

# CROSS JAMOR 2019

## CROSS JAMOR

Dorsal	Atleta	Clube	Escalão	CLASSF	TEMPO
807	RODRIGO SILVA	Monsanto Running Team	SENM	1	00:13:42
809	Pedro Fernandes	Monsanto Running Team	SENM	2	00:13:54
769	João Miguel Miranda	INDIVIDUAL	SENM	3	00:13:58
760	Miguel David	INDIVIDUAL	SENM	4	00:14:05
801	Didier Moreira Patrício Valente	Monsanto Running Team	SENM	5	00:14:09
753	José Luís Simões	INDIVIDUAL	SENM	6	00:14:16
811	Bruno Carvalho	Monsanto Running Team	SENM	7	00:14:30
756	Luis Miguel Sanches	INDIVIDUAL	SENM	8	00:14:39
800	Pedro Vitorino	Linda-a-Pastora Sporting Clube	SENM	9	00:14:48
850	José Moreira	INDIVIDUAL	SENM	10	00:14:55
746	Horácio Oliveira	INDIVIDUAL	SENM	11	00:14:59
826	Rúben Dias	Run Tejo	SENM	12	00:15:06
833	Bruno Filipe Vieira Menino	SIMECQ	SENM	13	00:15:25
823	Ricardo Figueiredo	Run Tejo	SENM	14	00:15:29
829	Nuno Miguel Pinto Ricardo	SIMECQ	SENM	15	00:15:34
803	Jose Manuel Sena Serrano	Monsanto Running Team	SENM	16	00:15:40
784	Fernanda Marques Santinha	INDIVIDUAL	SENF	17	00:15:43
837	Ricardo Nobre	SIMECQ	SENM	18	00:15:50
818	Luis Chaves	Run Tejo	SENM	19	00:15:54
783	Joaquim Caeiro	INDIVIDUAL	SENM	20	00:16:00
771	Luis Faro Godinho	INDIVIDUAL	SENM	21	00:16:08
804	Paulo Jorge Mendonça Pereira	Monsanto Running Team	SENM	22	00:16:15
792	Paulo Tomás	GMCJamor	SENM	23	00:16:19
787	Carlos A P Silva	GMCJamor	SENM	24	00:16:25
758	Jose Bouceiro	INDIVIDUAL	SENM	25	00:16:29
776	Isabel Rodrigues	INDIVIDUAL	SENF	26	00:16:32
824	Rui Silva	Run Tejo	SENM	27	00:16:37
802	António Palmira Guerreiro	Monsanto Running Team	SENM	28	00:16:41
761	Sérgio Freitas	INDIVIDUAL	SENM	29	00:16:47
788	João Ferreira	GMCJamor	SENM	30	00:16:54
782	Nuno Duarte	INDIVIDUAL	SENM	31	00:16:57
806	Patricia Silva	Monsanto Running Team	SENF	32	00:17:05
755	Henrique Martins	INDIVIDUAL	SENM	33	00:17:13
841	Pedro Lourenço	WINE MODERATION RUNNING	SENM	34	00:17:22
805	Ângela Sofia de Simões Nogueira Suzano	Monsanto Running Team	SENF	35	00:17:24
766	Alfredo Bacelar	INDIVIDUAL	SENM	36	00:17:30
828	Paulo Serra	SIMECQ	SENM	37	00:17:33
8	JOSE AUGUSTO	GMCJamor	SENM	38	00:17:36
798	Leonel São José	Linda-a-Pastora Sporting Clube	SENM	39	00:17:39
822	Pedro Henriques	Run Tejo	SENM	40	00:17:48
767	Armando Faria	INDIVIDUAL	SENM	41	00:17:54
764	Jaoquim Cardoso	INDIVIDUAL	SENM	42	00:18:14
849	Margarida Amaro	INDIVIDUAL	SENF	43	00:18:30

772	Catarina Amaro	INDIVIDUAL	SENF	44	00:18:33
791	António J F Diogo	GMCJamor	SENM	45	00:18:35
768	Rui Agrião	INDIVIDUAL	SENM	46	00:18:37
793	Bruno Manuel Costa Alves	GMCJamor	SENM	47	00:18:40
830	Luís Correia	SIMECQ	SENM	48	00:18:50
794	Manuel Ferreira Estevens	GMCJamor	SENM	49	00:18:55
759	Frederico Fraga	INDIVIDUAL	SENM	50	00:19:18
789	Paulo Mallen	GMCJamor	SENM	51	00:19:22
840	António Major	WINE MODERATION RUNNING	SENM	52	00:19:24
836	Ana Paula Nunes	SIMECQ	SENF	53	00:19:33
742	José Luis Correia	INDIVIDUAL	SENM	54	00:20:28
741	Paulo Moutinho	INDIVIDUAL	SENM	55	00:20:30
810	Carla Matos	Monsanto Running Team	SENF	56	00:20:33
740	Nuno	INDIVIDUAL	SENM	57	00:20:45
781	Lourdes Romero	INDIVIDUAL	SENF	58	00:20:47
790	José Marques	GMCJamor	SENM	59	00:20:50
777	Pedro Miguel Luís	INDIVIDUAL	SENM	60	00:21:45
763	António Varela	INDIVIDUAL	SENM	61	00:21:56
821	Paula Toscano	Run Tejo	SENF	62	00:22:44
745	João Augusto Salazar	INDIVIDUAL	SENM	63	00:22:58
796	Rita Mina	Linda-a-Pastora Sporting Clube	SENF	64	00:23:16
835	Ana Pimenta	SIMECQ	SENF	65	00:24:52
831	José Alves	SIMECQ	SENM	66	00:24:58
842	Henriqueta Major	WINE MODERATION RUNNING	SENF	67	00:25:01
843	Maria de Lurdes Vaz	WINE MODERATION RUNNING	SENF	68	00:25:06
812	Sebastian Heber	Nihau team	SENM	69	00:25:12
813	Vanessa Rosado	Nihau team	SENF	70	00:25:15
765	Rita Pereira	INDIVIDUAL	SENF	71	00:29:35
832	Carla Lopes	SIMECQ	SENF	72	00:31:06
785	Maria Luisa Gonçalves	Estoril	SENF	73	00:31:19
786	Isilda Gonçalves	Estoril	SENF	74	00:33:02

\_\_\_\_\_

