>	<b>6,83</b>	324,0
15 <sup>a</sup>	688 Joana Sousa	SPORTING C P	2004-02-01	<i>Ini</i>	<b>6,69</b>	315,0
16 <sup>a</sup>	605 Diana Sousa	SPORTING C P	2005-07-04	<i>Ini</i>	<b>6,58</b>	308,0
17 <sup>a</sup>	651 Gabriela Gorencio	SPORTING C P	2005-07-23	<i>Ini</i>	<b>6,04</b>	274,0
18 <sup>a</sup>	1965 Adnaima Ramos	G D S DOMINGOS STP	2004-08-24	<i>Ini</i>	<b>6,00</b>	271,0
19 <sup>a</sup>	158 Helena Pato	S L BENFICA	2005-05-02	<i>Ini</i>	<b>5,98</b>	270,0
20 <sup>a</sup>	574 Carolina Almeida	SPORTING C P	2004-09-07	<i>Ini</i>	<b>5,84</b>	261,0
21 <sup>a</sup>	756 Mariana Vieira	SPORTING C P	2004-05-21	<i>Ini</i>	<b>5,80</b>	259,0
22 <sup>a</sup>	2375 Leonor Piteira	SPORTING C P	2005-10-24	<i>Ini</i>	<b>5,68</b>	251,0
23 <sup>a</sup>	750 Maria Chambel	SPORTING C P	2004-07-20	<i>Ini</i>	<b>5,64</b>	249,0
24 <sup>a</sup>	527 Alice Baptista	SPORTING C P	2005-01-25	<i>Ini</i>	<b>5,52</b>	241,0
25 <sup>a</sup>	753 Mariana Araújo	SPORTING C P	2005-12-21	<i>Ini</i>	<b>5,15</b>	218,0
	149 Ana Oliveira	S L BENFICA	2005-06-09	<i>Ini</i>		

DNS



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**Comunicado de Resultados 1912015****Lançamento Peso-3Kg****(Fem)****Final 1**

<b>Classf / Dorsal / Atleta</b>	<b>Series</b>	<b>- 1 -</b>	<b>- 2 -</b>	<b>- 3 -</b>
1 711 Lara Silva		10,03	10,23	16,54
2 1055 Inês Vicente		8,46	7,60	9,15
3 2190 Inês Costa		8,18	7,70	8,08
4 163 Mafalda Vieira		7,78	8,14	7,88
5 675 Inês Ferrinho		7,21	7,83	7,82
6 585 Clara Rodrigues		6,89	7,58	7,82
7 723 Luana Soares		7,61	7,31	6,68
8 739 Margarida Diniz		7,10	6,88	7,30
9 718 Leonor Barata		7,26	6,90	7,23
10 591 Constança Faustino		7,05	6,88	7,20
11 2312 Sofia Fernandes		6,56	7,14	6,64
12 138 Rita Quintans		6,52	7,04	6,58
13 535 Anastácia Gula		6,96	6,60	5,69
14 717 Leonor Filipe Rocha		6,71	6,81	6,83
15 605 Diana Sousa		5,81	6,29	6,58
16 651 Gabriela Gorengo		6,04	5,98	5,84
17 1965 Adnaima Ramos		4,85	5,32	6,00
18 158 Helena Pato		4,76	5,98	5,92
19 574 Carolina Almeida		5,55	5,84	5,34
20 756 Mariana Vieira		5,80	5,41	5,60
21 688 Joana Sousa		5,67	6,69	5,77
22 2375 Leonor Piteira		5,14	5,68	4,82
23 750 Maria Chambel		5,64	5,50	x
24 527 Alice Baptista		5,50	5,27	5,52
25 753 Mariana Araújo		4,23	4,70	5,15

**Salto em Altura****(Masc)**



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**Comunicado de Resultados 1912015**



**Salto em Altura**

**(Masc)**

**Final 1**

1º	642	<b>Francisco Miguel</b>	SPORTING C P	2003-06-01	Juv	1,75	585,0	
2º	663	<b>Haivan Almeida</b>	SPORTING C P	ANG 2003-05-23	Juv	1,70	544,0	
3º	601	<b>David Graça</b>	SPORTING C P	STP 2003-07-17	Juv	1,65	504,0	
4º	613	<b>Diogo Ravara</b>	SPORTING C P	2002-02-24	Juv	1,60	464,0	
5º	370	<b>André Drozdovskiy</b>	S L BENFICA	2003-09-28	Juv	1,55	426,0	
6º	669	<b>Hugo Delgado</b>	SPORTING C P	2002-02-05	Juv	1,55	426,0	
7º	165	<b>Diogo Prudêncio</b>	S L BENFICA	2003-11-17	Juv	1,55	426,0	
8º	1123	<b>Ricardo Mataloto</b>	S L BENFICA	2002-07-29	Juv	1,55	426,0	
9º	2201	<b>Tiago Rita</b>	SPORTING C P	2003-11-11	Juv	1,50	389,0	
10º	2854	<b>Simão José</b>	N D JUV LARANJEIRO	2003-09-20	Juv	1,50	389,0	X
11º	659	<b>Guilherme Correia</b>	SPORTING C P	2002-11-11	Juv	1,40	317,0	

Classf / Dorsal / Atleta	SERIES	1,40	1,45	1,50	1,55	1,60	1,65	1,70	1,75	1,80
1 642 Francisco Miguel		---	---	0	0	0	x0	x0	xx0	xxx
2 663 Haivan Almeida		---	0	0	0	0	0	0	xxx	
3 601 David Graça		---	xx0	0	0	0	0	xxx		
4 613 Diogo Ravara		0	0	x0	xx0	xx0	xxx			
5 1123 Ricardo Mataloto		0	x0	xx0	xx0	xxx				
5 669 Hugo Delgado		0	0	x0	0	xxx				
5 370 André Drozdovskiy		0	0	0	0	xxx				
5 165 Diogo Prudêncio		---	0	x0	x0	xxx				
6 2854 Simão José		0	x0	xx0	xxx					
6 2201 Tiago Rita		x0	x0	0	xxx					
7 659 Guilherme Correia		x0	xxx							



**Salto em Comprimento**

**(Fem)**



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**Comunicado de Resultados 1912015****Salto em Comprimento****(Fem)****Final 1**

1 <sup>a</sup>	751 <b>Maria Neto</b>	SPORTING C P	2003-05-26	<b>Juv</b>	<b>5,07</b>	578,0
2 <sup>a</sup>	580 <b>Catarina Figueiredo</b>	SPORTING C P	2002-08-31	<b>Juv</b>	<b>4,88</b>	527,0
3 <sup>a</sup>	166 <b>Joana Dias</b>	S L BENFICA	2003-03-09	<b>Juv</b>	<b>4,83</b>	514,0
4 <sup>a</sup>	839 <b>Sara Costa</b>	SPORTING C P	2003-07-31	<b>Juv</b>	<b>4,51</b>	431,0
5 <sup>a</sup>	1681 <b>Maria Junqueiro</b>	SPORTING C P	2003-10-10	<b>Juv</b>	<b>4,43</b>	411,0
6 <sup>a</sup>	833 <b>Sandra Gomes</b>	SPORTING C P	2003-04-29	<b>Juv</b>	<b>4,38</b>	398,0
7 <sup>a</sup>	2370 <b>Paula Melo</b>	G D S DOMINGOS	2002-10-07	<b>Juv</b>	<b>3,97</b>	301,0
8 <sup>a</sup>	68 <b>Sara Santos</b>	C DESP UNIV LISBOA	2002-10-27	<b>Juv</b>	<b>3,95</b>	296,0
9 <sup>a</sup>	677 <b>Inês Sousa</b>	SPORTING C P	2003-03-05	<b>Juv</b>	<b>3,87</b>	279,0
10 <sup>a</sup>	555 <b>Beatriz Nogueira</b>	SPORTING C P	2003-08-17	<b>Juv</b>	<b>3,81</b>	265,0
11 <sup>a</sup>	843 <b>Sofia Marques</b>	SPORTING C P	2003-08-30	<b>Juv</b>	<b>3,59</b>	218,0

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -
1 751 Maria Neto		5,07	4,89	4,96
2 580 Catarina Figueiredo		x	4,72	4,88
3 166 Joana Dias		4,71	4,66	4,83
4 839 Sara Costa		4,19	4,51	4,37
5 1681 Maria Junqueiro		4,38	4,43	4,13
6 833 Sandra Gomes		4,38	4,10	4,24
7 2370 Paula Melo		3,66	3,78	3,97
8 68 Sara Santos		3,75	3,95	3,63
9 677 Inês Sousa		3,87	3,77	3,86
10 555 Beatriz Nogueira		3,81	3,73	3,51
11 843 Sofia Marques		x	3,59	x

**Salto em Comprimento****(Masc)**



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1 <sup>o</sup>	1136 <b>Sisínio Ambriz</b>	S L BENFICA	2004-07-12	<b>Ini</b>	<b>7,09</b>	835,0	
2 <sup>o</sup>	784 <b>Nichita Gaiman</b>	SPORTING C P	2004-06-27	<b>Ini</b>	<b>5,73</b>	529,0	
3 <sup>o</sup>	1041 <b>Fábio Prior</b>	S L BENFICA	2004-05-08	<b>Ini</b>	<b>5,69</b>	521,0	
4 <sup>o</sup>	596 <b>Daniel Martins</b>	SPORTING C P	2004-07-05	<b>Ini</b>	<b>5,66</b>	514,0	
5 <sup>o</sup>	819 <b>Rodrigo Garcia Ramos</b>	SPORTING C P	2005-04-18	<b>Ini</b>	<b>5,47</b>	475,0	
6 <sup>o</sup>	736 <b>Manuel Falcão</b>	SPORTING C P	2004-03-20	<b>Ini</b>	<b>5,40</b>	461,0	
7 <sup>o</sup>	1453 <b>João Maria Santos</b>	FUNDAÇÃO SALESIANOS	2005-07-22	<b>Ini</b>	<b>5,29</b>	439,0	
8 <sup>o</sup>	2588 <b>André Vilelas</b>	Cortiçadas Clube Alentejo	2005-10-14	<b>Ini</b>	<b>5,28</b>	437,0	X
9 <sup>o</sup>	670 <b>Hélder Barbosa</b>	SPORTING C P	2004-02-08	<b>Ini</b>	<b>5,28</b>	437,0	
10 <sup>o</sup>	699 <b>João Fernandes</b>	SPORTING C P	2005-04-30	<b>Ini</b>	<b>5,25</b>	431,0	
11 <sup>o</sup>	135 <b>Rodrigo Alcobia</b>	S L BENFICA	2005-01-28	<b>Ini</b>	<b>5,23</b>	427,0	
12 <sup>o</sup>	861 <b>Vasco Bernardes</b>	SPORTING C P	2004-03-02	<b>Ini</b>	<b>5,19</b>	419,0	
13 <sup>o</sup>	1088 <b>Marcos Té</b>	S L BENFICA	2004-07-27	<b>Ini</b>	<b>5,17</b>	415,0	
14 <sup>o</sup>	853 <b>Tiago Oliveira</b>	SPORTING C P	2004-09-01	<b>Ini</b>	<b>5,10</b>	402,0	
15 <sup>o</sup>	1047 <b>Guilherme Ribeiro</b>	S L BENFICA	2004-02-03	<b>Ini</b>	<b>4,99</b>	380,0	
16 <sup>o</sup>	798 <b>Pedro Correia</b>	SPORTING C P	2004-06-24	<b>Ini</b>	<b>4,76</b>	337,0	
17 <sup>o</sup>	706 <b>João Penacho</b>	SPORTING C P	2005-05-03	<b>Ini</b>	<b>4,71</b>	328,0	
18 <sup>o</sup>	159 <b>Miguel Costa</b>	S L BENFICA	2005-02-17	<b>Ini</b>	<b>4,49</b>	288,0	
19 <sup>o</sup>	2070 <b>Gonçalo Valsassina</b>	SPORTING C P	2004-11-27	<b>Ini</b>	<b>3,96</b>	199,0	
20 <sup>o</sup>	858 <b>Tomás Gonçalves</b>	SPORTING C P	2005-08-02	<b>Ini</b>	<b>3,95</b>	198,0	
21 <sup>o</sup>	818 <b>Rodrigo Rocha</b>	SPORTING C P	2005-02-09	<b>Ini</b>	<b>3,89</b>	188,0	
22 <sup>o</sup>	725 <b>Lucas Cristo</b>	SPORTING C P	2005-12-15	<b>Ini</b>	<b>3,62</b>	147,0	
23 <sup>o</sup>	226 <b>Christian Brum</b>	FUNDAÇÃO SALESIANOS	2005-07-15	<b>Ini</b>	<b>3,01</b>	67,0	
	661 <b>Guilherme Coelho</b>	SPORTING C P	2005-04-24	<b>Ini</b>			SM
	522 <b>Afonso Almeida</b>	SPORTING C P	2004-03-25	<b>Ini</b>			SM



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<b>Classf / Dorsal / Atleta</b>	<b>Series</b>	<b>- 1 -</b>	<b>- 2 -</b>	<b>- 3 -</b>
1 1136 Sisínio Ambriz		6,88	7,09	6,74
2 784 Nichita Gaiman		5,73	5,61	5,44
3 1041 Fábio Prior		x	5,66	5,69
4 596 Daniel Martins		5,06	5,57	5,66
5 819 Rodrigo Garcia Ramos		5,25	5,39	5,47
6 736 Manuel Falcão		5,07	5,33	5,44
7 1453 João Maria Santos		x	5,02	5,29
8 2588 André Vilelas		5,26	5,28	5,16
9 670 Hélder Barbosa		x	5,28	5,15
10 699 João Fernandes		x	4,89	5,25
11 135 Rodrigo Alcobia		x	x	5,23
12 861 Vasco Bernardes		5,14	5,19	4,87
13 1088 Marcos Té		5,17	5,16	4,83
14 853 Tiago Oliveira		4,78	4,16	5,10
15 1047 Guilherme Ribeiro		4,99	4,53	4,77
16 798 Pedro Correia		3,76	4,76	x
17 706 João Penacho		x	4,54	4,71
18 159 Miguel Costa		4,05	4,49	4,37
19 2070 Gonçalo Valsassina		3,61	x	3,96
20 858 Tomás Gonçalves		3,59	3,70	3,95
21 818 Rodrigo Rocha		3,51	3,54	3,89
22 661 Guilherme Coelho		x	x	x
22 725 Lucas Cristo		3,61	x	3,62
23 226 Christian Brum		x	x	3,01
661 Guilherme Coelho		x	x	x
522 Afonso Almeida		x	x	x



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**Comunicado de Resultados 1912015**

Clube Participantes	Participações			Nr.Atletas		
	F	M	T	F	M	T
<b>PORTUGAL</b>						
-						
<u>ASSOCIACAO ATLETISMO LISBOA</u>						
Federado						
AFS	FUNDAÇÃO SALESIANOS	12	12	4	4	
CBTV	C BENFICA T VEDRAS	9		9	3	3
CDUL	C DESP UNIV LISBOA	24	3	27	8	1 9
GSDS	G D S DOMINGOS	24	12	36	8	4 12
IND-LX	Individual-Lisboa		3	3	1	1
JOMA	J O MONTE ABRAÃO	3		3	1	1
SCP	SPORTING C P	142	157	299	51	57 108
SLB	S L BENFICA	24	39	63	8	13 21
<u>ASSOCIACAO ATLETISMO SETUBAL</u>						
Federado						
NDJL-ST	N D JUV LARANJEIRO		9	9	3	3
<u>ASSOCIACAO ATLETISMO EVORA</u>						
Federado						
CORK	Cortiçadas Clube Alentejo		3	3	1	1

<b>Totais de participações individuais + estafetas</b>	<b>226</b>		<b>79</b>			
		<b>238</b>		<b>84</b>		
			<b>464</b>			<b>163</b>

Participação por Escalão	Participações			Nr.Atletas		
	F	M	T	F	M	T
Benjamins - B	15	3	18	5	1	6
Infantis	81	62	143	29	24	53
Iniciados	81	79	160	29	28	57
Juvenis	49	94	143	16	31	47

<b>Totais de participações individuais + estafetas</b>	<b>226</b>		<b>79</b>			
		<b>238</b>		<b>84</b>		
			<b>464</b>			<b>163</b>

**Legendagem de Observações Codificadas**

DNF	Desistiu
DNS	Faltou
SM	Sem Marca
X	A Participar Extra Competição