



60 M Barr 0,76

(Fem)

Final 1

1 ^a	824 Táíssa Bernardo	SPORTING C P	2003-04-14	Juv	9,30	6,0
2 ^a	260 Djamiratu Embaló	S L BENFICA	2004-08-07	Juv	9,55	5,0
3 ^a	275 Catarina Gomes	S L BENFICA	2003-09-26	Juv	1 0,25	4,0
4 ^a	271 Leonor Barata	S L BENFICA	2004-01-15	Juv	1 0,33	
5 ^a	263 Joana Barreto	S L BENFICA	2004-07-05	Juv	1 0,81	
	792 Clara Rodrigues	SPORTING C P	2004-08-02	Juv		DNS

**Lançamento Peso-4Kg****(Masc)****Prova Extra 1**1º 2168 **Bruno Amaral**

Individual-Lisboa X

1993-04-21

Sen

9,62

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 2168 Bruno Amaral		9,09	8,79	9,62	9,45	8,65	8,81

**Salto em Altura****(Masc)****Final 1**

1º 265 Fábio Prior	S L BENFICA	2004-05-08	Juv	1,75	6,0
2º 929 Elias Dias	E M DOMINGOS SARAIVA	2003-11-20	Juv	1,75	5,0
3º 611 Haivan Almeida	E M DOMINGOS SARAIVA ANG	2003-05-23	Juv	1,75	4,0
4º 608 David Borges	E M DOMINGOS SARAIVA	2003-12-16	Juv	1,70	
5º 809 Martim Gonçalves	SPORTING C P	2003-09-23	Juv	1,65	2,0
5º 225 Embaló Júnior	S L BENFICA	2006-01-21	Ini	1,65	3,0
7º 248 Rodrigo Alcobia	S L BENFICA	2005-01-28	Ini	1,65	
8º 795 Pedro Correia	SPORTING C P	2004-06-24	Juv	1,60	1,0
9º 802 Manuel Falcão	SPORTING C P	2004-03-20	Juv	1,60	
10º 775 Gonçalo Alegria	SPORTING C P	2005-11-25	Ini	1,45	

Classf / Dorsal / Atleta	SERIES	1,40	1,45	1,50	1,55	1,60	1,65	1,70	1,75	1,80	1,85	1,89	1,93	1,97
1 265 Fábio Prior		---	---	---	---	o	o	o	o	xxx				
2 929 Elias Dias		---	---	---	---	---	xo	o	o	xxx				
3 611 Haivan Almeida		---	---	---	---	---	o	xxo	xo	xxx				
4 608 David Borges		---	---	---	---	o	xo	xo	xxx					
5 809 Martim Gonçalves		---	---	---	---	xo	o	xxx						
6 225 Embaló Júnior		o	o	xo	o	o	o	xxx						
7 248 Rodrigo Alcobia		---	---	---	o	o	xxo	xxx						
8 795 Pedro Correia		---	o	o	o	xo	xxx							
9 802 Manuel Falcão		---	0	0	0	xx0	xxx							
10 775 Gonçalo Alegria		o	xo	xxx										

**Salto Com Vara****(Fem)****Final 1**

1ª 277 Sofia Marques	S L BENFICA	2003-08-30	Juv	2,65	6,0
2ª 261 Bruna Lobo	S L BENFICA	2004-08-03	Juv	2,15	5,0

Classf / Dorsal / Atleta	SERIES	2,00	2,15	2,30	2,45	2,55	2,65	2,70
1 277 Sofia Marques		---	xx0	0	0	xx0	x0	xxx
2 261 Bruna Lobo		x0	xxx					



300 Metros Planos

(Fem)

Serie 1

1 ^a	602 Leonor Filipe Rocha	E M DOMINGOS SARAIVA	2005-02-09	<i>Ini</i>	4 8,67	3,0
2 ^a	755 Valentina Funes	SPORTING C P	ITA 2006-09-20	<i>Ini</i>	4 9,98	2,0
3 ^a	806 Joana Sousa	SPORTING C P	2004-02-01	<i>Juv</i>	5 2,28	1,0

Serie 2

1 ^a	242 Ana Oliveira	S L BENFICA	2005-06-09	<i>Ini</i>	4 2,72	6,0
2 ^a	280 Beatriz Farinha	S L BENFICA	2003-08-12	<i>Juv</i>	4 3,03	5,0
3 ^a	594 Marta Ribeiro Alves	E M DOMINGOS SARAIVA	2006-01-04	<i>Ini</i>	4 3,96	4,0
4 ^a	596 Sara Pinheiro	E M DOMINGOS SARAIVA	2005-08-27	<i>Ini</i>	4 8,79	



300 Metros Planos

(Masc)

Serie 1

1 ^o	928 Killian Fondse	C F OS BELENEENSES	BEL 2004-06-29	<i>Juv</i>	4 1,25	
2 ^o	868 Guilherme Oliveira	C F OS BELENEENSES	2003-01-12	<i>Juv</i>	4 2,31	
3 ^o	267 Miguel Baptista	S L BENFICA	2004-04-23	<i>Juv</i>	4 2,94	
4 ^o	871 Matéo Verdier	C F OS BELENEENSES	FRA 2004-10-31	<i>Juv</i>	4 2,96	
5 ^o	752 Hugo Tomás	SPORTING C P	2006-11-29	<i>Ini</i>	5 2,31	

Serie 2

1 ^o	250 João Pinto	S L BENFICA	2005-01-04	<i>Ini</i>	3 8,28	6,0
2 ^o	270 Guilherme Ribeiro	S L BENFICA	2004-02-03	<i>Juv</i>	3 8,48	5,0
3 ^o	46 Rodrigo Maurício	S C UNIÃO TORREENSE	2003-02-06	<i>Juv</i>	3 8,85	4,0
4 ^o	47 João Cabaço	S C UNIÃO TORREENSE	2004-03-06	<i>Juv</i>	3 9,14	3,0
5 ^o	600 João Penacho	E M DOMINGOS SARAIVA	2005-05-03	<i>Ini</i>	3 9,66	2,0
6 ^o	765 Afonso Henriques	SPORTING C P	2006-04-08	<i>Ini</i>	4 7,26	

Serie 3

1 ^o	826 Gabriel Heitmann	SPORTING C P	2003-03-21	<i>Juv</i>	3 9,77	1,0
2 ^o	2857 Simão Bernardo	N S LEÕES FRONTEIRA X	2004-05-02	<i>Juv</i>	3 9,84	
3 ^o	278 João Fradique	S L BENFICA	2003-08-17	<i>Juv</i>	4 0,82	
4 ^o	606 Gonçalo Lopes	E M DOMINGOS SARAIVA	2004-05-27	<i>Juv</i>	4 1,53	
5 ^o	269 Felipe Bachega	S L BENFICA	BRA 2004-02-22	<i>Juv</i>	4 1,66	



Triplo Salto

(Fem)

**Triplo Salto****(Fem)****Final 1**

1 ^a	256 Inês Vicente	S L BENFICA	2004-09-23	Juv	11,09	6,0
2 ^a	244 Helena Pato	S L BENFICA	2005-05-02	Ini	10,78	5,0
3 ^a	241 Constança Faustino	S L BENFICA	2005-06-24	Ini	10,26	
4 ^a	271 Leonor Barata	S L BENFICA	2004-01-15	Juv	10,06	
5 ^a	925 Inês Ferrinho	SPORTING C P	2004-07-25	Juv	10,03	4,0
6 ^a	817 Mariana Ribeiro	SPORTING C P	2003-06-22	Juv	9,96	3,0

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 256 Inês Vicente		11,09	10,52	10,68	X	X	11,00
2 244 Helena Pato		X	9,69	9,80	10,16	10,30	10,78
3 241 Constança Faustino		X	10,06	9,87	10,03	X	10,26
4 271 Leonor Barata		10,01	10,06	9,96	9,53	9,66	9,87
5 925 Inês Ferrinho		10,03	X	9,80	9,64	9,66	10,01
6 817 Mariana Ribeiro		9,59	X	9,88	X	9,96	9,75

**1.500 Metros****(Masc)****Final 1**

1 ^o	827 David Garcia	SPORTING C P	2003-03-15	Juv	4 0 8,08	6,0
2 ^o	831 João Pereira	SPORTING C P	2003-02-19	Juv	4 0 8,61	5,0
3 ^o	988 João Santos	E M DOMINGOS SARAIVA	2005-04-20	Ini	4 4 3,47	4,0
4 ^o	42 Pedro Augusto	S C UNIÃO TORREENSE	2003-04-05	Juv	4 4 4,56	3,0
5 ^o	2973 Rafael Laria	E M DOMINGOS SARAIVA	2004-01-05	Juv	4 4 4,64	2,0
6 ^o	852 Rowan Santos	S L BENFICA	USA 2006-07-03	Ini	5 1 6,85	1,0

**1.500 Metros****(Fem)****Final 1**

1 ^a	41 Beatriz Silva	S C UNIÃO TORREENSE	2003-04-10	Juv	5 2 2,57	6,0
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60 M Barr 0,91**(Masc)****Eliminatória 1**

1 ^o	285 Élvio C Silva	S L BENFICA	2003-03-09	Juv	8,88
2 ^o	469 João Maria Santos	FUNDAÇÃO SALESIANOS	2005-07-22	Ini	8,98
3 ^o	929 Elias Dias	E M DOMINGOS SARAIVA	2003-11-20	Juv	8,99
4 ^o	801 Afonso Almeida	SPORTING C P	2004-03-25	Juv	1 0,16

Eliminatória 2

1 ^o	794 Nichita Gaiman	SPORTING C P	2004-06-27	Juv	9,31
4 ^o	804 Vasco Bernardes	SPORTING C P	2004-03-02	Juv	1 0,15
	350 Ricardo Rodrigues	A DESP NOVAS LUZES	2003-07-16	Juv	

**60 M Barr 0,91****(Masc)****Eliminatória 3**

1 ^o	818 Carlos Fernandes	SPORTING C P	2003-06-13	Juv	8,74
2 ^o	274 André Drozdovskiy	S L BENFICA	2003-09-28	Juv	8,83
3 ^o	609 David Graça	E M DOMINGOS SARAIVA	STP 2003-07-17	Juv	8,96
4 ^o	802 Manuel Falcão	SPORTING C P	2004-03-20	Juv	9,28
5 ^o	608 David Borges	E M DOMINGOS SARAIVA	2003-12-16	Juv	9,76

Eliminatória 4

1 ^o	2876 Francisco Costa	C C D RIBEIRÃO X	2003-11-08	Juv	8,18
2 ^o	611 Haivan Almeida	E M DOMINGOS SARAIVA	ANG 2003-05-23	Juv	8,51
3 ^o	287 José Ferreira	S L BENFICA	2003-01-15	Juv	8,71
4 ^o	2857 Simão Bernardo	N S LEÕES FRONTEIRA X	2004-05-02	Juv	9,51
	834 Simão Teixeira	SPORTING C P	2003-01-20	Juv	
	825 Francisco Marques	SPORTING C P	2003-03-31	Juv	

**Lançamento Peso-5Kg****(Masc)****Final 1**

1 ^o	2919 Frederico Pina	E M DOMINGOS SARAIVA	2004-01-18	Juv	12,85	6,0
2 ^o	932 Hélder Barbosa	SPORTING C P	2004-02-08	Juv	11,23	5,0
3 ^o	349 João Fernandes	A DESP NOVAS LUZES	2005-04-30	Ini	11,05	4,0
4 ^o	283 Francisco Gomes	S L BENFICA	2003-05-19	Juv	10,90	3,0
5 ^o	246 Miguel Costa	S L BENFICA	2005-02-17	Ini	10,76	2,0
6 ^o	825 Francisco Marques	SPORTING C P	2003-03-31	Juv	8,75	1,0
	784 Guilherme Coelho	SPORTING C P	2005-04-24	Ini		DNS

Classif / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 2919 Frederico Pina		11,81	12,85	12,38	-	-	-
2 932 Hélder Barbosa		9,80	10,60	10,24	11,23	11,20	10,40
3 349 João Fernandes		10,94	10,40	10,29	10,44	10,46	11,05
4 283 Francisco Gomes		10,42	10,12	10,36	10,90	10,81	10,33
5 246 Miguel Costa		9,15	9,68	9,64	10,76	X	9,96
6 825 Francisco Marques		8,75	-	-	-	-	-

60 M Barr 0,76**(Fem)****Eliminatória 1**

1 ^a	263 Joana Barreto	S L BENFICA	2004-07-05	Juv	1 0,76
2 ^a	792 Clara Rodrigues	SPORTING C P	2004-08-02	Juv	1 1,21
	607 Susana Torres	E M DOMINGOS SARAIVA	2004-01-05	Juv	



60 M Barr 0,76

(Fem)

Eliminatória 2

1 ^a	824 Táissa Bernardo	SPORTING C P	2003-04-14	Juv	9,55
2 ^a	260 Djamiratu Embaló	S L BENFICA	2004-08-07	Juv	9,91
3 ^a	271 Leonor Barata	S L BENFICA	2004-01-15	Juv	1 0,51
4 ^a	275 Catarina Gomes	S L BENFICA	2003-09-26	Juv	1 0,57



60 M Barreiras-0.91

(Masc)

Final 1

1 ^o	611 Haivan Almeida	E M DOMINGOS SARAIVA	ANG 2003-05-23	Juv	8,34	6,0
2 ^o	287 José Ferreira	S L BENFICA	2003-01-15	Juv	8,67	5,0
3 ^o	818 Carlos Fernandes	SPORTING C P	2003-06-13	Juv	8,70	4,0
4 ^o	285 Élvio C Silva	S L BENFICA	2003-03-09	Juv	8,77	3,0
5 ^o	274 André Drozdovskiy	S L BENFICA	2003-09-28	Juv	8,81	
6 ^o	609 David Graça	E M DOMINGOS SARAIVA	STP 2003-07-17	Juv	8,88	2,0



Salto em Comprimento

(Masc)



Salto em Comprimento

(Masc)

Final 1

1 °	807 João Raro	SPORTING C P	2004-01-30	Juv	6,34	6,0	
2 °	285 Élvio C Silva	S L BENFICA	2003-03-09	Juv	6,27	5,0	
3 °	350 Ricardo Rodrigues	A DESP NOVAS LUZES	2003-07-16	Juv	6,11	4,0	
4 °	609 David Graça	E M DOMINGOS SARAIVA	STP 2003-07-17	Juv	6,06	3,0	
5 °	809 Martim Gonçalves	SPORTING C P	2003-09-23	Juv	5,98	2,0	
6 °	795 Pedro Correia	SPORTING C P	2004-06-24	Juv	5,72		
7 °	606 Gonçalo Lopes	E M DOMINGOS SARAIVA	2004-05-27	Juv	5,48	1,0	
8 °	805 Luís Costa	SPORTING C P	2004-02-20	Juv	5,36		
9 °	804 Vasco Bernardes	SPORTING C P	2004-03-02	Juv	5,28		
10 °	756 Dinis Morgado	SPORTING C P	2006-07-31	Ini	5,13		
11 °	868 Guilherme Oliveira	C F OS BELENENSES	2003-01-12	Juv	4,86		
12 °	968 Bernardo Salgueiro	SPORTING C P	2004-08-25	Juv	4,54		
13 °	999 Nathan Lopes	SPORTING C P	2004-03-02	Juv	4,39		
14 °	775 Gonçalo Alegria	SPORTING C P	2005-11-25	Ini	4,29		
15 °	773 Lucas Cristo	SPORTING C P	2005-12-15	Ini	4,29		
16 °	928 Killian Fondse	C F OS BELENENSES	BEL 2004-06-29	Juv	4,26		
17 °	765 Afonso Henriques	SPORTING C P	2006-04-08	Ini	4,15		
18 °	784 Guilherme Coelho	SPORTING C P	2005-04-24	Ini	3,94		
19 °	752 Hugo Tomás	SPORTING C P	2006-11-29	Ini	3,74		
20 °	922 José Diogo Dias	C F OS BELENENSES	2006-12-24	Ini	3,74		
	608 David Borges	E M DOMINGOS SARAIVA	2003-12-16	Juv			DNS
	834 Simão Teixeira	SPORTING C P	2003-01-20	Juv			DNS
	929 Elias Dias	E M DOMINGOS SARAIVA	2003-11-20	Juv			DNS

**Salto em Comprimento****(Masc)****Final 1**

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 807 João Raro		6,07	5,96	6,25	6,34	5,57	X
2 285 Élvio C Silva		5,95	6,12	5,98	6,27	6,06	6,20
3 350 Ricardo Rodrigues		6,02	-	5,99	6,08	6,11	X
4 609 David Graça		5,86	-	6,04	6,06	5,90	5,48
5 809 Martim Gonçalves		4,38	5,93	4,75	5,80	X	5,98
6 795 Pedro Correia		5,45	5,27	5,36	5,44	5,58	5,72
7 606 Gonçalo Lopes		4,87	5,48	5,13	5,12	5,12	5,20
8 805 Luís Costa		5,33	5,36	5,19	5,19	5,34	4,70
9 804 Vasco Bernardes		5,28	4,86	X			
10 756 Dinis Morgado		5,13	5,13	5,05			
11 868 Guilherme Oliveira		3,98	4,86	4,73			
12 968 Bernardo Salgueiro		4,54	4,52	4,37			
13 999 Nathan Lopes		X	4,39	4,33			
14 775 Gonçalo Alegria		4,29	4,23	4,24			
15 773 Lucas Cristo		4,19	4,29	4,16			
16 928 Killian Fondse		4,26	4,17	4,12			
17 765 Afonso Henriques		4,15	3,93	3,94			
18 784 Guilherme Coelho		X	X	3,94			
19 752 Hugo Tomás		3,74	3,36	3,24			
20 922 José Diogo Dias		3,12	3,74	3,30			



3.000 Metros Marcha

(Fem)

Final 1

1^a 900 **Catarina Torres** SPORTING C P 2003-06-25 **Juv** 14 1 9,95 6,0



Salto em Altura

(Fem)

Final 1

1^a 237 **Gabriela Gorenc** S L BENFICA 2005-07-23 **Ini** 1,53 6,0
 2^a 792 **Clara Rodrigues** SPORTING C P 2004-08-02 **Juv** 1,50 5,0
 3^a 232 **Mafalda Vieira** S L BENFICA 2005-10-14 **Ini** 1,50 4,0
 4^a 275 **Catarina Gomes** S L BENFICA 2003-09-26 **Juv** 1,46
 5^a 817 **Mariana Ribeiro** SPORTING C P 2003-06-22 **Juv** 1,46 3,0
 6^a 799 **Margarida Diniz** SPORTING C P 2004-05-12 **Juv** 1,42
 6^a 772 **Anastácia Gula** SPORTING C P 2005-12-15 **Ini** 1,38
 8^a 263 **Joana Barreto** S L BENFICA 2004-07-05 **Juv** 1,26
 816 **Ema Correia** SPORTING C P 2003-07-15 **Juv** DNS

Classf / Dorsal / Atleta SERIES 1, 26 1, 32 1, 38 1, 42 1, 46 1, 50 1, 53 1, 56 1, 59 1, 62 1, 65 1, 68 1, 71
 1, 74 1, 77 1, 80 1, 83 1, 86 1, 89 1, 92 1, 95 1, 98

1 237 Gabriela Gorenc --- --- --- o o xo xo xxx

2 792 Clara Rodrigues --- o o xo o o xxx

3 232 Mafalda Vieira --- o o o xxo o xxx

4 275 Catarina Gomes --- o xo o xxo xxx

5 817 Mariana Ribeiro --- o xo xo xxo xxx

6 799 Margarida Diniz o o xo xxx

6 772 Anastácia Gula o o xo xxx

8 263 Joana Barreto o xxx

816 Ema Correia



3.000 Metros

(Masc)

Final 1

1^o 822 **Rodrigo Lima** SPORTING C P 2003-05-16 **Juv** 9 0 4,02 6,0



60 Metros Planos

(Fem)

Eliminatória 1

1^a 236 **Margarida Álvares** S L BENFICA 2005-07-26 **Ini** 8,47
 2^a 255 **Leonor Carvalho** S L BENFICA 2004-10-27 **Juv** 8,58
 3^a 602 **Leonor Filipe Rocha** E M DOMINGOS SARAIVA 2005-02-09 **Ini** 8,64
 4^a 829 **Inês Sousa** SPORTING C P 2003-03-05 **Juv** 9,18
 5^a 755 **Valentina Funes** SPORTING C P ITA 2006-09-20 **Ini** 9,20

**60 Metros Planos****(Fem)****Eliminatória 2**

1 ^a	793 <i>Maria Chambel</i>	SPORTING C P	2004-07-20	Juv	8,71
2 ^a	596 <i>Sara Pinheiro</i>	E M DOMINGOS SARAIVA	2005-08-27	Ini	8,75
3 ^a	249 <i>Rita Quintans</i>	S L BENFICA	2005-01-19	Ini	8,78
4 ^a	870 <i>Maria Suíças</i>	C F OS BELENENSES	2004-09-30	Juv	8,86
5 ^a	565 <i>Marta Mendes</i>	FUNDAÇÃO CEBI	2004-07-09	Juv	9,18
6 ^a	927 <i>Matilde Garcia</i>	S L BENFICA	2006-07-15	Ini	9,49

Eliminatória 3

1 ^a	2945 <i>Aline Barros</i>	S L BENFICA	2006-08-25	Ini	8,68
2 ^a	27 <i>Inês Sequeira</i>	C F OS BELENENSES	2005-05-10	Ini	8,88
3 ^a	593 <i>Clara Morais</i>	E M DOMINGOS SARAIVA	2006-02-02	Ini	9,20
4 ^a	787 <i>Alice Baptista</i>	SPORTING C P	2005-01-25	Ini	9,20
5 ^a	2939 <i>Filipa Silva</i>	SPORTING C P	2004-10-06	Juv	9,64
6 ^a	412 <i>Joana Silva</i>	A C R DA MEALHADA	2005-09-26	Ini	9,73

Eliminatória 4

1 ^a	791 <i>Inês Justo</i>	SPORTING C P	2004-09-09	Juv	8,81
2 ^a	819 <i>Érica Inácio</i>	SPORTING C P	2003-06-12	Juv	8,91
3 ^a	798 <i>Mariana Vieira</i>	SPORTING C P	2004-05-21	Juv	8,94
4 ^a	674 <i>Beatriz Carvalho</i>	J O MONTE ABRAÃO	2003-09-28	Juv	9,41
5 ^a	415 <i>Sara Sarmento</i>	A C R DA MEALHADA	2004-01-02	Juv	9,77

Eliminatória 5

1 ^a	2877 <i>Margarida Cunha</i>	C C D RIBEIRÃO X	2004-03-20	Juv	8,21
2 ^a	468 <i>Tatiana Pereira</i>	FUNDAÇÃO SALESIANOS	2006-05-18	Ini	8,36
3 ^a	275 <i>Catarina Gomes</i>	S L BENFICA	2003-09-26	Juv	8,37
4 ^a	808 <i>Carolina Rocha</i>	SPORTING C P	2003-11-21	Juv	8,41
	897 <i>Beatriz Pedro</i>	J O MONTE ABRAÃO	2003-05-06	Juv	

DQ fs

Eliminatória 6

1 ^a	284 <i>Joana Dias</i>	S L BENFICA	2003-03-09	Juv	7,92
2 ^a	260 <i>Djamiratu Embaló</i>	S L BENFICA	2004-08-07	Juv	8,06
3 ^a	471 <i>Inês Almeida</i>	FUNDAÇÃO SALESIANOS	2005-03-08	Ini	8,07
4 ^a	242 <i>Ana Oliveira</i>	S L BENFICA	2005-06-09	Ini	8,15
5 ^a	607 <i>Susana Torres</i>	E M DOMINGOS SARAIVA	2004-01-05	Juv	8,20
6 ^a	594 <i>Marta Ribeiro Alves</i>	E M DOMINGOS SARAIVA	2006-01-04	Ini	8,31

**Triplo Salto****(Masc)**



Triplo Salto

(Masc)

Final 1

1 °	265 Fábio Prior	S L BENFICA	2004-05-08	Juv	12,78	6,0
2 °	809 Martim Gonçalves	SPORTING C P	2003-09-23	Juv	12,00	5,0
3 °	795 Pedro Correia	SPORTING C P	2004-06-24	Juv	11,76	4,0
4 °	2857 Simão Bernardo	N S LEÕES FRONTEIRA X	2004-05-02	Juv	11,36	

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 265 Fábio Prior		12,29	12,12	12,55	12,66	X	12,78
2 809 Martim Gonçalves		11,91	12,00	11,87	11,27	11,66	-
3 795 Pedro Correia		11,45	11,40	11,13	11,58	11,72	11,76
4 2857 Simão Bernardo		11,36	X	11,02	X	-	X



Salto Com Vara

(Masc)

Final 1

1 °	801 Afonso Almeida	SPORTING C P	2004-03-25	Juv	3,60	6,0
2 °	611 Haivan Almeida	E M DOMINGOS SARAIVA ANG	2003-05-23	Juv	3,30	5,0
3 °	267 Miguel Baptista	S L BENFICA	2004-04-23	Juv	3,20	4,0
4 °	286 Tomás Filipe	S L BENFICA	2003-01-25	Juv	3,10	3,0
5 °	609 David Graça	E M DOMINGOS SARAIVA STP	2003-07-17	Juv	3,10	2,0
6 °	248 Rodrigo Alcobia	S L BENFICA	2005-01-28	Ini	3,00	

Classf / Dorsal / Atleta	SERIES	2,40	2,60	2,80	3,00	3,10	3,20	3,30	3,40	3,60	3,75
1 801 Afonso Almeida		---	---	---	o	---	---	o	xxo	xxo	xxx
2 611 Haivan Almeida		---	---	---	o	---	xxo	o	xxx		
3 267 Miguel Baptista		xxo	o	o	o	o	o	xxx			
4 286 Tomás Filipe		---	o	o	o	o	xxx				
5 609 David Graça		---	o	o	o	xxo	xxx				
6 248 Rodrigo Alcobia		---	---	o	xo	xxx					



60 Metros Planos

(Masc)

Eliminatória 1

1 °	756 Dinis Morgado	SPORTING C P	2006-07-31	Ini	7,79
2 °	968 Bernardo Salgueiro	SPORTING C P	2004-08-25	Juv	7,85
3 °	802 Manuel Falcão	SPORTING C P	2004-03-20	Juv	7,94
4 °	231 Alexandre Escórcio	S L BENFICA	2005-11-04	Ini	8,48

**60 Metros Planos****(Masc)****Eliminatória 2**

1 °	269 Felipe Bachega	S L BENFICA	BRA 2004-02-22	Juv	7,96
2 °	2918 Ezequiel Micanda	S L BENFICA	2003-02-02	Juv	7,99
3 °	914 Diogo Sequeira	S L BENFICA	2006-01-20	Ini	8,04
4 °	225 Embaló Júnior	S L BENFICA	2006-01-21	Ini	8,05
5 °	784 Guilherme Coelho	SPORTING C P	2005-04-24	Ini	9,03

Eliminatória 3

1 °	932 Hélder Barbosa	SPORTING C P	2004-02-08	Juv	7,55
2 °	350 Ricardo Rodrigues	A DESP NOVAS LUZES	2003-07-16	Juv	7,87
3 °	804 Vasco Bernardes	SPORTING C P	2004-03-02	Juv	7,88
4 °	928 Killian Fondse	C F OS BELENENSES	BEL 2004-06-29	Juv	8,00
5 °	608 David Borges	E M DOMINGOS SARAIVA	2003-12-16	Juv	8,27

Eliminatória 4

1 °	868 Guilherme Oliveira	C F OS BELENENSES	2003-01-12	Juv	7,78
2 °	220 Lício Tavares	S L BENFICA	2006-08-12	Ini	7,90
3 °	805 Luís Costa	SPORTING C P	2004-02-20	Juv	7,95
4 °	999 Nathan Lopes	SPORTING C P	2004-03-02	Juv	8,41
5 °	752 Hugo Tomás	SPORTING C P	2006-11-29	Ini	9,51

Eliminatória 5

1 °	794 Nichita Gaiman	SPORTING C P	2004-06-27	Juv	7,66
2 °	606 Gonçalo Lopes	E M DOMINGOS SARAIVA	2004-05-27	Juv	7,85
3 °	349 João Fernandes	A DESP NOVAS LUZES	2005-04-30	Ini	7,90
4 °	818 Carlos Fernandes	SPORTING C P	2003-06-13	Juv	7,92
5 °	2911 Igor Abreu	A C R DA MEALHADA	2003-11-22	Juv	8,74

Eliminatória 6

1 °	281 João Magalhães	S L BENFICA	2003-05-31	Juv	7,09
2 °	2876 Francisco Costa	C C D RIBEIRÃO X	2003-11-08	Juv	7,18
3 °	285 Élvio C Silva	S L BENFICA	2003-03-09	Juv	7,40
4 °	807 João Raro	SPORTING C P	2004-01-30	Juv	7,49
5 °	826 Gabriel Heitmann	SPORTING C P	2003-03-21	Juv	7,56

**Lançamento Peso-3Kg****(Fem)**

**Lançamento Peso-3Kg****(Fem)****Final 1**

1 ^a	604 Shakina Andrade	E M DOMINGOS SARAIVA	ANG	2005-01-02	<i>Ini</i>	9,29	6,0
2 ^a	970 Bruna Gonçalves	E M DOMINGOS SARAIVA		2004-04-25	<i>Juv</i>	8,11	5,0
3 ^a	415 Sara Sarmento	A C R DA MEALHADA		2004-01-02	<i>Juv</i>	7,61	4,0
4 ^a	252 Tatiana Filipe	S L BENFICA		2004-11-20	<i>Juv</i>	7,35	3,0
5 ^a	806 Joana Sousa	SPORTING C P		2004-02-01	<i>Juv</i>	6,95	2,0
6 ^a	790 Eduarda Cruz	SPORTING C P	BRA	2004-12-04	<i>Juv</i>	5,89	1,0

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 604 Shakina Andrade		9,16	9,29	8,59	8,31	8,32	8,29
2 970 Bruna Gonçalves		8,11	7,58	7,44	7,40	7,40	7,86
3 415 Sara Sarmento		7,14	7,61	7,13	6,12	6,93	6,96
4 252 Tatiana Filipe		7,34	7,25	7,15	7,35	7,25	7,32
5 806 Joana Sousa		6,30	6,23	5,48	6,25	6,95	6,40
6 790 Eduarda Cruz		5,89	5,16	5,68	5,47	5,65	5,17

**800 Metros****(Fem)****Serie 1**

1 ^a	925 Inês Ferrinho	SPORTING C P		2004-07-25	<i>Juv</i>	2 3 7,62	6,0
2 ^a	787 Alice Baptista	SPORTING C P		2005-01-25	<i>Ini</i>	2 3 9,19	5,0
3 ^a	163 Joana Carmo	C BENFICA T VEDRAS		2003-04-16	<i>Juv</i>	2 4 0,71	4,0

**800 Metros****(Masc)****Serie 1**

1 ^o	827 David Garcia	SPORTING C P		2003-03-15	<i>Juv</i>	1 5 6,67	6,0
2 ^o	831 João Pereira	SPORTING C P		2003-02-19	<i>Juv</i>	1 5 8,39	5,0
3 ^o	287 José Ferreira	S L BENFICA		2003-01-15	<i>Juv</i>	2 0 4,55	4,0
4 ^o	789 Miguel Massuça	SPORTING C P		2004-12-10	<i>Juv</i>	2 0 4,65	
5 ^o	278 João Fradique	S L BENFICA		2003-08-17	<i>Juv</i>	2 0 7,13	3,0
6 ^o	473 Lourenço Ferreira	FUNDAÇÃO SALESIANOS		2003-12-05	<i>Juv</i>	2 0 7,89	2,0
7 ^o	600 João Penacho	E M DOMINGOS SARAIVA		2005-05-03	<i>Ini</i>	2 1 0,21	1,0
8 ^o	666 Tiago Sousa	J O MONTE ABRAÃO		2005-06-27	<i>Ini</i>	2 1 3,63	
9 ^o	160 Tiago Maniés	C BENFICA T VEDRAS		2004-01-17	<i>Juv</i>	2 1 6,00	
10 ^o	40 Miguel Estevão	S C UNIÃO TORREENSE		2003-11-13	<i>Juv</i>	2 2 2,83	
11 ^o	852 Rowan Santos	S L BENFICA	USA	2006-07-03	<i>Ini</i>	2 2 9,75	
12 ^o	765 Afonso Henriques	SPORTING C P		2006-04-08	<i>Ini</i>	2 3 7,44	
	950 Vasco Dionísio	E M DOMINGOS SARAIVA		2003-12-19	<i>Juv</i>		DNF

**60 Metros Planos****(Fem)**



60 Metros Planos

(Fem)

Final 1

1 ^a	284 Joana Dias	S L BENFICA	2003-03-09	Juv	7,89	6,0	
2 ^a	242 Ana Oliveira	S L BENFICA	2005-06-09	Ini	8,01	5,0	
3 ^a	471 Inês Almeida	FUNDAÇÃO SALESIANOS	2005-03-08	Ini	8,01	4,0	
4 ^a	260 Djamiratu Embaló	S L BENFICA	2004-08-07	Juv	8,18		
5 ^a	594 Marta Ribeiro Alves	E M DOMINGOS SARAIVA	2006-01-04	Ini	8,18	3,0	
	607 Susana Torres	E M DOMINGOS SARAIVA	2004-01-05	Juv			DNS



Salto em Comprimento

(Fem)



Salto em Comprimento

(Fem)

Final 1

1 ^a	468 Tatiana Pereira	FUNDAÇÃO SALESIANOS	2006-05-18	<i>Ini</i>	5,33	6,0	
2 ^a	244 Helena Pato	S L BENFICA	2005-05-02	<i>Ini</i>	5,09	5,0	
3 ^a	232 Mafalda Vieira	S L BENFICA	2005-10-14	<i>Ini</i>	4,81	4,0	
4 ^a	594 Marta Ribeiro Alves	E M DOMINGOS SARAIVA	2006-01-04	<i>Ini</i>	4,68	3,0	
5 ^a	249 Rita Quintans	S L BENFICA	2005-01-19	<i>Ini</i>	4,62		
6 ^a	241 Constança Faustino	S L BENFICA	2005-06-24	<i>Ini</i>	4,57		
7 ^a	772 Anastácia Gula	SPORTING C P	2005-12-15	<i>Ini</i>	4,55	2,0	
8 ^a	793 Maria Chambel	SPORTING C P	2004-07-20	<i>Juv</i>	4,50	1,0	
9 ^a	798 Mariana Vieira	SPORTING C P	2004-05-21	<i>Juv</i>	4,40		
10 ^a	811 Beatriz Nogueira	SPORTING C P	2003-08-17	<i>Juv</i>	4,36		
11 ^a	604 Shakina Andrade	E M DOMINGOS SARAIVA ANG	2005-01-02	<i>Ini</i>	4,35		
12 ^a	602 Leonor Filipe Rocha	E M DOMINGOS SARAIVA	2005-02-09	<i>Ini</i>	4,25		
13 ^a	27 Inês Sequeira	C F OS BELENENSES	2005-05-10	<i>Ini</i>	4,22		
14 ^a	799 Margarida Diniz	SPORTING C P	2004-05-12	<i>Juv</i>	4,16		
15 ^a	817 Mariana Ribeiro	SPORTING C P	2003-06-22	<i>Juv</i>	4,16		
16 ^a	263 Joana Barreto	S L BENFICA	2004-07-05	<i>Juv</i>	4,10		
17 ^a	596 Sara Pinheiro	E M DOMINGOS SARAIVA	2005-08-27	<i>Ini</i>	4,10		
18 ^a	593 Clara Morais	E M DOMINGOS SARAIVA	2006-02-02	<i>Ini</i>	4,07		
19 ^a	277 Sofia Marques	S L BENFICA	2003-08-30	<i>Juv</i>	4,01		
20 ^a	829 Inês Sousa	SPORTING C P	2003-03-05	<i>Juv</i>	4,01		
21 ^a	237 Gabriela Gorencó	S L BENFICA	2005-07-23	<i>Ini</i>	3,97		
22 ^a	819 Érica Inácio	SPORTING C P	2003-06-12	<i>Juv</i>	3,93		
23 ^a	808 Carolina Rocha	SPORTING C P	2003-11-21	<i>Juv</i>	3,88		
24 ^a	870 Maria Suíças	C F OS BELENENSES	2004-09-30	<i>Juv</i>	3,88		
25 ^a	806 Joana Sousa	SPORTING C P	2004-02-01	<i>Juv</i>	3,78		
26 ^a	872 Maria Inês Teixeira	C F OS BELENENSES	2004-12-18	<i>Juv</i>	3,63		
27 ^a	419 Joana Veríssimo	A C R DA MEALHADA	2003-02-01	<i>Juv</i>	3,38		
	791 Inês Justo	SPORTING C P	2004-09-09	<i>Juv</i>			SM
	2939 Filipa Silva	SPORTING C P	2004-10-06	<i>Juv</i>			SM
	242 Ana Oliveira	S L BENFICA	2005-06-09	<i>Ini</i>			DNS
	565 Marta Mendes	FUNDAÇÃO CEBI	2004-07-09	<i>Juv</i>			SM
	607 Susana Torres	E M DOMINGOS SARAIVA	2004-01-05	<i>Juv</i>			DNS

**Salto em Comprimento****(Fem)****Final 1**

Classf / Dorsal / Atleta	Series	- 1 -	- 2 -	- 3 -	- 4 -	- 5 -	- 6 -
1 468 Tatiana Pereira		5,10	5,03	5,14	5,03	X	5,33
2 244 Helena Pato		4,84	5,09	4,78	x	4,98	4,78
3 232 Mafalda Vieira		4,43	4,59	X	4,55	X	4,81
4 594 Marta Ribeiro Alves		4,40	4,41	4,51	4,68	4,60	4,61
5 249 Rita Quintans		X	X	4,59	4,62	X	X
6 241 Constança Faustino		X	4,50	4,47	4,57	4,51	4,55
7 772 Anastácia Gula		X	4,52	X	4,33	4,38	4,55
8 793 Maria Chambel		4,50	4,44	X	4,46	X	4,21
9 798 Mariana Vieira		4,14	4,36	4,40			
10 811 Beatriz Nogueira		4,27	4,36	4,31			
11 604 Shakina Andrade		4,30	4,19	4,35			
12 602 Leonor Filipe Rocha		4,19	4,25	4,14			
13 27 Inês Sequeira		4,22	3,86	3,69			
14 799 Margarida Diniz		4,10	4,07	4,16			
15 817 Mariana Ribeiro		X	X	4,16			
16 263 Joana Barreto		4,06	4,10	3,78			
17 596 Sara Pinheiro		3,99	4,03	4,10			
18 593 Clara Morais		X	4,07	X			
19 277 Sofia Marques		X	3,83	4,01			
20 829 Inês Sousa		4,01	3,71	3,50			
21 237 Gabriela Gorencó		3,88	3,78	3,97			
22 819 Érica Inácio		3,93	X	X			
23 808 Carolina Rocha		3,88	3,82	3,84			
24 870 Maria Suíças		3,88	X	3,51			
25 806 Joana Sousa		3,78	3,66	3,74			
26 872 Maria Inês Teixeira		X	3,31	3,63			
27 419 Joana Veríssimo		3,32	3,29	3,38			
2939 Filipa Silva		X	X	X			
565 Marta Mendes		X	X	X			
791 Inês Justo		X	X	X			

**60 Metros Planos****(Masc)**



60 Metros Planos

(Masc)

Final 1

1 °	281 João Magalhães	S L BENFICA	2003-05-31	Juv	7,04	6,0
2 °	285 Élvio C Silva	S L BENFICA	2003-03-09	Juv	7,31	5,0
3 °	807 João Raro	SPORTING C P	2004-01-30	Juv	7,40	4,0
4 °	932 Hélder Barbosa	SPORTING C P	2004-02-08	Juv	7,46	3,0
5 °	826 Gabriel Heitmann	SPORTING C P	2003-03-21	Juv	7,53	
6 °	794 Nichita Gaiman	SPORTING C P	2004-06-27	Juv	7,58	



Clube Participantes	Participações			Nr.Atletas			
	F	M	T	F	M	T	
PORTUGAL							
ASSOCIACAO ATLETISMO LISBOA Federado							
ACRM	A C R DA MEALHADA	4	2	6	3	2	5
AFS	FUNDAÇÃO SALESIANOS	4	6	10	2	4	6
CBTV	C BENFICA T VEDRAS	1	2	3	1	2	3
CEBI	FUNDAÇÃO CEBI	2		2	1		1
CFB	C F OS BELENENSES	6	10	16	4	6	10
EBMDS	E M DOMINGOS SARAIVA	19	24	43	7	10	17
IND-LX	Individual-Lisboa		1	1		1	1
JOMA	J O MONTE ABRAÃO	7	2	9	6	2	8
NLUZ	A DESP NOVAS LUZES		5	5		2	2
SCP	SPORTING C P	55	83	138	30	40	70
SCUT	S C UNIÃO TORREENSE	1	5	6	1	5	6
SLB	S L BENFICA	46	52	98	25	31	56
ASSOCIACAO ATLETISMO SETUBAL Federado							
CDRR	C D R RIBEIRINHO	2		2	1		1
ASSOCIACAO ATLETISMO BRAGA Federado							
CDDR	C C D RIBEIRÃO	1	2	3	1	1	2
ASSOCIACAO ATLETISMO GUARDA Federado							
CAS	C ATLETISMO DE SEIA		2	2		1	1
NSLF	N S LEÕES FRONTEIRA		3	3		1	1

Totais de participações individuais + estafetas	148			82			
		199			108		
			347			190	

Participação por Escalão	Participações			Nr.Atletas		
	F	M	T	F	M	T
	44	33	77	21	20	41
	75	112	187	40	52	92
	29	53	82	21	35	56
		1	1		1	1

Totais de participações individuais + estafetas	148			82			
		199			108		
			347			190	

Legendagem de Observações Codificadas

X	A Participar Extra Competição
DNF	Desistiu
DNS	Faltou
DQ	Desqualificado
SM	Sem Marca